



SOCIETY FOR  
AFFECTIVE SCIENCE

**Emotion Regulation Preconference**  
**March 20, 2025**  
**(Location: Portland, OR, United States)**

- 9:00 – 9:10 am WELCOME
- 9:10 – 10:10 am **SESSION 1: Applications of Emotion Regulation Research to Societal Issues Part 1**
- Ajua Duker** (New York University)  
*Redemption Narratives Reliably Buffer Negative Affective Consequences of Contending with Discrimination*
- Paul Plonski** (Swarthmore College)  
*Emotion regulation and climate change solutions: Effects of reappraisal and acceptance on donation behavior in U.S. adults*
- 10:10 – 10:30 am COFFEE & TEA BREAK
- 10:30 – 11:30 am **SESSION 2: Advances in Ecological Momentary Assessment Methods**
- Elise Kalokerinos** (University of Melbourne)  
*Studying everyday emotion regulation at scale*
- Ginette Lafit** (KU Leuven)  
*Making sample size planning in intensive longitudinal designs easier, better, faster, and stronger*
- 11:30 – 12:30 LUNCH: Community-Building Conversations
- 12:30 – 1:20 pm **Early Career Data Blitz**
- Razia Sahi** (Princeton University)  
*Larger Natural Emotion Vocabularies are Linked with Better Mental Health in Psychotherapeutic Conversations*
- Gregory Depow** (University of California San Diego)  
*Regulation of Empathy on Social Media*
- Chihchia Jocelyn Lai** (Washington University in St. Louis)  
*To Regulate or Not to Regulate, That is the Question: Examining Reasons, Contexts, and Links with Well-being*
- Micaela Rodriguez** (University of Michigan)  
*Interacting with an Artificially Intelligent Companion Promotes Emotion Regulation and Well-being Over Time*

1:20-1:30 STRETCH BREAK

1:30 – 2:30 pm **SESSION 3: Applications of Emotion Regulation Research to Societal Issues Part 2**

**Amit Bernstein** (University of Haifa)

*The Moments of Refuge Project: Helping Refugees Heal, One Moment at a Time*

**Erik Nook** (Princeton University)

*Language, Emotion Regulation, and Mental Health*

2:30 – 3:00pm **Discussant: Iris Mauss**

**Organizers:** Emily Willroth (Washington University in St. Louis), Katie Greenaway (University of Melbourne), Brett Ford (University of Toronto)