



SOCIETY FOR
AFFECTIVE SCIENCE

**Emotion Regulation Preconference
March 12, 2026
(Location: Pittsburg, United States)**

8:00 – 8:30 am COFFEE & MINGLING

8:30 – 9:20 am **PANEL DISCUSSION 1**

Emotional acceptance: What is it, how does it influence emotions, and how does it link to well-being and health?

Moderator: Iris Mauss (University of California – Berkeley)
Panelists: David Creswell (Carnegie Mellon University)
Hedy Kober (University of California – Berkeley & Yale University)
Jenn Veilleux (University of Arkansas)

9:20 – 9:35 am BREAK

9:35 – 10:50 am **SPEAKERS: Social Emotion Regulation**

Tammy English (University of Washington St Louis)
Talk title TBA

Ben Swerdlow (Lake Forest College)
Studying episodes of interpersonal emotion regulation

10:50 – 11:05 BREAK

11:05 – 11:55 pm **PANEL DISCUSSION 2**

Personalizing the study of emotion regulation: considerations for measurement, analyses, and application

Moderator: Tabea Springstein (University of California, Riverside)
Panelists: Dominique Maciejewski (Tilburg University)
Matthew Southward (Ohio State University)
Nilam Ram (Stanford University)

11:55 – 12:00 pm CLOSING REMARKS

12:00 – 12:30 pm LUNCH

Organizers: Katie Greenaway (University of Melbourne), Emily Willroth (Washington University in St. Louis), Razia Sahi (Rutgers University)