



SOCIETY FOR  
AFFECTIVE SCIENCE

**Emotion Regulation Preconference**  
**March 12, 2026**  
**(Location: Pittsburg, United States)**

8:00 – 8:30 am COFFEE & MINGLING

8:30 – 8:35 am OPENING REMARKS

8:35 – 9:25 am **PANEL DISCUSSION 1**

*Emotional acceptance: What is it, how does it influence emotions, and how does it link to well-being and health?*

Moderator: Iris Mauss (University of California – Berkeley)

Panelists: David Creswell (Carnegie Mellon University)

Hedy Kober (University of California – Berkeley & Yale University)

Jenn Veilleux (University of Arkansas)

9:25 – 9:40 am BREAK

9:40 – 10:40 am **SPEAKERS: Social Emotion Regulation**

**Tammy English** (University of Washington St Louis)

*A relational perspective on emotion regulation in adulthood*

**Ben Swerdford** (Lake Forest College)

*Studying episodes of interpersonal emotion regulation*

10:40 – 10:55 BREAK

10:55 – 11:45 pm **PANEL DISCUSSION 2**

*Personalizing the study of emotion regulation: considerations for measurement, analyses, and application*

Moderator: Tabea Springstein (University of California, Riverside)

Panelists: Dominique Maciejewski (Tilburg University)

Matthew Southward (Ohio State University)

Nilam Ram (Stanford University)

11:45 – 11:55 pm **POSTER SPOTLIGHT**

11:55 – 12:00 pm CLOSING REMARKS

12:00 – 12:30 pm LUNCH

Organizers: Katie Greenaway (University of Melbourne), Emily Willroth (Washington University in St. Louis), Razia Sahi (Rutgers University)