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POSTGRADUATE ASSOCIATE - Emotion Regulation Project Team

The Yale Center for Emotional Intelligence, part of the Child Study Center at the Yale University School of Medicine, conducts research and teaches people of all ages how to develop their emotional intelligence. Our work focuses on (1) the development and impact of social and emotional skills among diverse populations, including education settings and organizations, and (2) the mechanisms by which social and emotional skills and training impact significant life outcomes.

We are looking for a **Postgraduate Associate** (**PGA**) to join the Emotion Regulation Team. This team is working on an innovative, multi-year initiative funded by the Chan Zuckerberg Initiative. The goal of this project is to develop novel tools for **assessing emotion regulation knowledge** and **emotion regulation ability** in working adults based on leading theories in the field. These new emotional intelligence assessments will incorporate rigorous psychometric validation and will be guided by gamification principles to maximize participant engagement and the real-life validity of the measure.

Mentorship & Training

Under Dr. Matthew LaPalme's mentorship, the PGA will be guided through project tasks which include: data collection, analyses, and reporting; liaising with schools and teachers and with organizations within and outside of Yale via telephone, webbased, and in person communications; and attending meetings at the Yale Center for Emotional Intelligence with Yale staff and our collaborators, keeping meeting minutes, and related tasks as needed. The Yale Center for Emotional Intelligence offers a weekly PGA seminar series, led by the Director of Research with guest lecturers ranging from Postdoctoral Associates to Research Scientists. This seminar series covers professional development topics, including graduate school preparation and networking/professional image; methods meetings, including study design, methods, and statistical analysis training; and facilitated reading dicussions.

Eligibility Requirements

The ideal candidate will have excellent time management skills, high attention to detail, superior written and oral communication skills, the ability to give and receive feedback as well as to work independently and in teams. They will have at least a bachelor's degree, preferably in psychology or education; proficiency with Microsoft Office Suite (including Word, Excel, PowerPoint) and data analysis software (e.g. SPSS, STATA, SAS). Preferred qualifications include research experience, content knowledge in emotional intelligence and psychometerics, and an interest in applying for an advanced degree in the future. Experience with programming for statistical analysis (e.g. R, Python) is desirable but not required.

The Postgraduate Associate position is one year in duration with a salary of \$35,700.00. Postgraduate positions are open to those who have recently received a bachelor and/or master's degree, but not doctoral degrees.

Anticipated start date is July 2021 and may start remotely in accordance with Yale University guidance around COVID-19.

Yale University is an Affirmative Action/Equal Opportunity employer. Yale values diversity among its students, staff, and faculty and strongly welcomes applications from women, persons with disabilities, protected veterans, and underrepresented minorities.

Application Process

Please send a cover letter and resume or CV to <u>matthew.lapalme@yale.edu</u>. Please submit your application by March 19th. **Review of applications will begin immediately and continue until position is filled**. Please have three letters of reference available upon request.

ABOUT THE YALE CENTER FOR EMOTIONAL INTELLIGENCE

Emotions drive learning, decision-making, creativity, relationships, and health. The Yale Center for Emotional Intelligence uses the power of emotions to create a more effective and compassionate society. Helping children and adults develop emotional intelligence is central to the mission of the Center. To date, schools have been at the center of these efforts. RULER, the Center's signature program, draws on leading pedagogical practices as well as advances in psychology and neuroscience, and it has been honed through years of classroom observation, interviews, and the most demanding evaluations. Creating awareness—both of self and others—about emotions and developing the skills of emotional intelligence can improve children's prospects in life and contribute, in turn, to healthier, more compassionate families, workplaces, and communities. RULER does this by teaching adults and children the skills of emotional intelligence.

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