



SOCIETY FOR
AFFECTIVE SCIENCE



Program

Pittsburgh, Pennsylvania, USA

March 12-14, 2026

society-for-affective-science.org

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Program At-A-Glance

Day 1 - Thursday, March 12, 2026

7:45 AM								
8:00 AM	Registration Desk - Allegheny Foyer Open 07:00-8:00pm	Student Lounge Washington Room	Allegheny Ballroom 2 & 3	Cambria Room	Westmoreland Central Room			
8:15 AM								
8:30 AM								
8:45 AM								
9:00 AM						Preconference 1	Preconference 2	Preconference 3
9:15 AM						Emotion Regulation	Affective Computing	Developmental Affective Science
9:30 AM								
9:45 AM								
10:00 AM								
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4:45 PM								
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5:45 PM								
6:00 PM								
6:15 PM								
6:30 PM	Exhibits Allegheny Foyer							
6:45 PM								
7:00 PM								
7:15 PM								
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8:45 PM								
9:00 PM								
9:15 PM								
9:30 PM								
9:45 PM								

Program At-A-Glance

Day 2 – Friday, March 13, 2026

7:45 AM	Registration Desk - Allegheny Foyer Open 07:30-6:30pm Poster & Exhibits in Allegheny Foyer & Allegheny 1 Student Lounge - Washington Room							
8:00 AM		Morning Coffee in Allegheny Foyer						
8:15 AM								
8:30 AM			Flash Talk 1 Emotions in Everyday Life Cambria	Symposium 1 Regulating Together Somerset East	Flash Talk 2 Cognition & Emotion Westmoreland East	Symposium 2 In & Out of Sync Westmoreland West	Symposium 3 Digital Media Use & Daily Life Westmoreland Centre	Salon 1 Bridging Disciplines Somerset West
8:45 AM		Methods Workshop Large Language Allegheny 2 & 3						
9:00 AM								
9:15 AM								
9:30 AM		Refreshment Break in the Allegheny Foyer & Allegheny 1						
9:45 AM			Symposium 5 Help Me Help You Cambria	Symposium 6 Translational Approaches Westmoreland West	Symposium 7 The Responsiveness Westmoreland Central	Innovation Forum 1 Building Bridges Westmoreland East	Innovation Forum 2 Knowledge Gains Somerset East	Innovation Forum 3 Building Affective & Relationship Somerset West
10:00 AM		Symposium 4 To Strategies & Beyond Allegheny 2 & 3						
10:15 AM								
10:30 AM								
10:45 AM								
11:00 AM		Transition Time						
11:15 AM		Diversity Symposium						
11:30 AM		Allegheny Ballroom 2 & 3						
11:45 AM								
12:00 PM								
12:15 PM								
12:30 PM		Networking Event Allegheny Ballroom 2 & 3 12:25-1:25pm			Lunch On Your Own 12:15 - 1:30 pm			
12:45 PM								
1:00 PM								
1:15 PM								
1:30 PM		Keynote Symposium						
1:45 PM		The Ties That Bond: Interpersonal Affect And Human Relationships Allegheny Ballroom 2 & 3						
2:00 PM								
2:15 PM								
2:30 PM		Poster and Vendor Spotlights 2 Allegheny Ballroom 2 & 3						
2:45 PM								
3:00 PM	Poster Session & Refreshment Break							
3:15 PM	Allegheny Foyer & Allegheny 1							
3:30 PM								
3:45 PM								
4:00 PM								
4:15 PM		Flash Talk 3 Emotion Language & Awareness Cambria	Symposium 8 Cross Cultural Somerset East	Flash Talk 4 Emotion Regulation Westmoreland East	BIOPAC Session Westmoreland West	Symposium 9 Expectation Violation Westmoreland Centre	Salon 2 From Academia to Industry Somerset West	
4:30 PM	Methods Workshop Affective Psychophysics Allegheny 2 & 3							
4:45 PM								
5:00 PM								
5:15 PM	Transition Time							
5:30 PM		Flash Talk 5 Digital & Health Applications Cambria	Flash Talk 6 Expressing & Recognizing Emotions Somerset East	Flash Talk 7 Social Processes Westmoreland East	Symposium 11 Dyadic Emotions Westmoreland West	Symposium 12 Sensing The Self Westmoreland Centre		
5:45 PM	Symposium 10 Emotions in Motion Allegheny 2 & 3							
6:00 PM								
6:15 PM								

Program At-A-Glance

Day 3 – Saturday, March 14, 2026

7:45 AM	Registration Desk - Allegheny Foyer Open 07:45-6:00pm Poster & Exhibits in Allegheny Foyer & Allegheny 1 Student Lounge - Washington Room							
8:00 AM		Morning Coffee in Allegheny Foyer						
8:15 AM								
8:30 AM								
8:45 AM		Methods Workshop Computational Modeling Allegheny 2 & 3	Flash Talk 8 Interpersonal Emotion Regulation Cambria	Symposium 13 Advancing A Mechanistic Somerset East	Flash Talk 9 Discrete Emotions Westmoreland East	Symposium 14 Understanding Others' Emotions Westmoreland West	Symposium 15 Emotion Expressions Westmoreland Centre	Salon 3 Communicating Affective Science Somerset West
9:00 AM								
9:15 AM								
9:30 AM		Refreshment Break in the Allegheny Foyer & Allegheny 1						
9:45 AM		2026 Awards Symposium						
10:00 AM		Allegheny Ballroom 2 & 3						
10:15 AM								
10:30 AM								
10:45 AM		Transition Time						
11:00 AM		Symposium 16 Why Do People Choose Allegheny 2 & 3	Flash Talk 10 Dyadic Processes Cambria	Flash Talk 11 Cross-Cultural Processes Somerset East	Flash Talk 12 Clinical Affective Science Westmoreland East	Symposium 17 Neurobehavioural Sensitivity Westmoreland West	Symposium 18 Interpersonal Mechanisms Westmoreland Centre	Salon 4 Affective Science at the NIH Somerset West
11:15 AM								
11:30 AM								
11:45 AM								
12:00 PM								
12:15 PM								
12:30 PM		Methods Roundtable Allegheny Ballroom 12:10-1:10pm	Lunch On Your Own 12:00 - 1:15 pm					
12:45 PM								
1:00 PM								
1:15 PM		Invited Symposium						
1:30 PM		Use Your Words? The Role Of Language In Understanding, Developing, And Regulating Emotions Allegheny Ballroom 2 & 3						
1:45 PM								
2:00 PM								
2:15 PM		Poster Spotlight 3 Allegheny Ballroom 2 & 3						
2:30 PM								
2:45 PM		Poster Session, Collaboration Fair, & Refreshment Break						
3:00 PM	Allegheny Foyer & Allegheny 1							
3:15 PM								
3:30 PM								
3:45 PM								
4:00 PM	Transition Time							
4:15 PM								
4:30 PM	Presidential Symposium							
4:45 PM	Rethinking Emotion: Lessons From Animals, Machines, And Plants Allegheny Ballroom 2 & 3							
5:00 PM								
5:15 PM								
5:30 PM	Closing Ceremony + Passing of Gavel to New President							
5:45 PM	Allegheny Ballroom 2 & 3							
6:00 PM								

Welcome from the President

Dear Colleagues and Friends,

It is a great pleasure to welcome you to the Society for Affective Science Annual Meeting in Pittsburgh, Pennsylvania. This meeting reflects a field that is not only growing, but transforming. Affective science is at a turning point. Our field is expanding across disciplines, cultures, and systems. It is increasingly shaping how we understand ourselves, our societies, and the technologies we create. From mental health and medicine to artificial intelligence and human-machine interaction, affective science is helping address some of the most consequential scientific, technological, and societal questions of our time.

SAS exists to bring together the scholars driving this transformation. This year's program, expertly led by our Program Chairs, Katie Hoemann and Desmond Ong, together with an outstanding Program Committee, reflects the remarkable breadth and vitality of our field. Preconference workshops, keynote symposia, and Innovation Sessions highlight emerging frontiers across disciplines, while Methods Workshops, Roundtables, and Salon discussions create space for deep exchange and interdisciplinary dialogue. Poster sessions, mentoring initiatives, and community events foster new collaborations and ensure that SAS remains not only a venue for scientific discovery, but a place where our community grows, connects, and thrives.

This year's Presidential Symposium, *Rethinking Emotion: Lessons from Animals, Machines, and Plants*, reflects this broader moment of expansion in our field. By examining emotion across biological and artificial systems, the symposium invites us to reconsider foundational assumptions about what emotion is, how it arises, and where it can be found. These efforts exemplify how affective science is expanding its conceptual and methodological horizons while contributing to some of the most consequential scientific and societal challenges of our time.

I am also delighted that the incoming Editors-in-Chief of the Society's journal, *Affective Science*, will be joining us at the meeting. Their appointments will be formally announced during the conference, marking an



important milestone for the journal and the field. I encourage you to connect with them and contribute your best work as we continue building a journal that reflects the full scope and ambition of affective science.

This meeting is more than a scientific conference—it is an opportunity to live our values as a community. These principles are reflected not only in our science, but in how we support one another, share ideas, and build the future of affective science together:

Diversity. Dedicated programming, including the Diversity Symposium, brings together perspectives across cultures, disciplines, and populations, helping ensure that affective science reflects the richness and diversity of the world we seek to understand.

Support. Mentoring events, trainee programming, and networking initiatives create opportunities for guidance, connection, and professional growth, strengthening the next generation of affective scientists.

Sharing. Workshops, roundtables, salons, and poster sessions foster open exchange of ideas, tools, and discoveries, advancing knowledge through collaboration and dialogue.

Innovation. Innovation Sessions and interdisciplinary symposia highlight emerging approaches—from computational modeling to affective computing—that are expanding how we understand emotion and its role in complex biological and artificial systems.

I am especially grateful to the Membership and Outreach Committee, led by Stephanie Carpenter, Nicole Roberts, and Jolie Wormwood; the Diversity, Equity, and Inclusion Committee, led by Lani Shiota; the Student Committee, led by Victoria Hart-Derrick; and the Fundraising Committee, led by Luis Flores, Virginia Sturm, and Monika Lohani, whose work—including the launch of the official SAS merchandise store—continues to strengthen and sustain our society. I encourage you to explore the store at society-for-affective-science.org/sas-merch-store.

I am profoundly appreciative of the leadership and partnership of President-Elect Chris Oveis and Past President Kristen Lindquist, whose guidance continues to strengthen and advance SAS. I also extend my sincere thanks to Rita Assabgui and Sharon Zwack of Podium, whose expertise and dedication make this meeting possible, and to my colleagues on the SAS Executive Board for their thoughtful stewardship and continued commitment to the society.

We are deeply grateful for the generous support of our sponsors and exhibitors, whose partnership plays a vital role in making this meeting possible and advancing the broader ecosystem of affective science. I encourage you to visit their exhibits and connect with the organizations helping to support and shape the future of our field.

Affective science has never been more ambitious, more visible, or more important. The questions we explore are reshaping how we understand minds, societies, and technologies. The conversations and collaborations that begin here will help define the next era of affective science. I hope this meeting inspires new ideas, new partnerships, and renewed confidence in the profound contributions our field can make to science and society.

Warm regards,

Rachael E. Jack
President, Society for Affective Science

Welcome from the Program Chairs

On behalf of the 25+ members of the program committee, we would like to welcome you to the 2026 Annual Conference of the Society for Affective Science, held in Pittsburgh, Pennsylvania! This is a time to recognize and celebrate all our members' contributions to affective science research and to build—and strengthen—the networks between our members, whether they are based on academic collaboration, mentorship, or friendship.

We have assembled a program that showcases the breadth of exciting research topics within affective science. We have three invited plenary sessions: In the first session on AI, well-being and mental health, Julie Cachia, Nick Jacobson, and Stephen Schueller will share their work and will engage in a discussion of AI benefits and considerations moderated by James Gross. The second session, focusing on interpersonal affect, will have Shir Atzil, Tristen Inagaki, and Jeffrey Hall sharing their work on relationships and bonding. The third session will



feature Erik Nook, Catherine Sandhofer, and Maria Heim sharing their research on the role of language in understanding and regulating emotions.

In the Diversity Symposium (held on Friday), Lani Shiota will moderate a discussion panel featuring Jose Soto, Yulia Chentsova, and Mark Chen on how the field can continue to expand its consideration of various sources of diversity in our research. The Awards Symposium, on Saturday, will feature presentations by this year's award winners: two winners of the Best Dissertation in Affective Science Award, Nada Alaifan and Kieran McVeigh; the Early Career in Affective Science Award, Desmond Ong; and the Mid-Career Trajectory in Affective Science Award, Hedy Kober. Also on Saturday, the Presidential Symposium will feature a discussion on rethinking emotions from the perspective of humans, animals, machines, and plants, with panelists Kristen Lindquist, Karen Bales, Jonathan Gratch, and Karl Niklas and moderator Luiz Pessoa.



The contributed program is packed with exciting research and ideas from members of our community. Our final program features 18 symposia, 68 individual flash talks, and 329 posters across 3 days of the conference. There will also be 3 innovation forums, a submission category introduced last year in 2025 to foster discussion of inventive and interdisciplinary ideas or methods that may not fit in a traditional symposium. New this year, attendees will be able to engage with 5 'collaboration fair' posters, showcasing resources that can be used, jointly with others, to accomplish new research projects. We also believe in continuing to support our members' attendance at the conference, and this year, with the help of the Executive Board, have committed funds to support our trainees in the form of conference and diversity awards. Diversity award winners will present their research via flash talks throughout the conference. Also keep an eye out for diversity badges in the program – highlighting contributions that represent this core SAS value.

Additionally, the final program features 3 methods events and 10 methods roundtables, giving attendees opportunities to engage with a range of innovative and interdisciplinary approaches in affective science. In support of career and research development, the program features 4 salons as well as a range of networking opportunities.

There will be a total of five preconference workshops on Thursday, including: the longstanding Positive Emotion and Emotion Regulation preconferences; Clinical Affective Science which is returning from last year; and two new additions, Affective Computing, and Developmental Affective Science. This year's preconferences follow a half-day format designed to promote cross-pollination. We are so heartened by all the energy and enthusiasm for the preconferences, which continue to be a place for our members to share research and build networks within their fields of specialization.

Finally, this conference would not have been possible without the work of many, many dedicated individuals working tirelessly behind the scenes. We would like to acknowledge the members of the broader Program Committee, including the chairs and members of all the subcommittees— Abstracts (led by Vera Vine and Lior Abramson); Preconferences; Methods; Salons; Networking; Social Media; Fundraising; and our Student Committee. Our special thanks to the members of the Abstract Review Board for their evaluation of conference submissions. All the organization was made possible by our colleagues at Podium Conferences (led by Sharon Zwack and Emily Heffernan Ho). The annual conference is also supported by the SAS Executive Board led by President Rachael Jack.

Putting this program together has left us grateful, invigorated, and inspired. We hope to pass those feelings along, and look forward to connecting with all of you over the next three days.

Program Co-Chairs,

Katie Hoemann, *The University of Kansas*

Desmond Ong, *The University of Texas at Austin*

About the Society for Affective Science

The Society for Affective Science is a non-profit organization dedicated to fostering basic and applied research in the variety of fields that study affect broadly defined..

What is Affective Science?

Affective science is the scientific study of emotion and related phenomena (e.g., moods, stress, attitudes, valuation, motivation). Research in affective science focuses on a broad set of topics, including the role of emotions and related phenomena in social perceptions, group processes, interpersonal relationships, communication, personality, memory and learning, decision making, artificial intelligence, pain, and mental and physical health. Affective science also concerns how these phenomena impact and are impacted by lifespan development, culture, and language. Affective science is of critical importance for addressing some of the most pressing issues in human society, including interventions for health and well-being, development of government policy, fostering political tolerance, social justice, educational achievement, developments in computing, and advancements in medical practice and treatment.

Our Vision

An enlightened world where humanity fully understands the origins, functions, and impact of emotions on all aspects of human life. Guided by strong leadership and a spirit of innovation, we strive to advance affective science, nurture the next generation of scholars, and share our discoveries to improve lives and create a better future for all.

Our Mission

Advance, innovate, and disseminate affective science, serving as the natural home for those engaged in affective science, in both basic and translational areas of the field.

How do we do this?

Through a strong governance structure and culture of innovation, we advance and promote the science of our members, train the next generation of scientists, and disseminate our science to the world for the benefit of humankind.

Our Core Values

At SAS, we value:

- **Diversity:** Engaging members from all walks of life, disciplines, and career stages to foster collaborations and scholarly discourse that advances the field
- **Support:** Providing all members with opportunities for career-long professional development
- **Sharing:** Facilitating open access to resources of all kinds
- **Innovation:** Leading a culture of evidence-based innovation that advances the field and supports its members

SAS 2026 Annual Conference

Executive Leadership

Rachael Jack	President
Chris Oveis	President-Elect
Kristen A. Lindquist	Past President
Renee Thompson	Secretary
Amitai Shenhav	Treasurer
Stephanie M. Carpenter	Director-at-Large, Membership & Outreach
Luis Flores	Director-at-Large, Fundraising
Nicole Giuliani	Director-at-Large
Victoria Hart-Derrick	Director-at-Large, Student Representative
Ethan Kross	Director-at-Large
Karen S. Quigley	Director-at-Large
Michelle (Lani) Shiota	Director-at-Large
Katie Hoemann	Director-at-Large, 2026 Program Co-Chair
Desmond Ong,	Director-at-Large, 2026 Program Co-Chair

2026 Program Committee

PROGRAM COMMITTEE CO-CHAIRS

Katie Hoemann	University of Kansas
Desmond Ong	University of Texas at Austin

PAST CO-CHAIRS

Yael Millgram	Tel Aviv University
Jonas Everaert	Tilburg University and KU Leuven

INNOVATION OFFICER

Claudia Haase	Northwestern University
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ABSTRACTS CO-CHAIRS

Vera Vine	Queen's University
Lior Abramson	Tel Aviv University

ABSTRACTS COMMITTEE

Daphne Liu	University of Missouri - St. Louis
Mira Nencheva	Stanford University
Ella Moeck	University of Adelaide
Nick Harp	University of California, Berkeley

METHODS COMMITTEE

Jeff Girard	University of Kansas
Jordan Theriault Brown	Northeastern University
Joao Guassi Moreira	University of Wisconsin Madison

SALON COMMITTEE

Maia Pujara	Co-Chair Sarah Lawrence College
Michele Morningstar	Co-Chair Queen's University

NETWORKING COMMITTEE

Jenna Wells	Cornell University
Casey Brown	Georgetown University

PRECONFERENCE COMMITTEE

Kuan-Hua Chen	Chair University of California, Davis
Sophie Wohltjen	University of Wisconsin, Madison

AWARDS COMMITTEE

Kristen Lindquist	Chair The Ohio State University
Dae Houlihan	Dartmouth University
Derek Issacowitz	Washington University in St. Louis
Rachael Jack	University of Glasgow
Elise Kalokerinos	University of Melbourne
Iris Mauss	University of California, Berkeley
Seth Pollak	University of Wisconsin, Madison
Anthony Vaccaro	University of North Carolina at Chapel Hill
Ke Wang	University of Virginia

NOMINATION COMMITTEE

Kristen Lindquist	Chair The Ohio State University (SAS Past President)
Maya Tamir	The Hebrew University (filling in for SAS Past President)
Christopher Oveis	University of California, San Diego (SAS President-Elect)

MEMBERSHIP & OUTREACH COMMITTEE

Stephanie M. Carpenter	Co-Chair Arizona State University
Nicole A. Roberts	Co-Chair Arizona State University
Jolie B. Wormwood	Co-Chair University of New Hampshire
Maria Gendron	Yale University
Darwin Guevarra	Miami University of Ohio
Katie Hoemann	University of Kansas
Desmond Ong	University of Texas, Austin
Magdalena Rychlowska	Queen's University Belfast
Daisuke Ueno	Kyoto Women's University

SASSC LIAISON COMMITTEE MEMBERS

Archita Tharanipathy	University of Southern California
Felix (Chen-Wei) Yu	Northwestern University

SOCIAL MEDIA COMMITTEE

Tabea Springstein	Chair University of California, Riverside
Shannon Brady	Social Media Communications Assistant Rutgers University

FUNDRAISING COMMITTEE

Monika Lohan	Co-Chair University of Utah
Vera Vine	Co-Chair Queen's University
Virginia Sturm	Co-Chair University of California San Francisco
Luis Flores	Co-Chair Rutgers University – New Brunswick
Darwin Guevarra	Miami University
Ozge Ugurlu	University of California, Berkeley
Salome Vanwoerden	University of Pittsburgh

DIVERSITY, EQUITY, AND INCLUSION COMMITTEE

Michelle "Lani" Shiota	Co-Chair Arizona State University
Derek Isaacowitz	Northeastern University
Joseph Mikels	DePaul University
Yuri Miyamoto	Hitotsubashi University
Jose Soto	Pennsylvania State University
Victoria Hart-Derrick	Yale University

STUDENT COMMITTEE

Victoria Hart-Derrick	Chair Yale University
Eva Liu	Past Chair Yale University
Archita Tharanipathy	University of Southern California
Desiree "Desi" Webb	University of Southern California
Felix Yu	Northwestern University
Kate Petrova	Stanford University
Natasha Vogel	University of Guelph

PODIUM CONFERENCE SPECIALISTS

Marischal De Armond	Rita Assabgui
Emily Heffernan Ho	Gail McHardy
Sebastien Lavoie	Sharon Zwack

Abstract Review Board

Lior Abramson	Tel Aviv University
Doron Atias	Yale University
Chayce Baldwin	University of Michigan
Meaghan Barlow	Wilfrid Laurier University
Ashley Battaglini	University of British Columbia
Valentina Bianchi	University of Melbourne
Mark Chen	Harvard University
Shimrit Daches	Bar Ilan University
Elizabeth Dasilva	Indiana University Columbus
Philip Deming	Northeastern University
Eva Dicker	Seattle University
Katie Dixon-Gordon	University of Massachusetts Amherst
Yuzhen Dong	Harvard University
Jonas Everaert	Tilburg University
Haoxue Fan	Brown University
Giselle Ferguson	Union College
Reuma Gadassi-Polack	Bar-Ilan University; Yale University
Karen Gasper	Pennsylvania State University
Nicole Giuliani	University of Oregon
Claudia Haase	Northwestern University
Ethan Harrod	Mount Mary University
Joseph Heffner	Yale University
Danfei Hu	Hebrew University of Jerusalem
Jeremy Jamieson	University of Rochester
Elizabeth Kneeland	Amherst College

Hedy Kober	University of California, Berkeley	Razia Sahi	Princeton University
Eva Krumhuber	University College London	Andrea Samson	UniDistance Suisse
Jocelyn Lai	Washington University in St. Louis	Aislinn Sandre	University of Western Ontario
Patrick Laing	University of Texas at Austin	Angela Santee	University of Rochester
Sandra Langeslag	University of Missouri - St. Louis	Hannah Savage	University College London
Éric Laurent	Université Marie et Louis Pasteur	Stanley Seah	Miami University
Randy Lee	University of Wisconsin-Madison	Pilleriin Sikka	Stanford University
Sara Levens	University of North Carolina at Charlotte	Jennifer Silvers	University of California, Los Angeles
Daphne Liu	University of Missouri - St. Louis	Tabea Springstein	University of California, Riverside
Vanessa LoBue	Rutgers University	Lisa Starr	University of Rochester
Monika Lohani	University of Utah	Justin Storbeck	Queens College; City University New York
Sara Lorimer	Ulster University	Yoann Stussi	University of Geneva
Heike Mahler	California State University San Marcos; University of California, San Diego	Emma Sullivan	University of York
Kieran Mcveigh	Northeastern University	Pamela Taylor	Akita International University
Yael Millgram	Tel Aviv University	Maia ten Brink	Columbia University
Michele Morningstar	Queen's University	Yi Yang Teoh	Brown University
Mira Nencheva	Stanford University	Monica Thieu	University of San Diego
Nicola Ngombe	Consejo Superior de Investigaciones Cientificas	Anh Tran	University of Melbourne
Erik Nook	Princeton University	özge Ugurlu	University of California, Berkeley
Jillian O'Connor	University of Houston	Heather Urry	Tufts University
Catherine Ortner	Thompson Rivers University	Helen Uusberg	University of Tartu
Juhyun Park	University of Toronto Scarborough	Anthony Vaccaro	University of North Carolina at Chapel Hill
Anat Perry	Hebrew University of Jerusalem	Salome Vanwoerden	University of Pittsburgh
Monica Perusquia Hernandez	Nara Institute of Science and Technology	Jennifer Veilleux	University of Arkansas
Jordan Pierce	University of Nebraska-Lincoln	Vera Vine	Queen's University
Paul Plonski	Swarthmore College	Allon Vishkin	Technion - Israel Institute of Technology
Meghan Quinn	William & Mary	Mary Vitello	Pomona College
Hannah Raila	University of California Santa Cruz	Jill Waring	Saint Louis University
Candace Raio	New York University	Kaitlyn Werner	University of Tartu
Antje Raders	Friedrich Schiller University Jena, Germany	Lisa Williams	University of New South Wales, Sydney
Ian Raugh	McGill University	Blair Wisco	University of North Carolina-Greensboro
Peter Reschke	Brigham Young University	Sophie Wohltjen	University of Tennessee, Knoxville
Christopher Riddell	University of Amsterdam	Jolie Wormwood	University of New Hampshire
Magda Rychlowska	Queen's University Belfast	Sunkyung Yoon	Sungkyunkwan University
		Jin-Xiao Zhang	University of California, San Francisco

FOR MORE INFORMATION ON SAS COMMITTEES, PLEASE VISIT: [SAS - ABOUT THE SOCIETY](#)

Society Award Winners

Please join us in congratulating our SAS 2026 Society Award Winners!

BEST DISSERTATION IN AFFECTIVE SCIENCE AWARD:

Nada Alaifan University of British Columbia
Kieran McVeigh Northeastern University

EARLY-CAREER IN AFFECTIVE SCIENCE AWARD

Desmond Ong University of Texas at Austin

MID-CAREER TRAJECTORY IN AFFECTIVE SCIENCE AWARD

Hedy Kober University of California Berkeley

MENTORSHIP AWARD

Sheri Johnson University of California Berkeley

Diversity Award Winners

Please join us in congratulating our SAS 2026 Diversity Award Winners! These 10 trainees will receive complimentary membership for 2 years and a guaranteed flash talk in the 2026 conference.

De-Graft Agyei Virginia Commonwealth University
Hiba Alany Arizona State University / Northern Arizona University
Yun Evelina Bao New York University
Yuhui Chen University of Manchester
J. Doris Chi Yale School of Public Health
Ella Givon The Hebrew University of Jerusalem
Isabella Kahhale Harvard Medical School / McLean Hospital
Megan Korhumm Kent State University
Thandi Lyew University of Pennsylvania
Gold Okafor Yale University

General Conference Information

Conference Venue

The Westin Pittsburgh
1000 Penn Avenue
Pittsburgh, Pennsylvania, 15222

PHONE: 1-412-281-3700

(floor plans of conference venue are pages 15 & 16)

Conference Registration

In-person registration for the conference includes admission to all sessions including keynotes, symposia sessions, oral presentations and poster sessions. Also included, is the Opening Reception and tea/coffee breaks. Attendees have access to the Whova App for all programming, networking and other engagement opportunities. Access will be available for 90 days.

Name Badges

Your name badge is your admission ticket to the conference sessions, refreshment breaks, and reception. Please wear it at all times. At the end of the conference we ask that you return your badge to the registration desk.

SAS Executive, Program, and Committee Members, Sponsors, Exhibitors and Staff will be identified by appropriate ribbons.

Speaker information

For Symposium Abstracts, Innovation Forums, Methods, and Flash talk sessions, each room will be equipped with:

- 1 LCD projector and screen
- 1 microphone
- 1 wireless presenter (mouse/slide advancer)

Speakers will be required to use their own laptop to connect to the LCD projector. Please note, HDMI cables will be provided. If you use a MAC or have a different connection, please provide your own adapters/dongles. You are able to test your laptop on the day of your presentation during times when meeting rooms are not in use. Please consult the Whova program to determine which room you will be presenting in.

Poster Installation and Dismantle

Posters will be located in the Allegheny Foyer & Ballroom. Poster presenters must set-up and remove their posters during the following times:

POSTER SESSION 1

Thursday, March 12

Set Up: Between 3:30–5:00pm
Session Time: 6:30–8:00pm
Tear Down: Please tear down directly after the session

POSTER SESSION 2

Friday, March 13

Set Up: Between 8:00am–1:30pm
Session Time: 2:45–4:15pm
Tear Down: Please tear down directly after the session

POSTER SESSION 3

Saturday, March 14

Set Up: Between 8:00am–1:45pm
Session Time: 2:30–4:00pm
Tear Down: Please tear down directly after the session

Conference Exhibitors

Exhibits will be available for viewing in the Poster Area throughout the day. Please see Whova for exact times. Attendees will have easy access to exhibitor representatives as these exhibits are located in the coffee area in proximity to the posters.

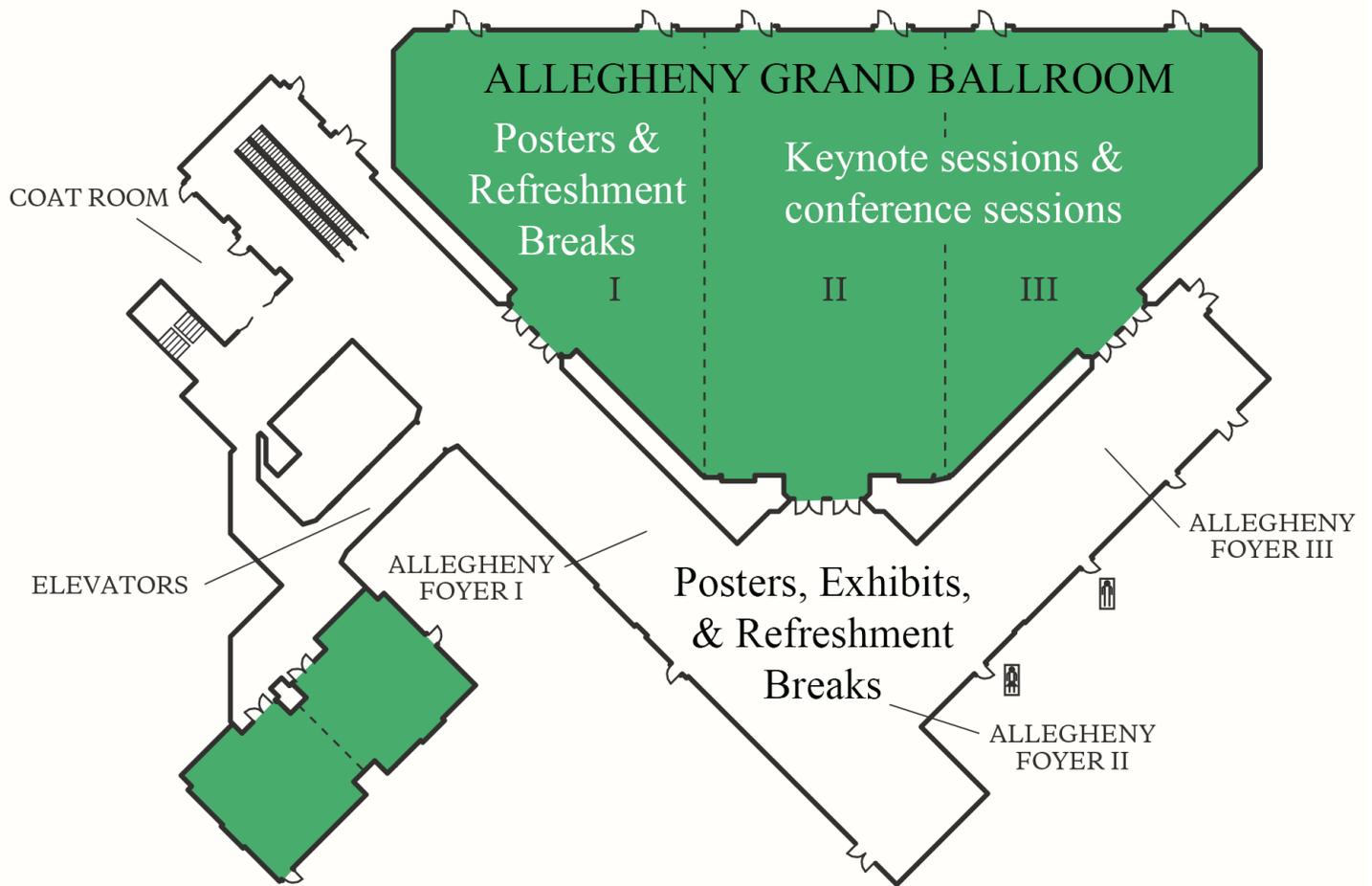
Certificate of Attendance

If you require a certificate of attendance for SAS 2026, please scan the QR code below to access the form. Complete the form and following the conference, we will send a certificate of attendance to you. This may take 7–10 days to process due to the volume of requests.



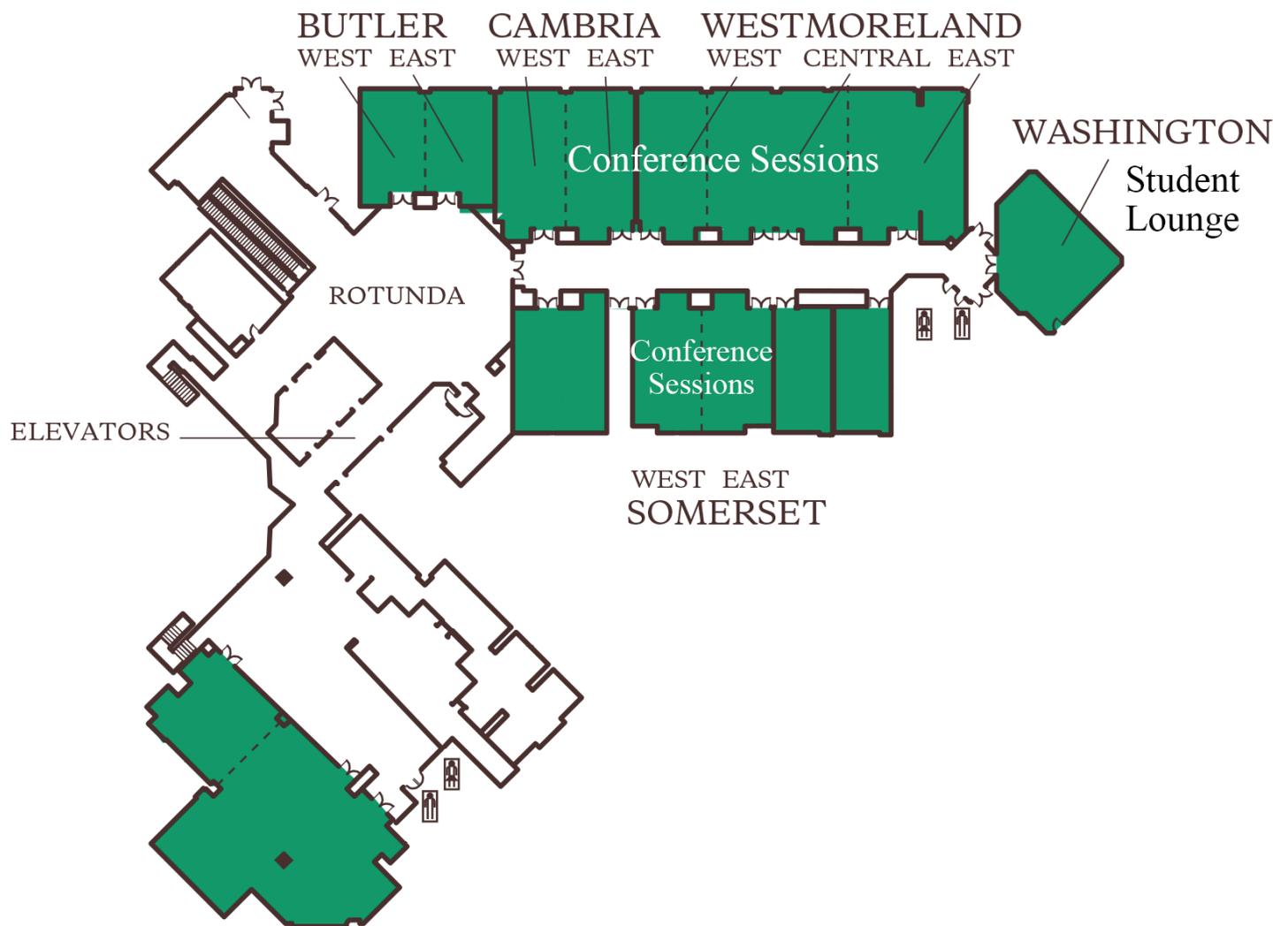
Conference Floor Plan

Third Floor



Conference Floor Plan

Second Floor



SAS 2026 Detailed Schedule



This symbol highlights presentations that most clearly advance the Society's goal of advancing diversity science, based on submitters' self-nomination and/or ratings by the Abstract Review Board.

Thursday, March 12, 2026

Registration

07:00am-2:00pm **Pre-Conference Registration**
Allegheny Foyer

Pre-Conference Workshops

08:00am-12:00pm **Pre-Conference 1: Emotion Regulation**
Allegheny Ballroom 2 & 3

08:00am-12:00pm **Pre-Conference 2: Affective Computing**
Cambria

08:00am-12:00pm **Pre-Conference 3: Developmental Affective Science**
Westmoreland Central

Student Lounge

9:00am-8:00pm
Washington Room

Pre-Conference Workshops

12:30-4:30pm **Pre-Conference 4: Positive Emotion**
Cambria

12:30-4:30pm **Pre-Conference 5: Clinical Affective Science**
Westmoreland Central

Registration

3:00-8:00pm **Main Conference Registration**
Allegheny Foyer

Newcomers' Event (by invite only)

3:30-4:30pm
Butler Room

Welcome, Opening, and Keynote Presentations

4:45-6:15pm **Welcome & Opening**
Allegheny Ballroom 2 & 3
SAS President: Rachael Jack, *University of Glasgow*
Program Co-Chairs: Katie Hoemann, *University of Kansas*
Desmond Ong, *University of Texas at Austin*

Feel-Better Tech: Developing AI Tools to Support Mental Health

Moderators: Desmond Ong, *University of Texas at Austin*
James Gross, *Stanford University*

BUILDING AI FOR HUMAN FLOURISHING: DESIGN, EVIDENCE, AND FUTURE DIRECTIONS

Julie Cachia, *Flourish Science*

THERABOT: 6.5 YEARS BUILDING AND TESTING THE FIRST GENERATIVE AI PSYCHOTHERAPY CHATBOT

Nick Jacobson, *Dartmouth University*

DESIGNING EFFECTIVE, SCALABLE, AND SAFE DIGITAL MENTAL HEALTH TOOLS: CONSIDERATIONS FOR ADVANCES IN AI

Stephen Schueller, *University of California, Irvine*

Poster Spotlights 1

6:15–6:30pm

Moderator: Lior Abramson, *Tel Aviv University*

Allegheny Ballroom

PI.Z.117

EVERYDAY STRESSOR EXPOSURE AND DIVERSITY IN INDIVIDUALS WHO SMOKE CIGARETTES DAILY: ASSOCIATIONS WITH CRAVING, NEGATIVE AFFECT, AND SMOKING

Benjamin Muzekari, *University of Pennsylvania*

PI.K.77

BEYOND STRATEGY COUNTS: AN EXPERIENCE SAMPLING METHODOLOGY STUDY OF THE AFFECTIVE CONSEQUENCES OF CONCURRENT AND SEQUENTIAL POLYREGULATION

Cameron Choo, *Nanyang Technological University*

PI.H.54

MAPPING EMOTION NORMS: A CONTEXTUAL APPROACH TO EMOTION REGULATION AND MENTAL HEALTH

Rachel Martino, *Harvard University*

PI.G.47

RESTING BRAIN ACTIVITY ACROSS EARLY CHILDHOOD: ASSOCIATIONS WITH MATERNAL INTERNALIZING SYMPTOMS AND SOCIOEMOTIONAL BEHAVIOUR PROBLEMS IN LOW-INCOME FAMILIES

Olivia Merulla, *University of Western Ontario*

PI.B.22



THE UNEQUAL THERAPIST: SOCIODEMOGRAPHIC BIAS IN “THERAPEUTIC” LLM INTERACTIONS

Nikhila Anand, *Columbia University*

Poster Session 1 & Opening Reception

6:30–8:00pm

Allegheny Foyer & Allegheny 1

Exhibits

6:30–8:00pm

Allegheny Foyer

SAS Student Social (Pre-registration required)

8:15–10:00pm

Offsite

Friday, March 13, 2026

Registration

07:30am–6:30pm
Allegheny Foyer

Registration Desk Open

Morning coffee

08:00–8:30am
Allegheny Foyer

Student Lounge

08:00am–6:00pm
Washington Room

Methods Workshop 1

08:30–9:30am
Allegheny Ballroom 2 & 3

Large Language Models for Sentiment Analysis
Speaker: Jeffrey Girard, *University of Kansas*

Flash Talk 1

0830–0930
Cambria

Emotions in Everyday Life

Moderator: Dominique Maciejewski, *Tilburg University*

- FT.01.01 **LONG-TERM COUPLING OF DAILY AFFECT DYNAMICS AND PSYCHOPATHOLOGY ACROSS ADULTHOOD: A DYNAMIC STRUCTURAL EQUATION APPROACH**
Sun Ah Lee, *The Pennsylvania State University*
- FT.01.02 **EMOTIONAL RESPONSES TO CLIMATE CHANGE: DISTRESS AND DENIAL I IN DUTCH YOUTH**
Anne Margit Reitsema, *Georgetown University*
- FT.01.03 **HOW DO PEOPLE DECIDE HOW THEY FEEL? A MIXED-METHODS INVESTIGATION INTO RESPONSE PROCESSES DURING EMOTION ASSESSMENT IN EXPERIENCE SAMPLING METHODS (ESM) STUDIES**
Dominique Maciejewski, *Tilburg University*
- FT.01.04 **ENRICHING ECOLOGICAL MOMENTARY ASSESSMENTS VIA SMARTPHONE "VIDEO SELFIES"**
Hadley Rahrig, *University of Wisconsin – Madison*
- FT.01.05 **EVERYDAY BREATHING, EVERYDAY FEELING: ACCEPTANCE STRENGTHENS THE LINK BETWEEN RESPIRATORY ACTIVITY AND POSITIVE EMOTION IN DAILY LIFE**
Sean Minns, *University of Southern California*
- FT.01.06 **HF-HRV RELATES TO MOMENTARY AFFECT DISTINCTLY AT BETWEEN- AND WITHIN-PERSON LEVELS**
Xin Hu, *University of Pittsburgh*

Flash Talk 2

08:30–9:30am

Westmoreland East

Cognition & Emotion**Moderator:** Helen Uusberg, *University of Tartu*

- FT.02.01 APPRAISAL VARIABILITY AND REAPPRAISAL SUCCESS**
Helen Uusberg, *University of Tartu*
- FT.02.02 EXPRESSION OF EMOTION REGULATION STRATEGIES IN SPONTANEOUS THOUGHT PREDICTS MENTAL HEALTH**
Faustine Corbani, *Princeton University*
- FT.02.03 MEMORY VALENCE AND GENDER PREDICT HOW PARENTS TALK ABOUT SHARED EMOTIONAL MEMORIES**
Deniz Çetin, *Norwegian University of Science and Technology*
- FT.02.04 COGNITIVE REAPPRAISAL CHANGES COGNITIVE EVALUATIONS MORE THAN AFFECTIVE EXPERIENCES**
Henna Vartiainen, *Princeton University*
- FT.02.05 EMOTION JUDGMENT CONFLATION: WHEN STEREOTYPED EMOTIONS SEEM NEUTRAL**
 Gold Okafor, *Yale University*
- FT.02.06 WITHIN-PERSON POSITIVE AND NEGATIVE MOOD FLUCTUATIONS DISTINCTLY MODULATE NEURAL RESPONSES TO VALUE AND UNCERTAINTY DURING REINFORCEMENT LEARNING**
Aliona Tsypes, *University of Pittsburgh*

Symposium 1

08:30–9:30am

Somerset East

Regulating Together: Dyadic Regulation Across Relationships and the Lifespan**Chair:** Elizabeth Dasilva, *Indiana University, Columbus***Discussant:** Paula Niedenthal, *University of Wisconsin–Madison*

- S.1.1 FROM DISTRESS TO ENGAGEMENT: CHANGING FUNCTIONS OF INFANT VOCAL BIDDING ACROSS THE FIRST YEAR**
Elizabeth Dasilva, *Indiana University, Columbus*
- S.1.2 SOCIAL CONTEXTS SHAPE THE SELF-CONCEPT**
Christopher Welker, *University of Virginia*
- S.1.3 WHEN UNDERSTANDING FADES: EMOTION RECOGNITION IN PEOPLE WITH DEMENTIA AND CHANGES IN CAREGIVER AFFECT DURING DYADIC INTERACTIONS**
Casey Brown, *Georgetown University*

Symposium 2

08:30–9:30am

Westmoreland West

In and Out of Sync: Examining Coherence Across Multimodal Emotion Measures to Understand Emotional Processes in Mental Health**Co-Chairs:** Emma Ilyaz, *Queen's University*Vera Vine, *Queen's University*

- S.2.1 TRAIT EMOTIONAL AWARENESS IS ASSOCIATED WITH GREATER COHERENCE BETWEEN AFFECT AND PHYSIOLOGY**
Annika Allen, *Georgetown University*
- S.2.2 DIFFERENTIAL PATTERNS OF EMOTIONAL DISCORDANCE IN PSYCHOPATHOLOGY AND EMOTION REGULATION**
Clara Defontes, *University of Massachusetts Amherst*

S.2.3 CONCORDANCE OF SUBJECTIVE EMOTION AND CARDIOVASCULAR RESPONSES IN PARENTAL BORDERLINE PERSONALITY DISORDER AND ITS IMPLICATIONS FOR INTERGENERATIONAL TRANSMISSION
Emma Ilyaz, *Queen's University*

S.2.4 CONCORDANCE BETWEEN PHYSIOLOGY AND INTEROCEPTION DIFFERENTIALLY PREDICTS TRUST PERCEPTIONS ACROSS THE ADULT LIFESPAN
Ruofan Ma, *University of North Carolina at Chapel Hill*

Symposium 3 Digital Media Use and Daily-Life Affect in Developmental Psychopathology: Insights from Ambulatory Assessment

08:30–9:30am

Chair: Julianne Griffith, *University of Pittsburgh*

Westmoreland
Central

S.3.1 SOCIAL MEDIA USE AND SOCIAL ANXIETY: MOMENTARY AND PROSPECTIVE ASSOCIATIONS OF ONLINE SOCIAL THREAT AND REWARD AND SOCIAL ANXIETY IN HIGH-RISK FEMALE ADOLESCENTS
Jennifer Silk, *University of Pittsburgh*

S.3.2 NEGATIVE SOCIAL COMPARISON AND APPEARANCE-RELATED THINKING ON SOCIAL MEDIA ARE LINKED TO MORE NEGATIVE SELF-SCHEMAS IN COLLEGE STUDENTS
Anna Tierney, *University of Virginia*

S.3.3 ADOLESCENTS' IN VIVO EMOTIONAL RESPONSES TO DIGITAL AND IN-PERSON PEER EXPERIENCES: DIFFERENCES BY CONTEXT AND LINKS TO MOMENTARY DEPRESSIVE SYMPTOMS
Zelal Kilic, *University of Pittsburgh*

S.3.4 SOCIAL CONTEXT AND SOCIAL PLEASURE IN YOUNG PEOPLE AT CLINICAL HIGH-RISK FOR PSYCHOSIS: EVIDENCE FOR DIFFERENTIAL EFFECTS OF DAILY-LIFE DIGITAL MEDIA USE
Julianne Griffith, *University of Pittsburgh*

Salon 1

08:30–9:30am

Bridging Disciplines to Broaden Perspectives in Affective Science

Somerset West

Speakers: Rachael Jack, *University of Glasgow*
Karen Bales, *University of California, Davis*

Refreshment Break

09:30–09:45

Allegheny Foyer

Exhibits

09:30–09:45

Allegheny Foyer

Symposium 4 To Strategies and Beyond! Examining Antecedents and Consequences of Emotion Regulation Approaches in the Real World

09:45-10:45am
Allegheny 2 & 3

Co-Chairs: Renee Thompson, *Washington University in St. Louis*
Chihchia Jocelyn Lai, *Washington University in St. Louis*

- S.4.1 IS SLEEP AN EMOTIONAL “RESET” OR IS SLEEP EMOTIONAL AVOIDANCE? EVALUATING SLEEP AS AN EMOTION REGULATION TACTIC SERVING MULTIPLE MOTIVATIONAL FUNCTIONS
Jennifer Veilleux, *University of Arkansas*
- S.4.2 SHORT-TERM BENEFITS OF UNHEALTHY BEHAVIORS? INVESTIGATING EMOTION REGULATION MOTIVES AND MOTIVE SATISFACTION ASSOCIATED WITH BEHAVIORAL EMOTION REGULATION STRATEGIES IN DAILY LIFE
Isabella Avalos, *University of California, Riverside*
- S.4.3 HOW SHOULD WE ASSESS POLYREGULATION? EXAMINING APPROACHES AND STRATEGIES IN MAJOR DEPRESSIVE DISORDER
Chihchia Jocelyn Lai, *Washington University in St. Louis*
- S.4.4 EMOTION POLYREGULATION: WHEN MORE STRATEGIES ARE NOT MERRIER AND GREATER VARIABILITY IS NOT FLEXIBILITY
Mark Chen, *Harvard University*

Symposium 5 Help Me Help You: Reciprocal Influence of Emotional Support Seekers and Providers

09:45-10:45am
Cambria

Chair: Yael Millgram, *Tel Aviv University*

- S.5.1 INFORMATION ABOUT THE SOURCE OF DISTRESS PROMOTES ONLINE SUPPORT PROVISION
Yael Millgram, *Tel Aviv University*
- S.5.2 DAILY INTERPERSONAL EMOTION REGULATION SUPPORT EXCHANGES AND WELL-BEING IN MARRIED COUPLES ACROSS THE ADULT LIFESPAN
Claire Growney, *Stanford University*
- S.5.3 CHANGES IN SENTIMENT ALIGNMENT BETWEEN CLIENTS AND THERAPISTS TRACK SYMPTOM CHANGES IN PSYCHOTHERAPY
Henna Vartiainen, *Princeton University*
- S.5.4 NEGATIVE INTERPRETATION INFLEXIBILITY AND INTERPERSONAL PATHWAYS TO DEPRESSION
Jonas Everaert, *Tilburg University*

Symposium 6 Translational Approaches to Loneliness and Emotion

09:45-10:45am
Westmoreland West

Chair: Karen Smith, *Rutgers University-Newark*

- S.6.1 LONELY YOUNG ADULTS ARE MORE WILLING TO EXERT EFFORT TO BENEFIT OTHERS
Anita Restrepo, *University of Chicago*
- S.6.2 EMOTION REGULATION SKILLFULNESS, FREQUENCY, AND QUANTITY PREDICT CHANGES IN LONELINESS IN TWO CLINICAL TREATMENT SAMPLES
Matthew Southward, *Ohio State University*
- S.6.3 LONELINESS IN EARLY CHILDHOOD HEIGHTENS NEGATIVITY JUDGEMENTS
Karen Smith, *Rutgers University-Newark*

- S.6.4 **ADOLESCENT SOCIAL ISOLATION ALTERS DOPAMINERGIC CONTROL OF LEARNING AND DECISION MAKING IN MICE**
Elizabeth Holly, *Rutgers University–Newark*

Symposium 7 **The Responsiveness of Received Empathy: Insights from Human and AI Interactions**

09:45–10:45am
Westmoreland
Central

Co-Chairs: Leif Anderson, *University of Toronto*

Gregory Depow, *University of California, San Diego*

- S.7.1 **THE ARTIFICIAL-EMPATHY PARADOX, OR – WHAT WE VALUE IN HUMAN EMPATHY**
Anat Perry, *Hebrew University of Jerusalem*
- S.7.2 **DOES RECEIVING EMPATHY ALWAYS FEEL GOOD? SHARING EMOTIONS MAY BE LESS EFFECTIVE THAN OTHER FORMS OF EMPATHY**
Leif Anderson, *University of Toronto*
- S.7.3 **WISE EMPATHY AND PERCEIVED RESPONSIVENESS IN POSITIVE AND NEGATIVE INTERACTIONS**
Gregory Depow, *University of California, San Diego*
- S.7.4 **MOTIVATED EMPATHIC CHOICES IN HUMAN-AI INTERACTIONS**
C. Daryl Cameron, *Pennsylvania State University*

Innovation Forum 1

09:45–11:00am
Westmoreland East

Building Bridges: Successful Collaborations Between Academia and Industry

Chair: Desmond Ong, *University of Texas at Austin*

Speakers: Julie Cachia, *Flourish Science*
Kuan-Hua Chen, *University of California, Davis*

Innovation Forum 2

09:45–11:00am
Somerset East

Knowledge Gains, Innovations, and Challenges in Intensive Longitudinal Design to Inform Affective Science Research

Chair: Lauren Bylsma, *University of Pittsburgh*

Speakers: Leslie Horton, *University of Pittsburgh*
Neil Jones, *University of Pittsburgh*
Lori Scott, *University of Pittsburgh*

Innovation Forum 3

09:45–11:00am
Somerset West

Bridging Affective and Relationship Science: Moving the Needle in Understanding Social Emotion Regulation

Chair: Tammy English, *Washington University in St. Louis*

Speakers: Kevin Ochsner, *Columbia University*
Christopher Oveis, *University of California, San Diego*
Elise Kalokerinos, *University of Melbourne*

Diversity Symposium

11:15am–12:15pm
Allegheny 2 & 3

Chair: Jose Soto, *Penn State University*

Speakers: Yulia Chentsova, *Georgetown University*
Mark Chen, *Harvard University*



Lunch on own

12:15–1:30pm

Networking Session (Pre-registration required)

12:25–1:25pm

Allegheny 2 & 3

Co-Chairs: Jenna Wells, *Cornell University*

Casey Brown, *Georgetown University*

Keynote Symposium

1:30–2:30pm

Allegheny 2 & 3

The Ties That Bond: Interpersonal Affect and Human Relationships

Moderator: Katie Hoemann, *University of Kansas*

SOCIAL PHYSIOLOGY: THE METABOLIC ROOTS OF HUMAN BONDING

Shir Atzil, *Hebrew University of Jerusalem*

WARM-PRESSURE ENHANCES SOCIAL CONNECTION

Tristen Inagaki, *San Diego State University*

WHAT IF SOCIAL STRESS IS NECESSARY FOR GOOD HEALTH? WHY RELATIONSHIP PROCESSES ARE A FORM OF HORMESIS

Jeffrey Hall, *University of Kansas*

Poster Spotlights 2

2:30–2:45pm

Allegheny 2 & 3

Moderator: Vera Vine, *Queens University*

P2.A.125 AFFECTIVE VARIABILITY AND DYNAMIC INTEGRATION AMONG BRAIN NETWORKS

Yuritza Escalante, *Ohio State University*

P2.G.162 UNDERSTANDING SHARED AND UNIQUE PARENT-CHILD PERSPECTIVES ON EMOTION DYSREGULATION IN AUTISTIC AND GENERAL POPULATION YOUTH: INSIGHTS FROM TRIFACTOR MODEL ANALYSES

Soo Youn Kim, *University of Pittsburgh*

P2.G.170 ARE CHILDREN MORE LIKELY TO TALK ABOUT EMOTIONS WHEN ADULTS DO?

Qiaoyu Zhou, *Yale University*

P2.U.220 ASSESSING IMPACTS OF AFFECTIVE REPRESENTATIONS ON LONELINESS

Emma Moughan, *Temple University*

P2.G.159 RUMINATION AS A SHARED RISK FACTOR FOR INTERNALIZING SYMPTOM INCREASES IN ADOLESCENCE: EVIDENCE FROM BIVARIATE LATENT CHANGE SCORE MODELS

Peiru Zhang, *University of Texas at Dallas*

Poster Session 2 & Refreshment Break

2:46–4:15pm

Allegheny Foyer & Allegheny 1

Exhibits

2:46–4:15pm

Allegheny Foyer

Methods Workshop 2

4:15–5:15pm

Allegheny 2 & 3

Affective Psychophysics: Or, How (Not) to Measure Subjective Experience

Speaker: Vlad Chituc, *Yale University*

Flash Talk 3

4:15–5:15pm

Cambria

Emotion Language and Awareness**Moderator:** Yael Millgram, *Tel Aviv University*

- FT.03.01 **KNOWING WHY IT HURTS: DIFFICULTIES IDENTIFYING SOURCES OF EMOTIONS PROSPECTIVELY PREDICT SUICIDAL THOUGHT PERSISTENCE OVER SIX WEEKS**
Yael Millgram, *Tel Aviv University*
- FT.03.02 **EMOTION REGULATION DIVERSITY AND EMOTIONAL RECOVERY FROM NEGATIVE EMOTIONS IN DAILY LIFE: THE MODERATING ROLE OF NEGATIVE EMOTION DIFFERENTIATION**
Shimrit Daches, *Bar-Ilan University*
- FT.03.03 **BEYOND HAPPY AND SAD – COMPARING EMOTIONAL DIVERSITY AND GRANULARITY IN DAILY LANGUAGE**
Ratna Kandala, *University of Kansas*
- FT.03.04 **ARE PEOPLE WITH ALEXITHYMIA LESS ACCURATE WITH OTHERS' EMOTIONS?**
Ella Givon, *Hebrew University of Jerusalem*
- FT.03.05 **BELIEFS ABOUT GRANULARITY SHAPE PERCEIVED RESPONSIVENESS IN ROMANTIC RELATIONSHIPS**
Eva Yuchen Liu, *Yale University*
- FT.03.06 **ASSOCIATIONS BETWEEN EMOTION DIFFERENTIATION AND ANXIETY SYMPTOMS IN THE CONTEXT OF PSYCHOTHERAPY**
Christine Dworschak, *University of Zurich*

Flash Talk 4

4:15–5:15pm

Westmoreland East

Emotion Regulation**Moderator:** Luis Flores, *Rutgers University – New Brunswick*

- FT.04.01 **AN EXPERIMENTAL TEST OF POLYREGULATION COMBINING INTRAPERSONAL AND INTERPERSONAL EMOTION REGULATION STRATEGIES**
Luis Flores, *Rutgers University – New Brunswick*
- FT.04.02 **DOES CONTEXT MATTER FOR EMOTION POLYREGULATION?**
Kaitlyn Werner, *University of Tartu*
- FT.04.03 **THE EMOTION REGULATION QUESTIONNAIRE-30 (ERQ-30): A 30-ITEM MEASURE OF 10 CLINICALLY RELEVANT EMOTION REGULATION STRATEGIES**
David Preece, *Curtin University*
- FT.04.04 **I DESERVE TO FEEL POSITIVE: JUSTIFICATION BELIEFS ABOUT EMOTIONS AND EMOTION REGULATION IN DAILY LIFE**
Eunseo Song, *Sungkyunkwan University*
-  FT.04.05 **POLITICAL IS PERSONAL: INVESTIGATING ELECTION-RELATED STRESS COPING DURING THE 2024 US PRESIDENTIAL ELECTION**
Yun Evelina Bao, *New York University*
- FT.04.06 **TESTING THE CAUSAL ROLE OF LINGUISTIC DISTANCING IN ENHANCING EMOTION REGULATION**
Claire Whiting, *Princeton University*

BIOPAC Session

4:15–5:15pm

Westmoreland West

How to Design a Study to Analyze the Brain–Body Connection: Fully Integrated fNIRS & Physiology**Speaker:** Kevin Wasco, *BIOPAC Systems*

Sponsored by:



Salon 2

4:15–5:15pm
Somerset West

From Academia to Industry: What No One Tells You. Insights From Industry Professionals on how to Transition into the Corporate Workforce

Speakers: Emily Hittner, *Hinge*
Amy Berglund-Barraza, *NIRx Medical Technologies*

Symposium 8

4:15–5:15pm
Somerset East

Cross-Cultural Differences In Interpersonal Emotion Regulation

Co-Chairs: Shir Ginosar Yaari, *Hebrew University of Jerusalem*
Maya Tamir, *Hebrew University of Jerusalem*

S.8.1 **INTERPERSONAL EMOTION REGULATION AND MENTAL HEALTH ACROSS CULTURES: A META-ANALYSIS**



Luise Pruessner, *Heidelberg University*

S.8.2 **PEOPLE IN INDIVIDUALIST CULTURES ARE MORE MOTIVATED TO MAKE OTHERS (VS. THEMSELVES) FEEL BETTER**



Shir Ginosar Yaari, *Hebrew University of Jerusalem*

S.8.3 **HOW WE STEER OTHERS' EMOTIONS: CULTURAL DIFFERENCES IN STRATEGIES AND GOALS OF EXTRINSIC INTERPERSONAL EMOTION REGULATION**



Yue Li, *University of Sydney*

S.8.4 **CULTURE SHAPES HOW WE REGULATE OTHERS' EMOTIONS: COLLECTIVISM PREDICTS REAPPRAISAL AND INDIVIDUALISM PREDICTS SUPPRESSION**



Eva Yuchen Liu, *Yale University*

Symposium 9

4:15–5:15pm
Westmoreland
Central

Expectation Violation, Emotion, and Memory in Naturalistic Contexts

Chair: Hongbo Yu, *University of California, Santa Barbara*

S.9.1 **PREDICTION ERRORS STRUCTURE MEMORY IN THE LABORATORY AND IN THE REAL WORLD**

Nina Rouhani, *University of Southern California*

S.9.2 **CURIOSITY BUFFERS ANXIETY-RELATED DEFICITS IN MEMORY**

Vishnu Murty, *University of Oregon*

S.9.3 **NATURALISTIC PREDICTION ERROR AND EMOTION REGULATION DYNAMICS**

Runan Wang, *University of Miami*

S.9.4 **EXPECTATION FULFILLMENT AND AFFECTIVE DYNAMICS IN COUPLES: EVIDENCE FROM A LONGITUDINAL DYADIC DAILY DIARY STUDY**

Hongbo Yu, *University of California, Santa Barbara*

Symposium 10

5:30–6:30pm
Allegheny 2 & 3

Emotions In Motion: Studying Emotion (Regulation) Dynamics in Daily Life

Chair: Dominique Maciejewski, *Tilburg University*

S.10.1 **EMOTION CHARACTERISTICS AND EMOTION REGULATION DYNAMICS IN DAILY LIFE: EVIDENCE FOR NON-LINEAR RELATIONS**



Dominique Maciejewski, *Tilburg University*

S.10.2 **EMOTIONS AS SELF-REGULATORY SYSTEMS? INTEGRATING EMOTION REGULATION GOALS**



Tabea Springstein, *University of California, Riverside*

S.10.3 **CROSS-CULTURAL DIFFERENCES IN DAILY EXPRESSIVE SUPPRESSION**



Sooyeon Kim, *University of Melbourne*

-  S.10.4 DYNAMIC MODELING OF DAILY AFFECT IN MAJOR DEPRESSIVE DISORDER: EXAMINING AFFECTIVE HOMEBASE AND ATTRACTOR STRENGTH
Hok Shan Matthew Ng, *Washington University in St. Louis*

Symposium 11 Dyadic Emotions in Close Relationships: Insights from Dementia Caregiving

5:30–6:30pm

Westmoreland West

Co-Chairs: Kuan-Hua Chen, *University of California, Davis*
Joan Monin, *Yale University*

Discussant: Joan Monin, *Yale University*

- S.11.1 GREATER SIMILARITY OF PHYSIOLOGICAL RESPONSES TO AN AMUSING FILM CLIP IS ASSOCIATED WITH LOWER CAREGIVER LONELINESS IN FAMILY CARE DYADS
Kuan-Hua Chen, *University of California, Davis*
- S.11.2 AFFECT RATIOS AND ATTACHMENT SECURITY IN OLDER ADULTS LIVING WITH COGNITIVE CHANGE AND THEIR ADULT CHILDREN
Dustin Gad, *Cornell University*
- S.11.3 INTERPERSONAL EFFECTS OF APATHY AMONG ADULT CHILD CAREGIVERS AND THEIR PARENT LIVING WITH COGNITIVE IMPAIRMENT
Evan Plys, *Massachusetts General Hospital*

Symposium 12 Sensing The Self: How Interoception Shapes the Dynamics of Emotion Across Minds And Contexts

5:30–6:30pm

Westmoreland
Central

Co-Chairs: Stefen Beeler-Duden, *University of Virginia*

- S.12.1 DIFFERENTIATING TRAIT VS. STATE INTEROCEPTIVE ATTENTION FROM APPRAISALS IN PREDICTING STATE EMOTION
Emma Stephenson, *University of Virginia*
- S.12.2 INTEGRATING EMOTION AND INTEROCEPTION IN AUTISTIC PAIN EXPERIENCE
Stefen Beeler-Duden, *University of Virginia*
- S.12.3 CHARACTERIZING THE NUANCED ASSOCIATION BETWEEN INTEROCEPTION AND EMOTION REGULATION: A MULTI-DIMENSIONAL META-ANALYSIS
Emma Casey, *George Mason University*
- S.12.4 FEEDING FEELINGS: THE JOINT ROLES OF INTEROCEPTION AND EMOTION REGULATION IN EATING BEHAVIORS
Lauren Beliveau, *University of Virginia*

Flash Talk 5 Digital & Health Applications

5:30–6:30pm

Cambria

Moderator: Darwin Guevarra, *Miami University*

- FT.05.01 A DIGITAL SHOULDER TO CRY ON: WHAT LARGE LANGUAGE MODELS REVEAL ABOUT EFFECTIVE EXTRINSIC EMOTION REGULATION
Yuhui Chen, *University of Manchester*
- FT.05.02 EFFECTIVENESS OF CHATBOT AND HUMAN CONVERSATIONS TO REGULATE EMOTION FOLLOWING ACUTE STRESS: EXAMINING AFFECT, PHYSIOLOGICAL REACTIVITY, AND SOCIAL CONNECTEDNESS
Mark Chen, *Yale University*
- FT.05.03 BIASED MOTIVE INFERENCES OF ONLINE OUTRAGE UNDERMINE CROSS-PARTISAN CONVERSATIONS
Chen-Wei Yu, *Northwestern University*

- FT.05.04  BRIEF DIGITAL MICRO-ACTS TO PROMOTE EMOTIONAL WELL-BEING:
EVIDENCE FROM THE BIG JOY PROJECT
Darwin Guevarra, *University of California San Francisco*
- FT.05.05 A NEURAL SIGNATURE OF VAPING AND SMOKING CUES
Shangcheng Zhao, *University of California Santa Barbara*
- FT.05.06 MODELING THE DYNAMICS OF PAIN AND EMOTION:
THE MODERATED RESERVOIR MODEL
Mirinda Whitaker, *University of Utah*

Flash Talk 6

5:30–6:30pm
Somerset East

Expressing and Recognizing Emotions

Moderator: Hillel Aviezer, *Hebrew University of Jerusalem*

- FT.06.01 THE COMPELLING ILLUSION OF PERCEIVING EMOTIONS FROM FACIAL EXPRESSIONS
Hillel Aviezer, *Hebrew University of Jerusalem*
- FT.06.02 SEEN AND HEARD: EXPLORING THE LINKS BETWEEN EMOTION LANGUAGE AND
FACIAL INFORMATION IN INFANTS' EVERYDAY LIVES
Shannon Brady, *Rutgers University, Newark*
- FT.06.03 EXAMINING THE INFLUENCE OF HOUSEHOLD CHAOS AND PARENT EMOTIONALITY
ON INFANT ATTENTION TO EMOTION
Giselle Grench, *Rutgers University, Newark*
- FT.06.04 EMOTION RECOGNITION FROM FACES AND VOICES IN ADOLESCENCE:
GREATER ACCURACY AND INTENSITY SENSITIVITY FOR FACES
Emma Canning, *Queen's University*
- FT.06.05 LEARNING VALUE FROM OTHERS' EMOTIONS: AFFECTIVE OBSERVATION
GUIDES DECISION-MAKING PROCESSES UNDER UNCERTAINTY
Thomas Ganzetti, *University of Oxford*
- FT.06.06 HELPING BEHAVIORS RELY ON EXPLICIT BUT NOT IMPLICIT INFERENCES OF AFFECT
Doron Atias, *Yale University*

Flash Talk 7

5:30–6:30pm
Westmoreland East

Social Processes

Moderator: Megan Meyer, *Columbia University*

- FT.07.01  FIGURING OUT THE NEW SOCIAL ENVIRONMENT AND ITS DEMANDS:
CHANGES FROM ELEMENTARY TO MIDDLE SCHOOL
Aiste Abeciunaite, *University of North Carolina at Chapel Hill*
- FT.07.02 EMOTION REGULATION CONTAGION IN EVOLVING SOCIAL NETWORKS
Yajun Cao, *Harvard University*
- FT.07.03 THE EMPATHY FACTORY: ENGAGING ALL AGES IN REAL-WORLD
NEUROSCIENCE RESEARCH
Suzanne Dikker, *Ghent University*
- FT.07.04 IDENTITIES ALIGN IN CONVERSATION TO FACILITATE FEELINGS OF SOCIAL
CONNECTION
Meghan Meyer, *Columbia University*
- FT.07.05 THE CHAMELEON SELF: PEOPLE SELF-DEROGATE TO ALIGN THEMSELVES
WITH OTHERS
Arshiya Aggarwal, *University of California, Riverside*
- FT.07.06 EARLY LIFE ADVERSITY PREDICTS DECLINING EMPATHY FROM CHILDHOOD
TO ADOLESCENCE
Isabella Kahhale, *University of Pittsburgh*

Saturday, March 14, 2026

Registration

07:45am–6:00pm
Allegheny Foyer

Registration Desk Open

Morning Coffee

08:00–08:30am
Allegheny Foyer

Student Lounge

08:00am–4:15pm
Washington Room

Methods Workshop 3

08:30–9:30am
Allegheny Ballroom 2 & 3

(Beginner-Friendly) Computational Modeling of Emotion
Speaker: Joey Heffner, *Yale University*

Flash Talk 8

08:30–9:30am
Cambria

Interpersonal Emotion Regulation

Moderator: Tammy English, *Washington University in St. Louis*

- FT.08.01 ACCURATE INSIGHT INTO OTHERS' EMOTIONS SUPPORTS INTERPERSONAL EMOTION REGULATION
Isabella Aslarus, *Stanford University*
- FT.08.02 ALEXITHYMIA AND EVERYDAY INTERPERSONAL EMOTION REGULATION
Luise Pruessner, *Heidelberg University*
- FT.08.03 CRUEL TO BE KIND? EMOTIONAL ANTECEDENTS OF ALTRUISTIC AFFECT WORSENING IN EVERYDAY LIFE
Yuhui Chen, *University of Manchester*
- FT.08.04 ARE COUPLES SIMILAR IN HOW THEY REGULATE EACH OTHER'S EMOTIONS?: DECOMPOSING TYPICAL TENDENCIES AND DAILY FLUCTUATIONS IN PROVISION OF REGULATORY SUPPORT
Zhouzhou He, *Columbia University*
- FT.08.05 INTERPERSONAL EMOTION REGULATION MOTIVES IN PRODUCTIVE AND SATISFYING DYADIC CONVERSATIONS
Tammy English, *Washington University in St. Louis*
- FT.08.06 DO PARTNER'S EFFORTS TO REGULATE EACH OTHER'S EMOTIONS PREDICT THEIR POSITIVE AND NEGATIVE AFFECT OVER TIME?
Beyzanur Arican Dinc, *University of California, Santa Barbara*

Flash Talk 9

08:30–9:30am

Westmoreland East

Discrete Emotions**Moderator:** Paul Deutchman, *University of Pennsylvania***FT.09.01 NOSTALGIA FOR THE PAST INFLUENCES FUTURE MEMORIES**Hetvi Doshi, *Cornell University***FT.09.02 FORECASTERS OVERESTIMATE THE EFFECT OF MEANINGFUL AND STIMULATING ACTIVITIES ON FEELINGS OF BOREDOM, BUT UNDERESTIMATE THEIR EFFECTIVENESS**Chenyang He, *Penn State University***FT.09.03 THE PSYCHOLOGY OF CRINGE**Paul Deutchman, *University of Pennsylvania***FT.09.04 CURIOSITY AND MEMORY RETENTION: THE BENEFIT OF SHARING KNOWLEDGE**Thandi Lyew, *University of Pennsylvania***FT.09.05 NOT SO EASILY EMBARRASSED? EMBARRASSMENT AND POSITIVE EMOTION DYSREGULATION IN BIPOLAR DISORDER**Angie Gross, *University of Colorado Boulder***FT.09.06 FEAR, FIRE, FORMIDABLE: EXAMINING THE FUNCTIONAL UTILITY OF FEAR IN AFRICAN TRADITIONAL RELIGION**De-Graft Agyei, *Virginia Commonwealth University***Symposium 13****Advancing a Mechanistic Understanding of Emotion Differentiation: Insights from Experimental, Naturalistic, Clinical, and Translational Research**

08:30–9:30am

Somerset East

Chair: Tien Hong Stanley Seah, *Miami University***S.13.1 DUAL-PROCESS MODEL OF EMOTION DIFFERENTIATION AND EMOTION REGULATION: AN EXPERIMENTAL INVESTIGATION**Amy Carolus, *University of Rochester***S.13.2 UNCERTAIN CONTEXTS ARE ASSOCIATED WITH INCREASED NEGATIVE EMOTION DIFFERENTIATION**Elise Kalokerinos, *University of Melbourne***S.13.3 MOMENTARY EMOTION DIFFERENTIATION AND ITS ASSOCIATIONS WITH EMOTIONAL AND SOCIAL CONTEXTS IN MAJOR DEPRESSIVE DISORDER**Yiqin Zhu, *Washington University in St. Louis***S.13.4 EMOTION WORD FLUENCY: A BUILDING BLOCK OF EMOTION DIFFERENTIATION**Megan Korhummel, *Kent State University***Symposium 14****Understanding Others' Emotions: Neural Mechanisms, Structured Beliefs, and Social Context**

0830–930am

Westmoreland West

Chair: Ava Ma De Sousa, *University of California, Santa Barbara***S.14.1 NEURAL PROCESSES UNDERLYING SOCIOEMOTIONAL INFERENCE: ALIGNMENT AND ENTROPY PREDICT EMPATHIC ACCURACY**Marianne Reddan, *University of Glasgow***S.14.2 THE STRUCTURE AND CORRELATES OF BELIEFS ABOUT MENTAL STATE INTENSITY DYNAMICS**Mark Thornton, *Dartmouth College***S.14.3 THE MODERATING ROLE OF LONELINESS ON EMOTION TRANSITION PREDICTIONS**Ava Ma De Sousa, *University of California, Santa Barbara*

- S.14.4 **EMPATHIC CONSTRUAL: HOW SHARED IDENTITY AND EXPERIENCE SHAPES INFERENCES ABOUT OTHERS' EMOTIONS**
Shannon Burns, *Pomona College*

Symposium 15 **Emotion Expressions and the Norms That Govern Them**

08:30–9:30am
Westmoreland
Central

- Chair:** Sivenesi Subramoney, *Virginia Commonwealth University*
- S.15.1 **MORE THAN JUST SMILING: HOW POSITIVE EMOTIONS ARE EXPRESSED ON THE FACE**
Kunalan Manokara, *Duke University*
- S.15.2 **BEYOND HUGS AND KISSES: A NEW LOOK AT AFFECTIONATE TOUCH IN SAME-GENDER FRIENDSHIPS**
Zoe Hansen, *University of North Carolina-Chapel Hill*
- S.15.3 **PROUDER TOGETHER: EXPLORING SELF AND DYADIC-PRIDE IN PARENT-CHILD CONVERSATIONS**
Manasa Ganesh Kumar, *University of California, Merced*
- S.15.4 **CHILDREN'S TEACHING OF NOVEL EMOTION NORMS**
Sivenesi Subramoney, *Virginia Commonwealth University*

Salon 3

08:30–9:30am
Somerset West

Communicating affective science to a broad audience

- Speakers:** Kristen Lindquist, *Ohio State University*
Jonathan Gratch, *University of Southern California*
Karl Niklas, *Cornell University*

Refreshment Break

09:30–9:45am
Allegheny Foyer & 1

Exhibits

09:30–9:45am
Allegheny Foyer

2026 Awards Symposium

09:45–10:45am
Allegheny 2 & 3

- Chair:** Kristen Lindquist, *Ohio State University*
- VALENCE INFLUENCES ON EPISODIC MEMORY: A COGNITIVE PROCESSING THEORY**
Nada Alaifan, *University of British Columbia*
- MODELING INTER- AND INTRA-INDIVIDUAL VARIATION IN BRAIN-VALENCE RELATIONSHIPS WITH DEEP GENERATIVE MODELS**
Kieran McVeigh, *Northeastern University*
- THE BRIGHT AND DARK SIDES OF AI-GENERATED EMPATHY: LLMPATHY AND AI SYCOPHANCY**
Desmond Ong, *University of Texas at Austin*
- REGULATION OF CRAVING: FROM NEURAL MECHANISM TO TREATMENT DEVELOPMENT**
Hedy Kober, *University of California Berkeley*

Flash Talk 10

11:00am-12:00pm
Cambria

Dyadic Processes

Moderator: Hannah Marshall, *University of Southern California*

- FT.10.01 **MORE COMMITTED, LESS ACCURATE: EMOTION PERCEPTION DURING COUPLE CONFLICT**
J. Doris Chi, *Yale School of Public Health*
- FT.10.02 **TEMPORAL DYNAMICS OF POSITIVITY RESONANCE IN YOUTH-CAREGIVER CONFLICT CONVERSATIONS**
Beckett Sands, *Northwestern University*
- FT.10.03 **DAILY CONCURRENT AND LAGGED AFFECTIVE SYNCHRONY IN PARENT-ADOLESCENT DYADS: DISTINCT PREDICTORS ACROSS SYNCHRONY TYPES**
Hannah Marshall, *University of Southern California*
- FT.10.04 **FRIEND'S SUCCESS AMPLIFIES BUT FRIEND'S FAILURE DOES NOT BUFFER MOMENTARY SELF-ESTEEM IN ADOLESCENCE**
Maximilian Ciesla, *University of Texas at Dallas*
- FT.10.05 **HOW PARENT-CHILD PERCEPTUAL (IN)CONGRUENCE IN RELATIONSHIP SHAPES CO-REGULATION PROCESS AND CHILD EMOTION REGULATION DEVELOPMENT**
 Yang Liu, *Beijing Normal University*
- FT.10.06 **IF I DIDN'T HAVE YOU: EXAMINING DIFFERENCES IN THE RELATIONSHIP BETWEEN PERCEPTIONS OF SOCIAL SUPPORT, AFFECT, AND SUICIDAL IDEATION IN DAILY LIFE BASED ON MINORITY STATUS**
 John Eckert, *University of Arkansas*

Flash Talk 11

11:00am-12:00pm
Somerset East

Cross-Cultural Perspectives

Moderator: Hugo Sanchez Hernandez, *University of California, Los Angeles*

- FT.11.01 **EMOTION REGULATION AND WELL-BEING AMONG HIGH-ACHIEVING YOUTH IN IMMIGRANT FAMILIES**
 Hugo Sanchez Hernandez, *University of California, Los Angeles*
- FT.11.02 **EMOTIONS HAVE OPPOSITE LINKS TO SHORT- AND LONG-TERM HEALTH ACROSS CULTURES**
 Chayce Baldwin, *University of Michigan*
- FT.11.03 **PROSPECTIVE RELATIONS BETWEEN EMOTION SUPPRESSION, SOCIAL FUNCTIONING, AND PSYCHOLOGICAL DISTRESS AMONG CHINESE YOUNG ADULTS: MODERATION BY COLLECTIVISTIC VALUES**
 Yikai Xu, *New York University*
- FT.11.04 **UNITY IN DIVERSITY: TRAIT, STATE, & PHYSIOLOGICAL FACETS OF MORAL BEAUTY IN FOUR COUNTRIES**
 Alejandro Campero Oliart, *University of California, Berkeley*
- FT.11.05 **REGULATING EMOTIONS IN A FOREIGN TONGUE: THE MEDIATING ROLE OF PSYCHOLOGICAL DISTANCE**
 Ozge Ugurlu, *University of California, Berkeley*
- FT.11.06 **CULTURAL VARIATION IN NEURAL RESPONSES TO SOCIAL REWARDS AND LINKS TO REAL-WORLD FRIENDSHIPS**
 Elizabeth Blevins, *Stanford University*

Flash Talk 12

11:00am–12:00pm

Westmoreland East

Clinical

Moderator: Nicola Hohensee, *Yale University*

- FT.12.01 DYNAMIC FLUCTUATIONS BETWEEN DAILY SELF-REFERENTIAL MENTALIZING AND INTERNALIZING AFFECT IN ADOLESCENT GIRLS
Victoria Guazzelli Williamson, *University of Pittsburgh*
- FT.12.02  PSYCHOLOGICAL DISTRESS TRAJECTORIES AND PTSD RISK FOLLOWING CONTINUOUS TRAUMA: EMPATHY, POSITIVE EMOTIONS AND WORLD BELIEFS AFTER THE OCTOBER 7TH ATTACK
Dana Katsoty, *Columbia University*
- FT.12.03 WHAT HAPPENS WHEN TEENS' EPISODIC FUTURE THOUGHTS TAKE THE FORM OF REPETITIVE NEGATIVE THINKING: ASSOCIATIONS WITH SUICIDAL IDEATION IN DAILY LIFE
Nicola Hohensee, *Yale University*
- FT.12.04 INDIVIDUAL DIFFERENCES IN AFFECTIVE FORECASTING: CORRELATIONAL EVIDENCE FROM TRAUMA AND RUMINATION
Hiba Alany, *Northern Arizona University*
- FT.12.05 TRAUMA AND EMOTIONAL SELF-EFFICACY: A PATHWAY TO ADAPTIVE COPING
Megan Korhummel, *Kent State University*
- FT.12.06 AUTONOMIC RESPONSES TO STRESS IN YOUTH AT FAMILIAL RISK FOR PSYCHOSIS
Helena Her, *University of Pittsburgh*

Symposium 16

11:00am–12:00pm

Allegheny 2 & 3

Why Do People Choose Not to Regulate Their Emotions?

Co-Chairs: Danfei Hu, *Hebrew University of Jerusalem*
Maya Tamir, *Hebrew University of Jerusalem*

- S.16.1  EXPLORING REASONS WHY PEOPLE DO NOT REGULATE THEIR EMOTIONS
Aya Uchida, *University of Melbourne*
- S.16.2  INDIVIDUAL DIFFERENCES IN NOT INITIATING EMOTION REGULATION AND REASONS WHY
Chihchia Jocelyn Lai, *Washington University in St. Louis*
- S.16.3  IF I'M SO ANXIOUS, WHY AM I NOT REGULATING?
Matthew Southward, *Ohio State University*
- S.16.4  WHAT HAPPENS WHEN WE FEEL WORSE THAN WE WANT TO? CULTURAL DIFFERENCES IN MOTIVATED EMOTION REGULATION
Danfei Hu, *Hebrew University of Jerusalem*

Symposium 17

11:00am–12:00pm

Westmoreland West

Neurobehavioral Sensitivity to Social Cues: Correlates and Consequences

Chair: Michele Morningstar, *Queen's University*

- S.17.1 PERCEIVING FACIAL EXPRESSIONS IN EMERGING ADULTHOOD: THE ROLE OF INDIVIDUAL DIFFERENCES
Katherine Billetdeaux, *Pennsylvania State University*
- S.17.2 HOW DOES SOCIAL NETWORK SIZE PREDICT AMYGDALA SENSITIVITY TO FRIENDS' EMOTIONAL CUES IN ADOLESCENCE?
Michele Morningstar, *Queen's University*
- S.17.3 NEURAL RESPONSES TO NEGATIVE PEER FEEDBACK PREDICT ENDURING RISK FOR SUICIDAL IDEATION IN CHRONICALLY SUICIDAL YOUNG ADULTS
Carly Lenniger, *University of Pittsburgh*

- S.17.4 **ALTERED FRONTO-AMYGDALA ACTIVATION DURING SOCIO-AFFECTIVE PROCESSING PREDICTS INCREASES IN FUTURE DEPRESSIVE SYMPTOMS DURING ADOLESCENCE**
Morgan Lindenmuth, *University of Pittsburgh*

Symposium 18 **Interpersonal Mechanisms Linking Parent–Child Interactions, Emotional Expertise, And Adolescents’ Mental Health**

- 11:00am–12:00pm
Westmoreland Central
- Chair:** Lior Abramson, *Tel Aviv University*
- S.18.1 **PARENTAL EMOTIONAL SUPPORT AS A PREDICTOR OF EMOTION EXPERTISE AND PSYCHOPATHOLOGY; A 2 SAMPLE REPLICATION STUDY**
Madison Bertran, *California State University, Dominguez Hills*
- S.18.2 **ADOLESCENTS WHO EXPERIENCE MORE INTERPERSONAL CONFLICTS ARE BETTER AT DIFFERENTIATING NEGATIVE EMOTIONS**
Lior Abramson, *Tel Aviv University*
- S.18.3 **EVERYDAY EMOTION REGULATION AND EMPATHIC ACCURACY IN THE PARENT-ADOLESCENT RELATIONSHIP**
Reuma Gadassi-Polack, *Bar-Ilan University*
- S.18.4 **STRONGER PARENT-ADOLESCENT NEGATIVE-AFFECT LINKAGE IN THE REAL-WORLD FOLLOWING EARLY CAREGIVING ADVERSITY**
Anna Vannucci, *Yale University*

Salon 4

11:00am–12:00pm
Somerset West

Affective Science at the National Institutes of Health (Nih)

- Speakers:** Parisa Parsafar, *Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)*
Matt Sutterer, *National Institute on Aging (NIA)*
Carlos O. Garrido, *National Institute on Minority Health and Health Disparities (NIMHD)*
Kristin Brethel-Haurwitz, *NIH Office of Behavioral and Social Sciences Research (OBSSR)*
Becky Ferrer, *National Cancer Institute (NCI)*
Holly Moore, *National Institute on Drug Abuse (NIDA)*
Erin Burke Quinlan, *National Center for Complementary and Integrative Health*

Lunch on own

12:00–1:15pm

Methods Roundtable Session (Pre-registration required)

- 12:10–1:10pm
Allegheny Ballroom 2 & 3
- Co-Chairs:** Joao Guassi Morreira, *Miami University*
Jeffrey Girard, *University of Kansas*

Plenary Session **Use Your Words? The Role of Language in Understanding, Developing, and Regulating Emotions**

- 1:15–2:15pm
- Moderator:** Katie Hoemann, *University of Kansas*

Allegheny Ballroom
2 & 3

WORDS FOR WELLBEING: HOW LANGUAGE SHAPES EMOTION REGULATION AND PSYCHOTHERAPY OUTCOMES

Erik Nook, *Princeton University*

HOW CHILDREN LEARN EMOTION CONCEPTS: THE ROLE OF EMOTION WORDS

Catherine Sandhofer, *University of California, Los Angeles*

LANGUAGE AND EMOTION: LEARNING FROM ANCIENT AND CLASSICAL INDIA

Maria Heim, *Amherst College*

Poster Spotlights 3

2:15–2:30pm

Moderator: Vera Vine, *Queen's University*

Allegheny Ballroom

P3.K.305 EXPLORING THE SEQUENTIAL EFFECTS OF MINDFULNESS AND REAPPRAISAL ON ACUTE STRESS RESPONSE

Gabriela Rivera, *University of Maryland*

P3.C.251 A NEW TASK TO BETTER MEASURE SELF-SCHEMA ACTIVATION

Sandarsh Pandey, *Emory University*

P3.A.240 CHARACTERIZING WITHIN-PERSON VARIABILITY IN WELL-BEING ACROSS MOMENTS AND DAYS

Christy Wang, *Washington University in St. Louis*

P3.U.222 ADOLESCENTS WITH SUICIDAL IDEATION EXHIBIT INTERPRETATION BIASES OF THEIR PARENTS' AFFECT DURING CONFLICTUAL INTERACTIONS

Amber Pereira, *University of Pittsburgh*

P3.D.145 EFFECTS OF DYNAMIC EYE-GAZE BEHAVIOR ON FACE-TO-FACE DECEPTION DETECTION IN OLDER ADULTS: A DUAL EYE-TRACKING APPROACH

Alayna Shoenfelt, *University of Florida*

Poster Session 3, Collaboration Fair, & Refreshment Break

2:30–4:00pm

Allegheny Foyer & 1

Exhibits

2:30–4:00pm

Allegheny Foyer

Presidential Symposium

4:15–5:30pm

Rethinking Emotion: Lessons From Animals, Machines, and Plants

Allegheny Ballroom
2 & 3

Chair: Rachael Jack, *SAS President*

Moderator: Luiz Pessoa, *University of Maryland*

Speakers: Kristen Lindquist, *Ohio State University*

Jonathan Gratch, *University of Southern California*

Karl Niklas, *Cornell University*

Karen Bales, *University of California, Davis*

Closing Ceremony & Passing of the Gavel

5:30–6:00pm

Rachael Jack, *SAS President*

Allegheny Ballroom
2 & 3

Chris Oveis, *SAS President-Elect*

PARTICIPANT POOL & STUDY MANAGEMENT SOFTWARE

Sona Systems allows you to build and manage your own participant pool and manage your department's lab and online studies in one place, as well as track participation for course credit and paid studies.

The screenshot shows the Admin Dashboard for Sona Systems. The browser address bar displays 'your-university.sona-systems.com/dashboard'. The dashboard includes a navigation menu with 'Studies', 'User Management', 'Set Up', and 'Tasks'. The user is identified as 'Samatha Farhill (Administrator)'. The main content area is divided into several sections: 'Overview' with metrics for Total Participants (35), Total Researchers (4), Total Studies (27), Participants Needing Approval (8), Uncredited Timeslots (9), and Prescreen Status; 'Today's Activity' with 3 Active Users, 0 New Users, 0 Active Studies, and 0 Appointments; 'Administrator Tip of the Day' with a tip about using 'Batch Study Delete'; and a bottom row of action buttons for 'Add a New Study', 'Add New User', 'Add New Course', 'Generate Reports', and 'Update User Profile'.



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Invited Speakers & Special Symposia

Thursday, March 12 | 5:00–6:15pm | Allegheny Ballroom

FEEL–BETTER TECH: DEVELOPING AI TOOLS TO SUPPORT MENTAL HEALTH

Moderator: Desmond Ong, *University of Texas at Austin*
James Gross, *Stanford University*

BUILDING AI FOR HUMAN FLOURISHING: DESIGN, EVIDENCE, AND FUTURE DIRECTIONS

Speaker: Julie Cachia, *Flourish Science*

How can generative AI be designed to support human flourishing? In this presentation, I argue that psychological theory and evidence-based interventions should form the foundation of AI for well-being, with AI serving as a tool for personalization and delivery.

To examine this approach in practice, I will present findings from a series of multi-institutional randomized controlled trials evaluating an AI-based well-being intervention (the Flourish app). Across studies, individuals who received access to the app reported reliable improvements in positive affect (especially low-arousal positive states, such as calm), belonging, loneliness, resilience, and flourishing, among other outcomes, compared to waitlist and active control conditions.

Beyond these findings, I reflect on what it takes to turn psychological ideas into real products used at scale. In practice, what gets measured tends to drive design decisions, and across much of the industry, engagement is often the easiest metric to track. Yet optimizing for engagement alone can shape products in ways that are not always aligned with user well-being. Our experience suggests that alternative choices are possible—starting with being explicit about what we are trying to support, and committing to measuring those outcomes.

THERABOT: 6.5 YEARS BUILDING AND TESTING THE FIRST GENERATIVE AI PSYCHOTHERAPY CHATBOT

Speaker: Nick Jacobson, *Dartmouth University*

Mental health disorders affect roughly 1 in 3 people annually, yet most never receive adequate care. Digital therapeutics promised to bridge this gap, but most suffer from a familiar problem: users abandon them within days. Our lab started working on generative AI for psychotherapy in 2019, years before ChatGPT existed. The path was anything but straightforward. Training on peer support forums produced a chatbot that mimicked and amplified psychopathology. Training on psychotherapy transcripts yielded responses like “Mhmmm” and unfounded interpretations. We then spent over 100,000 human hours from members of the research team building our own training corpus from scratch, with clinical experts developing and peer-reviewing reviewing every dialogue we wrote.

The result was Therabot, which we tested in a randomized controlled trial with 210 participants across depression, anxiety, and eating disorder risk groups. Compared to waitlist controls, Therabot produced large symptom reductions that held at 8-week follow-up. Participants used the chatbot for an average of 6+ hours across 24 days, far exceeding typical digital mental health engagement. Therapeutic alliance scores matched norms from outpatient psychotherapy with human clinicians. I’ll discuss what worked, what failed, and what these findings mean for affective science and clinical practice.

DESIGNING EFFECTIVE, SCALABLE, AND SAFE DIGITAL MENTAL HEALTH TOOLS: CONSIDERATIONS FOR ADVANCES IN AI

Speaker: Stephen Schueller, *University of California, Irvine*

Advances in artificial intelligence are rapidly reshaping the ways technology can support mental health care and services. While public dialogue often emphasizes generative AI as a potential “virtual therapist,” the most promising applications may lie in leveraging AI’s unique strengths rather than attempting to replicate human therapy. Generative AI and large language models (LLMs) can enhance clinical practice by supporting humans in delivering interventions, providing real-time feedback, monitoring user engagement and affective states, and generating insights about psychological processes that inform care.

This presentation will explore how AI-driven tools can responsibly augment mental health care while maintaining safety, efficacy, and ethical standards. Key considerations for evaluating these technologies will be highlighted, including transparency, equity, scalability, and adherence to clinical principles. Special attention will be given to potential risks, such as bias in algorithmic predictions, misinterpretation of affective signals, and safeguards for crisis situations.

Concrete examples will be drawn from recent clinical and research applications, illustrating how AI can complement human judgment, increase access to evidence-based care, and generate actionable insights for clinicians and researchers. Collectively, this work points toward a future where AI-driven systems are not replacements but scalable partners in delivering high-quality, ethical, and affectively responsive mental health support.

Friday, March 13 | 11:15am–12:15pm | Allegheny Ballroom

DIVERSITY SYMPOSIUM



Moderator: Jose Soto, *Penn State University*

Speakers: Yulia Chentsova, *Georgetown University*
Mark Chen, *Harvard University*

The Diversity Symposium panel discussion will look toward the future of a truly diverse and representative affective science. What does it mean to diversify our field? How do we deeply infuse consideration of cultural context (in all its forms) into research on affect and emotion? What should we be doing differently – what boundaries do we need to push – in the decades ahead to reach that goal?

Friday, March 13 | 1:30–2:30pm | Allegheny Ballroom

THE TIES THAT BOND: INTERPERSONAL AFFECT AND HUMAN RELATIONSHIPS

Moderator: Katie Hoemann, *University of Kansas*

SOCIAL PHYSIOLOGY: THE METABOLIC ROOTS OF HUMAN BONDING

Speaker: Shir Atzil, *Hebrew University of Jerusalem*

Energy efficiency is a foundational principle of evolution, shaping both physiology and behavior across species. In living organisms, adaptations that optimize metabolic efficiency are favored. This raises a central paradox: if evolution prizes efficiency, why has sociality, one of the most energetically demanding behaviors, been so strongly selected? What makes social connection so biologically indispensable?

This talk introduces a unifying principle in human physiology: Social Physiology, which posits that the physiology of social animals functions more efficiently together. Across homeostatic systems, including glucose metabolism, thermoregulation, and sympathetic arousal, and across different types of bonds, I will show that physiological processes operate more efficiently in a social context compared to alone, producing measurable social physiological gains.

Social Physiology shifts our understanding of the biological benefits of sociality, suggesting that humans seek companionship not only for protection and reproduction, but also for enhanced physiology. From an evolutionary perspective, by enhancing metabolic efficiency, Social Physiology may have contributed to the emergence and maintenance of sociality.

WARM-PRESSURE ENHANCES SOCIAL CONNECTION

Speaker: Tristen Inagaki, *San Diego State University*

From the embrace of a dear friend to the warm squeeze of a hand, social touch can strengthen social connection. Yet, the sensory factors and neural mechanisms that determine the affective experience of social touch are unknown. Based on animal models of the contribution of thermoregulatory processes to social connection and theories highlighting bodily afferent feedback as drivers of psychological experience, the current talk presents evidence for the influence of two components of social touch on social connection: temperature and pressure. In within-subject experiments, the combination of warm deeper pressure increased feelings of social connection toward close others compared to warmth or pressure alone. Effects were stronger for those higher in interoceptive sensibility. Further, neural activity in regions previously related to social connection, emotion, and sensory processing (i.e., ventral striatum, mid-insula) was higher and showed greater connectivity in response to warm pressure, but only when presented in the context of close others. Warm-pressure, characteristic features of intimate social touch behaviors, therefore, uniquely increase social connection and associated neural activity toward close others. Results suggest a novel sensory-affective pathway underlying social connection with implications for clinical outcomes with comorbid sensory and social connection disruptions.

WHAT IF SOCIAL STRESS IS NECESSARY FOR GOOD HEALTH? WHY RELATIONSHIP PROCESSES ARE A FORM OF HORMESIS**Speaker:** Jeffrey Hall, *University of Kansas*

Drawing from the research supporting his new book *The Social Biome: How Everyday Communication Connects and Shapes Us* (Yale University Press with Andy Merolla), Dr. Hall will examine the counter-intuitive notion that many people need more, not less, social stress in their lives. That it is possible that the only way to get the best stuff from our social lives is through choosing to be stressed by others. It all begins with the concept of hormesis. Hormesis is the concept that moderate doses of stress produce positive biological responses, whereas high doses of stress can be debilitating. Without the stress inherent in being interdependent with other people, our social practices and relationships aren't sturdy enough to endure the strains of life. In overcoming challenges, relational and otherwise, we build our capacity to cope with future ones. Hormetic social stress is the stress needed to renew our social health. Hormetic stress builds vitality. When our relational challenges are a matter of choice and relationships strengthen our interdependence with others, they're good stressors. Ultimately, this type of stress ensures that our social needs are met in the long run.

Saturday, March 14 | 9:45–10:45am | Allegheny Ballroom

2026 AWARDS SYMPOSIUM

Moderator: Kristen Lindquist, *Ohio State University***BEST DISSERTATION IN AFFECTIVE SCIENCE AWARD****VALENCE INFLUENCES ON EPISODIC MEMORY: A COGNITIVE PROCESSING THEORY****Speaker:** Nada Alaifan, *University of British Columbia*

The assumption that memory for emotional events (e.g., a graduation celebration or a funeral service) is superior to memory for routine, mundane events is widespread. However, evidence from episodic memory research provides, at best, mixed support for this assumption, leaving open questions about how and when emotions enhance memory. This line of research consisted of a meta-analysis along with three large-scale experiments, using memory tests that varied by the extent to which they relied on integrative/environmentally-driven versus elaborative/self-initiated processing. The main findings from this work validate the common belief that emotional events are remembered better than neutral ones, validating also more specific assumptions that the emotional enhancement effect is larger for negative than for positive pictures, larger in free recall than in recognition memory, and also larger after a long retention interval than a short one.

This work was guided by a novel theory I call Emotional Events Interrupt-Processing Augment (EEI/PA) theory. The EEI/PA theory predicted the main findings from my meta-analysis, as well as those of my experiments, all of which tested the EEI/PA's core assumption: that valence influences encoding-phase accommodative/elaborative processing, but not assimilative/integrative processing. My work demonstrates that the EEI/PA theory can explain the findings based on the influence of valence and further highlights the need for an integrated account that identifies the unique contributions of both valence and arousal to the way in which we remember emotional events.

MODELING INTER- AND INTRA-INDIVIDUAL VARIATION IN BRAIN-VALENCE RELATIONSHIPS WITH DEEP GENERATIVE MODELS**Speakers:** Kieran McVeigh, *Northeastern University*

Cognitive and affective neuroscience often relies on the assumption of a one-to-one, linear mapping between brain activity and behavior. This assumption, however, overlooks the principle of degeneracy, where multiple distinct neural states may produce the same psychological outcome. To address this, we developed a semi-supervised deep generative framework (Variational AutoEncoder with Classification head; VAE-C) that simultaneously models the distribution of brain states (unsupervised) and their relationship to behavioral labels (supervised). We then applied this framework to a densely sampled fMRI dataset (N=36) where participants viewed approximately 324 emotionally evocative videos over 4 separate sessions.

We found that brain-valence mappings are predominantly many-to-one, participant-dependent, and at times nonlinear. Model comparison revealed that for 31 of 36 participants, nonlinear classification models outperformed linear baselines, but that the strength of these effects varied considerably across participants. Furthermore, generative analysis revealed robust evidence of many-to-one mappings: hierarchical clustering across a range of dissimilarity thresholds showed that the overwhelming majority of participants had many-to-one brain-valence mappings (between 80% and 100% depending on threshold). When brain states were compared across individuals, many states were unique to a single individual or shared by only a small subset of individuals. Together, these findings underscore the limitations of seeking universal "neural signatures" for valence—and behavior more broadly—and suggest the necessity of modeling inter- and intra-individual differences in these processes.

EARLY-CAREER IN AFFECTIVE SCIENCE AWARD**THE BRIGHT AND DARK SIDES OF AI-GENERATED EMPATHY: LLMPATHY AND AI SYCOPHANCY****Speaker:** Desmond Ong, *University of Texas at Austin*

Increasing numbers of people are turning to Large Language Models (LLMs) for emotional support and mental health. Growing scientific evidence suggest that LLMs produce language that people perceive as more empathic than human-written responses, what I call LLMPathy. But LLMPathic responses also tend to be templated, implying that these models may have difficulty with taking context into account. Such context insensitivity has implications for mental health, including AI providing overly positive affirmation in contexts that would be considered socially non-normative—so-called AI sycophancy, what I consider the dark side of LLMPathy. And we are seeing evidence of such potentially harmful indicators both in simulations and in real users' transcripts. In all, use of AI for emotional support is (rapidly) growing, and affective scientists have to proactively engage to ensure that we can support beneficial uses of AI while minimizing harms.

MID-CAREER TRAJECTORY IN AFFECTIVE SCIENCE AWARD**REGULATION OF CRAVING: FROM NEURAL MECHANISM TO TREATMENT DEVELOPMENT****Speaker:** Hedy Kober, *University of California Berkeley*

TBA.

Saturday, March 14 | 1:15–2:15pm | Allegheny Ballroom**USE YOUR WORDS? THE ROLE OF LANGUAGE IN UNDERSTANDING, DEVELOPING, AND REGULATING EMOTIONS****Moderator:** Katie Hoemann, *University of Kansas***WORDS FOR WELLBEING: HOW LANGUAGE SHAPES EMOTION REGULATION AND PSYCHOTHERAPY OUTCOMES****Speaker:** Erik Nook, *Princeton University*

Managing our emotions is key to wellbeing. In this talk, I'll present a series of studies demonstrating that the words we use can both reflect and affect how we regulate emotions, and in turn are related to mental health. In laboratory studies, we've found that cognitive reappraisal efficacy is related to using more 'distant' language, that labeling our emotions is surprisingly associated with less effective reappraisal, and merely speaking reinterpretations out loud (rather than silently thinking them) boosts reappraisal success. We have begun to translate these findings and investigate what linguistic patterns track mental health outcomes in a real-world corpus of psychotherapy transcripts from more than 6,000 participants. In line with experimental data, clients distance their language over time in treatment (referring to themselves and the present moment less), and this shift tracks symptom changes. Ongoing and future analyses in this dataset will also be discussed. In all, my lab is tracing the connections between our words, our feelings, and our mental health, offering new avenues for detecting and intervening on wellbeing using language alone.

HOW CHILDREN LEARN EMOTION CONCEPTS: THE ROLE OF EMOTION WORDS**Presenter:** Catherine Sandhofer, *University of California, Los Angeles*

Emotions are abstract categories whose instances vary widely across faces, bodies, voices, and contexts. For young children, this variability makes emotion concepts difficult to learn. Drawing on decades of research on language and category learning, I examine how emotion words help children identify the deeper regularities across varied emotional events. Across several studies, my colleagues and I find that explicit, specific emotion labels reliably support children's ability to organize heterogeneous emotional experiences into more coherent categories. These patterns align with mechanisms proposed in broader category-learning research, in which labels can draw on prior semantic knowledge, guide attention toward features informative for category structure, and help learners consolidate disparate instances into a single labeled concept. Ongoing work examines how both the emotion language children hear and the vocabulary they themselves produce contribute to the developing structure of these concepts. Taken together, this work illustrates how language can serve as a mechanism for building abstract representations of emotion in early childhood.

LANGUAGE AND EMOTION: LEARNING FROM ANCIENT AND CLASSICAL INDIA**Presenter:** Maria Heim, *Amherst College*

I work in the humanities on languages and intellectual systems from ancient and classical India. My paper brings to the discussion several insights I have learned from premodern Indian reflection on emotion and the philosophy of language. First, emotions are not pre-given fixtures of the world but are constituted in an ecological way by contexts, previous experience, the body, and language. Second, emotion words are perhaps best seen to aim at particulars, not universals or essences. Third, emotion terms are both descriptive and constitutive of emotions; since they help create the experiences they describe, learning new words can mean gaining new experiences. Finally, Indian thinkers loved lists of emotions, but were not interested in reductive listings of basic emotions or essences. Rather, they deployed lists analytically to generate nearly infinite varieties and combinations of phenomena to begin to get at the complexity and variation of our affective experience.

Saturday, March 14 | 4:15–5:30pm | Allegheny Ballroom

PRESIDENTIAL SYMPOSIUM**Moderators:** Rachael Jack, *University of Glasgow*Luiz Pessoa, *University of Maryland***RETHINKING EMOTION: LESSONS FROM ANIMALS, MACHINES, AND PLANTS****Speakers:** Kristen Lindquist, *Ohio State University*Jonathan Gratch, *University of Southern California*Karl Niklas, *Cornell University*Karen Bales, *University of California, Davis*

Emotion research has historically been shaped by who or what was thought capable of emotional experience, and by the methods available to detect it.

For example, infants were once thought incapable of feeling pain, marginalized humans were assumed to lack certain emotional capacities, and animals were long denied complex affective lives.

In each case, the introduction of new methods — physiological markers, behavioral paradigms, neuroimaging, electrophysiology — revealed emotional capacities previously unrecognized, leading not only to scientific re-evaluation, but also to ethical, social, and legal changes (e.g., neonatal care, animal welfare laws, research ethics).

This symposium invites attendees to consider what lessons non-human and non-traditional systems can teach us about emotion.

By examining animals, AI, and plants, we explore: What counts as emotion? What does it require? And how might expanding our conceptual framework affect research, ethics, and society?

Methods Workshops

Friday, March 13 | 08:30–09:30am | Allegheny Ballroom

Title: Large Language Models for Sentiment Analysis

Speaker: Jeffrey Girard, *University of Kansas*

This 60-minute workshop introduces Large Language Models (LLMs) as an accessible, state-of-the-art tool for estimating sentiment in unstructured text data, including essays, social media posts, and transcripts. We will explore how modern LLMs can outperform traditional methods by utilizing “zero-shot in-context learning,” a technique that yields highly accurate sentiment estimates without requiring labeled training data, advanced programming skills, or specialized hardware. Participants will learn practical workflows for applying this technique using two approaches: cloud-based models for speed and power, and locally hosted models for strict data privacy and security. The session will also demonstrate how to leverage the R programming language to automate these tasks, enabling the efficient processing of large file batches. Furthermore, we will review findings from the instructor’s recent publication in *Affective Science*, which provides a rigorous validation and fairness audit of LLM-based sentiment analysis across naturalistic speech datasets from social and clinical psychology. The workshop will conclude with a dedicated Q&A period to address specific implementation queries, ensuring attendees leave with the rationale and technical know-how to apply these methods in their own research.

Friday, March 13 | 4:15–5:15pm | Westmoreland West

Title: How to Design a Study to Analyze the Brain-Body Connection: Fully Integrated fNIRS & Physiology

Speaker: Kevin Wasco, *BIOPAC Systems*

Physiology and neuroimaging studies often require the simultaneous acquisition of multiple data streams, but it can be challenging to sync data from different systems. A new Brain-Body Platform, MedelOpt+ with MP200 and AcqKnowledge, synchronizes high-density fNIRS, EEG, and physiological data in a single unified environment.

We’ll review common challenges in multimodal research—from complex data synchronization to workflow inefficiencies—and present technical capabilities of the new Brain-Body Platform with applications in cardiovascular physiology, neuroscience, exercise physiology, VR, and more.

Friday, March 13 | 4:15–5:15pm | Allegheny Ballroom

Title: Subjective Measurement of Affect: Affective psychophysics: Or, how (not) to measure subjective experience

Speaker: Vlad Chituc, *Yale University*

People can feel more or less happy, hold opinions with more or less conviction, and find some experiences more or less painful. Though all of these examples concern a magnitude, it is far from clear how such magnitudes could be accurately measured, given their inherently subjective nature. In this workshop, I highlight two common and underappreciated problems with the labeled (e.g., Likert) scales that are ubiquitous in affective science, and I provide straightforward solutions adapted from sensory psychophysics. First, these scales are interpersonally relative, in that they can mean different things to different people. This can produce spurious group differences: for example, labeled scales suggest that women experience anger more intensely than do men, but this finding disappears when tested with psychophysical measures designed to avoid such artifacts. Second, these scales are nonlinear: across dozens of studies spanning perceptual, evaluative, affective, and motivational domains, Likert ratings are a logarithmic compression of underlying psychological magnitude, meaning that averaging such ratings systematically underestimates the mean. Both problems have solutions requiring minor changes to measures and analyses, involving at most a dozen lines of code. More broadly, these findings illustrate how insights from classical psychophysics can be productively applied to the measurement challenges that are most central to affective science.

Saturday, March 14 | 08:30–09:30am | Allegheny Ballroom

Title: (Beginner-Friendly) Computational Modeling of Emotion

Speaker: Joey Heffner, *Yale University*

How do our choices and their outcomes translate into subjective feelings? How does our happiness depend on our choices and what happens to us? Computational accounts of emotion aspire to answer these questions with a rigorous framework informed by formal principles. This methods workshop provides an accessible introduction to modeling emotion within the context of decision-making. We will cover how momentary happiness and affect ratings can be modeled during risky decision-making tasks, while discussing applications to other domains. This workshop is aimed at graduate students and researchers who are new or interested in the field and want to learn how to use computational approaches to better understand emotions. Prior programming experience is helpful but not required. The workshop focuses on a popular computational model of happiness (Rutledge et al., 2014), using interactive Shiny apps to show how expectations, rewards, and prediction errors combine to influence happiness. By gaining an intuition for the abstract logic used in computational modeling, participants will leave with a clearer understanding of how to implement these tools in their own research. Example data and programming scripts will be provided.

Methods Roundtable

Saturday, March 14 | 12:10 -1:10pm | Allegheny Ballroom

The Methods Roundtable discussion is a 60-minute session over the lunch break where the discussion leader and a maximum of 7 registered attendees gather to informally discuss a shared methodological topic of interest. The goal of this format is to provide attendees interested in a topic with an opportunity to connect with each other and with an expert on that topic, whether attendees wish to further develop their existing expertise or are a novice seeking out a new area of interest.

Ultimately, our goal is to help reduce barriers for attendees to informally explore new ideas with an accessible expert at the cutting-edge of a topic. Space is limited and you must pre-register.

Optional box lunches that were purchased in advance will be delivered to the room.

Moderator: Sophie Wohltjen, *University of Tennessee, Knoxville*
Topic: Affective synchrony

Moderator: Ethan McCormick, *University of Delaware*
Topic: Dynamic systems modeling

Moderator: Brenden Tervo-Clemmens, *University of Minnesota*
Topic: Brain wide association studies

Moderator: Kieran McVeigh, *Northeastern University*
Topic: Computational modeling in fMRI

Moderator: Jo He, *Columbia University*
Topic: Interpersonal emotion regulation

Moderator: Shannon Burns, *Pomona College*
Topic: fNIRS (Functional Near-Infrared Spectroscopy)

Moderator: Vlad Chituc, *Yale University*
Topic: Subjective measurement of affect

Moderator: Jeffrey Girard, *University of Kansas*
Topic: LLMs



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Salons

Informal events based on the concept of 16th Century Italian and French Salons – a gathering to increase knowledge through conversation – hosted by topic experts. Come along to ask your burning questions, sharpen your knowledge, or simply enjoy lively discussion!

Friday, March 13 | 08:30–09:30am | Somerset West

Title: Bridging Disciplines to Broaden Perspectives in Affective Science

Speakers: Rachael Jack, *University of Glasgow*
Karen Bales, *University of California, Davis*

Friday, March 13 | 4:15–5:15pm | Somerset West

Title: From Academia to Industry: what no one tells you. Insights from Industry Professionals on how to transition into the Corporate Workforce

Speakers: Emily Hittner, *Hinge*
Amy Berglund-Barraza, *NIRx Medical Technologies*

Saturday, March 14 | 08:30–09:30am | Somerset West

Title: Communicating affective science to a broad audience!

Speakers: Kristen Lindquist, *Ohio State University*
Jonathan Gratch, *University of Southern California*
Karl Niklas, *Cornell University*

Saturday, March 14 | 11:00am–12:00pm | Somerset West

Title: Affective Science at the National Institutes of Health (NIH)

Speakers: Parisa Parsafar, *Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)*
Matt Sutterer, *National Institute on Aging (NIA)*
Carlos O. Garrido, *National Institute on Minority Health and Health Disparities (NIMHD)*
Kristin Brethel-Haurwitz, *NIH Office of Behavioral and Social Sciences Research (OBSSR)*
Becky Ferrer, *National Cancer Institute (NCI)*
Holly Moore, *National Institute on Drug Abuse (NIDA)*
Erin Burke Quinlan, *National Center for Complementary and Integrative Health (NCCIH)*

Innovation Forums

Friday, March 13 | 9:45am–11:00am

Innovation Forum 1 | Westmoreland Room

BUILDING BRIDGES: SUCCESSFUL COLLABORATIONS BETWEEN ACADEMIA AND INDUSTRY

Forum Chair: Desmond Ong, *University of Texas at Austin*

Panel members: Julie Cachia, *Flourish Science*; Kuan-Hua Chen, *University of California, Davis*

Collaborative research is integral to creating community and conducting ground-breaking science, yet collaborations between academics and industry partners are still relatively rare. This innovation forum brings together panelists with extensive experience establishing and navigating successful academia-industry collaborations to discuss the unique challenges and benefits they can bring.

Innovation Forum 2 | Somerset East

KNOWLEDGE GAINS, INNOVATIONS, AND CHALLENGES IN INTENSIVE LONGITUDINAL DESIGN TO INFORM AFFECTIVE SCIENCE RESEARCH

Forum Chair: Lauren Bylsma, *University of Pittsburgh*

Panel members: Leslie Horton, *University of Pittsburgh*; Neil Jones, *University of Pittsburgh*; Lori Scott, *University of Pittsburgh*

Affective science research using intensive longitudinal designs has grown exponentially, with recent advances in designs, ambulatory physiology, passive sensing, and processing/analysis for multi-modal data. In this panel, we bring together ILD experts from diverse backgrounds (e.g., clinical, development, measurement, social, neuroscience, psychophysiology) to discuss applications and advances.

Innovation Forum 3 | Somerset West

BRIDGING AFFECTIVE AND RELATIONSHIP SCIENCE: MOVING THE NEEDLE IN UNDERSTANDING SOCIAL EMOTION REGULATION

Forum Chair: Tammy English, *Washington University in St. Louis*

Panel members: Kevin Ochsner, *Columbia University*; Christopher Oveis, *University of California, San Diego*; Elise Kalokerinos, *University of Melbourne*

This panel unites affective science and relationship science to propel the study of social emotion regulation to the next level. We explore how managing emotions for or with others is driven by various goals and yields complex, dual outcomes for individual well-being and the dynamics of close relationships.

Symposium Abstracts

Symposium 1

Friday, March 13 | 8:30am–9:30am | Somerset East

REGULATING TOGETHER: DYADIC REGULATION ACROSS RELATIONSHIPS AND THE LIFESPAN

Chair: Elizabeth Dasilva, *Indiana University, Columbus*

Discussant: Paula Niedenthal, *University of Wisconsin-Madison*

This symposium examines how individuals regulate emotion and behavior in relation to others across the lifespan. Drawing on developmental, social, and clinical perspectives, the talks reveal shared co-regulatory processes from infancy to late life and highlight how dynamic interactions shape adaptation and well-being.

S.1.1 FROM DISTRESS TO ENGAGEMENT: CHANGING FUNCTIONS OF INFANT VOCAL BIDDING ACROSS THE FIRST YEAR

Elizabeth Dasilva¹

¹*Indiana University, Columbus*

Infants rely on caregivers for regulation while increasingly initiating social interaction across the first year. This longitudinal study examined developmental change in predictors of infant vocal social bidding. Results show that bidding is not stable from 4 to 8 months and that its predictors shift from negative affect early in infancy to physiological regulation later, suggesting changing functions of early social signaling.

S.1.2 SOCIAL CONTEXTS SHAPE THE SELF-CONCEPT

Christopher Welker¹

¹*University of Virginia*

We provide evidence that social interactions and relationships regulate our self-focused beliefs. Initially, we demonstrate that social interactions can align conversation partners' self-views. Next, we examine how this interpersonal process unfolds at the level of the social network. We find that participants' social network structure is reflected in the coherence of their self-descriptions.

S.1.3 WHEN UNDERSTANDING FADES: EMOTION RECOGNITION IN PEOPLE WITH DEMENTIA AND CHANGES IN CAREGIVER AFFECT DURING DYADIC INTERACTIONS

Casey Brown¹, Enna Chen², Robert Levenson³

¹*Georgetown University*, ²*Stanford University*, ³*University of California, Berkeley*

Caring for a loved one with dementia can be emotionally challenging, but the interpersonal drivers of caregivers' negative emotions are not well understood. In 100 caregiver-care recipient dyads, poorer emotion recognition in care recipients predicted greater increases in caregivers' negative affect during a conflict conversation, even after accounting for care recipients' cognitive impairment.

Symposium 2

Friday, March 13 | 8:30am–9:30am | Westmoreland West

IN AND OUT OF SYNC: EXAMINING COHERENCE ACROSS MULTIMODAL EMOTION MEASURES TO UNDERSTAND EMOTIONAL PROCESSES IN MENTAL HEALTH

Co-Chairs: Emma Ilyaz, *Queen's University* & Vera Vine, *Queen's University*

Emotional responses occur across subjective, physiological, and behavioral channels. The alignment, or concordance of these channels varies across contexts and time. This symposium presents work examining intrapersonal concordance as a transdiagnostic feature of emotional well-being, highlighting its links to emotion awareness, intergenerational risk, psychopathology, and interpersonal dynamics.

S.2.1 TRAIT EMOTIONAL AWARENESS IS ASSOCIATED WITH GREATER COHERENCE BETWEEN AFFECT AND PHYSIOLOGY

Annika Allen¹, Robert W. Levenson², Casey Brown¹

¹*Georgetown University*, ²*University of California, Berkeley*

We examined whether greater trait emotional awareness is associated with greater coherence between subjective affect and physiology during a series of emotion-eliciting films. Individuals with greater emotional awareness exhibited greater coherence between affect and physiology (heart period) across all films. This highlights an important predictor of individual differences in emotion coherence

S.2.2 DIFFERENTIAL PATTERNS OF EMOTIONAL DISCORDANCE IN PSYCHOPATHOLOGY AND EMOTION REGULATION

Clara Defontes¹, Dominic M. Denning¹, Elijah R. Lawrence¹, Elinor E. Waite¹, Sarah E. Huffman¹, Katherine L. Dixon-Gordon¹

¹*University of Massachusetts Amherst*

This study examined levels of emotional concordance between both positive and negative subjective emotions and two autonomic indices (i.e., skin conductance [SCL] and heart rate variability [HRV]) with reported emotion regulation difficulties and psychopathology symptoms.

S.2.3 CONCORDANCE OF SUBJECTIVE EMOTION AND CARDIOVASCULAR RESPONSES IN PARENTAL BORDERLINE PERSONALITY DISORDER AND ITS IMPLICATIONS FOR INTERGENERATIONAL TRANSMISSION

Emma Ilyaz¹, Amy Byrd², Salome Vanwoerden², J. Richard Jennings², Stephanie Stepp², Vera Vine¹

¹*Queen's University*, ²*University of Pittsburgh*

Children of parents with borderline personality disorder (BPD) are prone to psychopathology. We used an emotion concordance approach to characterize parents' anger during relevant parent-child interactions. Alignment between parents' subjective anger and cardiac response was linked with both parental BPD severity and child symptoms and thus could help understand psychopathology transmission.

S.2.4 CONCORDANCE BETWEEN PHYSIOLOGY AND INTEROCEPTION DIFFERENTIALLY PREDICTS TRUST PERCEPTIONS ACROSS THE ADULT LIFESPAN

Ruofan Ma¹, Mallory Feldman², Adrienne Bonar¹, Natalie Frye¹, Aslihan Imamoglu³, Kelly Giovanello¹, Kristen A. Lindquist¹

¹*University of North Carolina at Chapel Hill*, ²*Ohio State University*, ³*Vanderbilt University Medical Center*

Somatic signals are a source of affective information. Concordance between one's physiology and subjective perceptions of it, indexed as interoceptive accuracy, is important for well-calibrated interpersonal trust decisions. As age increased, individuals were more likely to over-rate other's trustworthiness, and this effect was stronger for those with lower interoceptive accuracy.

Symposium 3

Friday, March 13 | 8:30–9:30am | Westmoreland Central

DIGITAL MEDIA USE AND DAILY-LIFE AFFECT IN DEVELOPMENTAL PSYCHOPATHOLOGY: INSIGHTS FROM AMBULATORY ASSESSMENT

Chair: *Julianne Griffith, University of Pittsburgh*

This series of talks illuminates new insights into the ways in which naturalistic digital media use impacts daily-life emotions—for better and for worse—in young people, including adolescents to emerging adults demonstrating diverse symptom profiles including social anxiety, depression, and attenuated positive symptoms of psychosis.

S.3.1 SOCIAL MEDIA USE AND SOCIAL ANXIETY: MOMENTARY AND PROSPECTIVE ASSOCIATIONS OF ONLINE SOCIAL THREAT AND REWARD AND SOCIAL ANXIETY IN HIGH-RISK FEMALE ADOLESCENTS

Jennifer Silk¹, Julianne Griffith¹, Colin Vize¹, Sophia Choukas-Bradley¹, Cecile Ladouceur¹

¹*University of Pittsburgh*

Using EMA in 130 female adolescents, we found that online experiences of both social threat (e.g. rejection) and reward (e.g. acceptance) predicted momentary increases in social anxiety (SA), perhaps through processes such as increased self-consciousness. Online social threat also predicted increases in SA over one year, highlighting the potential harm of social media use for youth at risk for SA.

S.3.2 NEGATIVE SOCIAL COMPARISON AND APPEARANCE-RELATED THINKING ON SOCIAL MEDIA ARE LINKED TO MORE NEGATIVE SELF-SCHEMAS IN COLLEGE STUDENTS

Anna Tierney¹, Kirsten Mckone², Stefanie Sequeira¹

¹*University of Virginia*, ²*University of Minnesota*

We used ecological momentary assessment to examine how early college students' specific social media behaviors impact their self-schema, or how they think about themselves. Negative social comparison and appearance-focused self-evaluation predicted more negative self-views, whereas overall time online did not, emphasizing the importance of how, not how much, young people engage online.

S.3.3 ADOLESCENTS' IN VIVO EMOTIONAL RESPONSES TO DIGITAL AND IN-PERSON PEER EXPERIENCES: DIFFERENCES BY CONTEXT AND LINKS TO MOMENTARY DEPRESSIVE SYMPTOMS

Zelal Kilic¹, Sophia Choukas-Bradley¹, Jacqueline Nesi², Cecile Ladouceur¹, Jennifer Silk¹

¹*University of Pittsburgh*, ²*Brown University*

Using 30-day EMA data from 110 at-risk adolescent girls, this study examined whether affective responses to peer interactions and links to depressive symptoms differed by digital vs. in-person contexts. Negative interactions predicted higher depressive symptoms regardless of context, while positive in-person interactions boosted positive affect and were linked to lower symptoms.

S.3.4 SOCIAL CONTEXT AND SOCIAL PLEASURE IN YOUNG PEOPLE AT CLINICAL HIGH-RISK FOR PSYCHOSIS: EVIDENCE FOR DIFFERENTIAL EFFECTS OF DAILY-LIFE DIGITAL MEDIA USE

Julianne Griffith¹, Megan Deam¹, Helena Her¹, Leslie Horton¹

¹*University of Pittsburgh*

Using an ecologically-valid ambulatory assessment design, this study shows that youth at clinical high risk for psychosis find digital interactions more pleasurable and rewarding compared to in-person interactions, whereas the opposite is true for low-risk controls. Digital media may be differentially used to cultivate positive mood among youth at CHR-P, with implications for risk and resilience.

Symposium 4

Friday, March 13 | 9:45–10:45am | Allegheny

TO STRATEGIES AND BEYOND! EXAMINING ANTECEDENTS AND CONSEQUENCES OF EMOTION REGULATION APPROACHES IN THE REAL WORLD

Co-Chairs: Renee Thompson, *Washington University in St. Louis*
Chihchia Jocelyn Lai, *Washington University in St. Louis*

In this symposium, we focus on emotion regulation (ER) beyond commonly captured strategies. Our presenters examine lesser-known behavioral ER strategies and the ways multiple ER strategies and approaches occur (i.e., polyregulation) in the real world. We consider the motivations, contexts, and person factors relevant to these ER strategies and approaches, as well as their affective consequences.

S.4.1 IS SLEEP AN EMOTIONAL “RESET” OR IS SLEEP EMOTIONAL AVOIDANCE? EVALUATING SLEEP AS AN EMOTION REGULATION TACTIC SERVING MULTIPLE MOTIVATIONAL FUNCTIONS

Jennifer Veilleux¹, Jamie Walker¹

¹*University of Arkansas*

Do people use sleep to regulate their emotions? Across two studies, we examine motivations for sleeping to regulate, finding that some people sleep to avoid their emotions whereas others sleep to “reset” mental clarity. Using sleep as avoidance is associated with negative outcomes, consistent with disengagement-based regulation, whereas using sleep as a “reset” seems to be adaptive.

S.4.2 SHORT-TERM BENEFITS OF UNHEALTHY BEHAVIORS? INVESTIGATING EMOTION REGULATION MOTIVES AND MOTIVE SATISFACTION ASSOCIATED WITH BEHAVIORAL EMOTION REGULATION STRATEGIES IN DAILY LIFE

Isabella Avalos¹, Tabea Springstein¹

¹*University of California, Riverside*

Behavioral emotion regulation (ER) strategies include healthy (e.g., exercising) and unhealthy behaviors (e.g., substance use) that serve regulatory purposes. This study examines the extent to which behavioral ER strategies are used to regulate emotions, the motives that drive the use of these strategies, and how (un)healthy behavioral ER strategies help satisfy momentary ER motives in daily life.

S.4.3 HOW SHOULD WE ASSESS POLYREGULATION? EXAMINING APPROACHES AND STRATEGIES IN MAJOR DEPRESSIVE DISORDER

Chihchia Jocelyn Lai¹, Matthew Ng², Tammy English¹, Renee Thompson¹

¹*Washington University in St. Louis*, ²*Washington University*

In two adult samples, we examined the concurrent or sequential use of emotion regulation strategies (i.e., polyregulation). Polyregulation was common in daily life regardless of assessment method. Those with major depressive disorder engaged in polyregulation more often and more frequently used certain polyregulation approaches (combination, redo) more than those without mental health disorders.

S.4.4 EMOTION POLYREGULATION: WHEN MORE STRATEGIES ARE NOT MERRIER AND GREATER VARIABILITY IS NOT FLEXIBILITY

Mark Chen¹, Yutong Zhu¹, Aaron Liu², Jutta Joormann¹

¹*Yale University*, ²*Columbia University*

Is using more emotion regulation (ER) strategies the merrier, and is greater variability better? Across three experience sampling studies, using more ER was linked to higher distress when quality was low but lower distress when quality was high. Greater variability was linked to higher distress when context was stable. This suggests quality over quantity and that variability may be volatility.

Symposium 5

Friday, March 13 | 9:45–10:45am | Cambria

HELP ME HELP YOU: RECIPROCAL INFLUENCE OF EMOTIONAL SUPPORT SEEKERS AND PROVIDERS

Chair: Yael Millgram, *Tel Aviv University*

Emotional support is inherently reciprocal. This symposium explores how support-seekers and providers shape each other's emotions and support outcomes. Across diverse contexts, including online forums, romantic partnerships, therapy, and daily life, four talks reveal how reciprocal dynamics influence support frequency and quality, well-being, and symptom change.

S.5.1 INFORMATION ABOUT THE SOURCE OF DISTRESS PROMOTES ONLINE SUPPORT PROVISION

Yael Millgram¹, Noam Atar¹, Amir Golan¹, Adi Katznelson¹

¹*Tel Aviv University*

While millions of people seek emotional support online, many requests for help go unanswered. Across 7 studies (N=1,106), we show that posts including information about the source of distress are more likely to receive support. This is because such posts afford using effective support strategies. Findings identify a key predictor of support provision that may inform the design of support platforms.

S.5.2 DAILY INTERPERSONAL EMOTION REGULATION SUPPORT EXCHANGES AND WELL-BEING IN MARRIED COUPLES ACROSS THE ADULT LIFESPAN

Claire Growney¹, Tabea Springstein², Tammy English³

¹*Stanford University*, ²*University of California, Riverside*, ³*Washington University in St. Louis*

In a 9-day diary study of 134 married couples, we investigated daily interpersonal emotion regulation support from both partners' perspectives. Focusing on provision, receipt, and perceptual alignment, we explore implications for emotional and relational well-being.

S.5.3 CHANGES IN SENTIMENT ALIGNMENT BETWEEN CLIENTS AND THERAPISTS TRACK SYMPTOM CHANGES IN PSYCHOTHERAPY

Henna Vartiainen¹, Thomas Hull², Erik Nook¹

¹*Princeton University*, ²*Talkspace*

Using a large dataset of text-based psychotherapeutic exchanges, we found that therapists' language sentiment became more positive than clients' over time in therapy. This growing divergence was paradoxically associated with higher internalizing symptoms between-subjects but with lower symptoms within-subjects, suggesting that sentiment alignment plays a complex role in symptom change.

S.5.4 NEGATIVE INTERPRETATION INFLEXIBILITY AND INTERPERSONAL PATHWAYS TO DEPRESSION

Jonas Everaert¹, Reuma Gadassi-Polack², Michael Bronstein³, Jutta Joormann⁴

¹*Tilburg University*, ²*Bar-Ilan University*, ³*University of Minnesota*, ⁴*Yale University*

Does inflexibility in revising negative beliefs fuel interpersonal emotion regulation problems in depression and anxiety? In a 28-day daily diary study, greater inflexibility in interpreting ambiguous social situations predicted more co-dampening and co-rumination, which in turn predicted higher depressive symptoms. Findings clarify cognitive foundations of interpersonal regulation and support integrated cognitive-interpersonal models.

Symposium 6

Friday, March 13 | 9:45–10:45am | Westmoreland West

TRANSLATIONAL APPROACHES TO LONELINESS AND EMOTION

Chair: Karen Smith, *Rutgers University – Newark*

Loneliness, or perceived social isolation, has a significant impact on long term health outcomes. Despite the clear public health impact of loneliness, we still lack a cohesive and comprehensive model of the mechanisms through which it contributes to disease risk. Here, we take a translational and cross-disciplinary perspective towards examining how loneliness impacts affective processing and the implications of these effects for intervention.

S.6.1 LONELY YOUNG ADULTS ARE MORE WILLING TO EXERT EFFORT TO BENEFIT OTHERS

Anita Restrepo, Karen Smith¹, Sabina Raja², Cynthia Gaspard², Elizabeth Mickiewicz², Gabe Minchev², John Veillette², Greg Norman¹
¹Rutgers University–Newark, ²University of Chicago

Loneliness shifts affective processes to support behaviors oriented towards reconnection, which may include a tendency to engage in prosocial acts. Using an experimental decision-making task, we find that lonelier young adults are more likely to choose to exert physical effort to benefit others in contexts of both reward and punishment, indicating loneliness increases effortful prosocial behavior.

S.6.2 EMOTION REGULATION SKILLFULNESS, FREQUENCY, AND QUANTITY PREDICT CHANGES IN LONELINESS IN TWO CLINICAL TREATMENT SAMPLES

Matthew Southward¹, Douglas Terrill², Shannon Sauer-Zavala²
¹Ohio State University, ²University of Kentucky

In two clinical trials, we tested how emotion regulation skills impact within-person changes in loneliness. In the Unified Protocol (N = 70), using a larger quantity of skills than normal predicted session-to-session reductions in loneliness, $B = -.11$, $p = .02$. In BPD Compass (N = 100), only using skills more frequently than normal predicted reductions in loneliness, $B = -.14$, $p = .01$.

S.6.3 LONELINESS IN EARLY CHILDHOOD HEIGHTENS NEGATIVITY JUDGEMENTS

Arianna Serra¹, Katherine Archer¹, Anais Geronimo², Alexander Henoch¹, Mary Mousa¹, Yebin Won¹, Yining Zhong¹, Kelly Faig³, Karen Smith¹

¹Rutgers University–Newark, ²University of California, Irvine, ³Hamilton College

Research highlights hypervigilance to negative information as one mechanism through which loneliness shape health. But minimal work has assessed effects in early childhood. Here, we examine how loneliness impacts children's evaluations of faces. We find loneliness increases children's likelihood of viewing ambiguous faces as negative. We discuss the implications of this for long-term health risk.

S.6.4 ADOLESCENT SOCIAL ISOLATION ALTERS DOPAMINERGIC CONTROL OF LEARNING AND DECISION MAKING IN MICE

Melanie Gordon¹, Jonathan Ghaly², Elizabeth Holly¹

¹Rutgers University–Newark, ²New Jersey Institute of Technology

Adolescent social isolation has long-term consequences for physical and emotional health. Using a mouse model, we examine how social deprivation during this sensitive developmental period alters the neural circuits supporting motivation and decision-making. This work provides mechanistic insights into sex-specific changes in striatal dopamine signaling and their role in shaping adult behavior.

Symposium 7

Friday, March 13 | 9:45–10:45am | Westmoreland Central

THE RESPONSIVENESS OF RECEIVED EMPATHY: INSIGHTS FROM HUMAN AND AI INTERACTIONS

Co-Chairs: Leif Anderson, *University of Toronto* & Gregory Depow, *University of California, San Diego*

What kind of empathy do people want, and from whom? How do different forms of empathy make people feel? Here, we examine empathy from the receiver's perspective: covering theory, choosing AI or human empathy, and how different forms of empathy make people feel. We offer insights on how empathy impacts human-AI and human-human interactions, with implications for connecting in a digital age

S.7.1 THE ARTIFICIAL-EMPATHY PARADOX, OR – WHAT WE VALUE IN HUMAN EMPATHY

Anat Perry¹

¹*Hebrew University of Jerusalem*

AI-generated empathy is often convincing, but loses value once recipients realize it is artificial. Across nine studies (N=6,282), empathic responses labeled as human were rated as more supportive, emotionally engaging, and caring than identical AI-attributed responses. These effects were driven mainly by affective and motivational empathy, highlighting what people uniquely value in human empathy.

S.7.2 DOES RECEIVING EMPATHY ALWAYS FEEL GOOD? SHARING EMOTIONS MAY BE LESS EFFECTIVE THAN OTHER FORMS OF EMPATHY

Leif Anderson¹, Dariya Ovsyannikova¹, Victoria Oldemburgo De Mello¹, Y. Andre Wang¹, Michael Inzlicht¹

¹*University of Toronto*

What kind of empathy do people want to receive? In two experiments (N = 492), participants discussed a stressful experience with AI responders prompted to convey different forms of empathy. We found that not all forms of empathy feel good to receive: emotion sharing performed worse than other forms of empathy in improving participants' affect and was perceived as among the least responsive.

S.7.3 WISE EMPATHY AND PERCEIVED RESPONSIVENESS IN POSITIVE AND NEGATIVE INTERACTIONS

Gregory Depow¹, Yumeng Gu², Christopher Oveis¹

¹*University of California, San Diego*, ²*BetterUp*

Empathy is interpersonal, yet research has often neglected the target perspective. It remains unclear how empathy predicts being seen as a responsive partner. We find compassion predicts greater responsiveness for negative emotions; but emotion sharing is key for positive emotions. Thus, being responsive requires different empathic strategies depending on whether emotions are positive or negative.

S.7.4 MOTIVATED EMPATHIC CHOICES IN HUMAN-AI INTERACTIONS

Joshua Wenger¹, C. Daryl Cameron¹, Michael Inzlicht²

¹*Pennsylvania State University*, ²*University of Toronto*

Given the proliferation of AI platforms, would and should people choose to receive empathetic expressions from chatbots? To advance this debate, I outline a motivated empathy framework on empathic AI, which emphasizes a recipient-focused perspective, and directly assessing what people want and why. After summarizing our earlier work on choices to receive AI empathy, I present a new study that generalizes the approach to self-generated personal experiences.

Symposium 8

Friday, March 13 | 4:15–5:15pm | Somerset East

CROSS-CULTURAL DIFFERENCES IN INTERPERSONAL EMOTION REGULATION



Co-Chairs: Shir Ginosar Yaari & Maya Tamir, *Hebrew University of Jerusalem*

How does culture shape interpersonal emotion regulation? Using daily-life data, meta-analyses, and large surveys, this symposium presents research on cross-cultural differences in why people regulate others' emotions, how motivated they are to do so, which strategies they use, and how beneficial it is for the people being regulated.

S.8.1 INTERPERSONAL EMOTION REGULATION AND MENTAL HEALTH ACROSS CULTURES: A META-ANALYSIS

Luise Pruessner¹, Insa Borm¹, Ilka Mueller¹, Sven Barnow¹, Eva J. Geiger¹

¹*Heidelberg University*

Does the link between interpersonal emotion regulation and mental health vary across cultures? In a three-level meta-analysis, the association was stronger in more democratic, wealthy and educated contexts, and in more individualistic and indulgent cultures, but weaker where power distance and uncertainty avoidance are higher.

S.8.2 PEOPLE IN INDIVIDUALIST CULTURES ARE MORE MOTIVATED TO MAKE OTHERS (VS. THEMSELVES) FEEL BETTER

Shir Ginosar Yaari¹, Yulia Chentsova-Dutton², Michaela Riediger³, Antje Rauters³, Yuri Miyamoto⁴, Maya Tamir¹

¹*Hebrew University of Jerusalem*, ²*Georgetown University*, ³*Friedrich Schiller University Jena*, ⁴*Hitotsubashi University*

Do motivation, strategies, and social consequences of regulating others' emotions vary across cultures? In three studies, people in more individualist cultures were more motivated to make others (vs. themselves) feel better. These differences were reflected in strategy use and links to closeness. Across studies, cultural differences were greater for interpersonal than intrapersonal emotion regulation.

S.8.3 HOW WE STEER OTHERS' EMOTIONS: CULTURAL DIFFERENCES IN STRATEGIES AND GOALS OF EXTRINSIC INTERPERSONAL EMOTION REGULATION

Yue Li¹, Namira Uddin¹, Carolyn Maccann¹

¹*University of Sydney*

We examined how East Asian and Anglo-Celtic participants differed in four strategies and five goals for regulating others' emotions in a five-day daily diary study. East Asians reported greater use of expressive suppression (but not other strategies) and endorsed greater impression management and avoiding conflict goals (but not other goals) than Anglo-Celtic participants.

S.8.4 CULTURE SHAPES HOW WE REGULATE OTHERS' EMOTIONS: COLLECTIVISM PREDICTS REAPPRAISAL AND INDIVIDUALISM PREDICTS SUPPRESSION

Eva Yuchen Liu¹, Olivia Jurkiewicz², Christopher Oveis²

¹*Yale University*, ²*University of California, San Diego*

A week-long daily diary study shows cultural values shape how people try to change others' emotions: allocentrism is associated with greater extrinsic reappraisal via other-serving motives, whereas idiocentrism is associated with greater extrinsic suppression via self-serving motives—linking culture, motives, and interpersonal emotion regulation in daily life.

Symposium 9

Friday, March 13 | 4:15–5:15pm | Westmoreland Central

EXPECTATION VIOLATION, EMOTION, AND MEMORY IN NATURALISTIC CONTEXTS

Chair: Hongbo Yu, *University of California, Santa Barbara*

Across four studies using naturalistic data—from pandemic memories and everyday academic stress to magic-show surprise and couples' daily lives—this symposium explores how prediction errors and expectation violations shape emotional experience, regulation, and memory, revealing their role in adaptive affective learning and social functioning.

S.9.1 PREDICTION ERRORS STRUCTURE MEMORY IN THE LABORATORY AND IN THE REAL WORLD

Nina Rouhani¹, Damian Stanley², Ralph Adolphs³

¹University of Southern California, ²Adelphi University, ³California Institute of Technology

In laboratory studies, large prediction errors, representing surprising events, not only enhance the fidelity of long-term memory, but serve as fundamental arbiters of memory organization. We tested how these results scale up to explain real-world behavior by examining autobiographical memory across the pandemic (a prediction-error event). Our work both replicates and constrains key experimental findings.

S.9.2 CURIOSITY BUFFERS ANXIETY-RELATED DEFICITS IN MEMORY

Vishnu Murty¹, Xinxu Shen², David Smith³

¹University of Oregon, ²University of California, Riverside, ³Temple University

Anxiety is known to alter mesolimbic surprise and reward responses, which can impair memory. We tested whether curiosity could buffer anxiety-related memory impairments using naturalistic memoranda. We found that anxiety dampened surprise, reward, and memory; however, states of high curiosity buffered against anxiety-related alterations in salience and protected memory.

S.9.3 NATURALISTIC PREDICTION ERROR AND EMOTION REGULATION DYNAMICS

Runan Wang¹, Aaron Heller¹

¹University of Miami

Emotion regulation (ER) shapes emotional well-being and memory, but its real-world drivers remain unclear. Using EMA audio from 224 students predicting and receiving exam grades, GPT-4o identified ER and sentiment. Prediction errors (PEs) influenced emotion and ER use, with negative PEs prompting more ER. High ER combined with positive PEs predicted more negative memory sentiment and related to higher anxiety.

S.9.4 EXPECTATION FULFILLMENT AND AFFECTIVE DYNAMICS IN COUPLES: EVIDENCE FROM A LONGITUDINAL DYADIC DAILY DIARY STUDY

Madhuri Kashyap¹, Sulav Regmi¹, Srishti Thapar¹, Jacob Kon¹, Ava Kelly¹, Hongbo Yu¹

¹University of California, Santa Barbara

Using a 14-day dyadic daily diary of cohabiting couples (N = 57), we examine how expectation fulfillment in household labor shapes social emotions and behavioral updating. Fulfillment reduced anger and guilt while increasing gratitude and pride. Anger and guilt jointly predicted expectation change, with evidence for gendered asymmetries in guilt, highlighting emotions as social learning signals.

Symposium 10

Friday, March 13 | 5:30–6:30pm | Allegheny

EMOTIONS IN MOTION: STUDYING EMOTION (REGULATION) DYNAMICS IN DAILY LIFE



Chair: Dominique Maciejewski, *Tilburg University*

This symposium explores emotion regulation dynamics in daily life using Experience Sampling Methods. The talks highlight momentary and individual predictors of emotion (regulation) dynamics and their consequences for mental health, emphasizing the value of modeling emotions and their regulation as non-linear, dynamic processes that vary both within and across individuals.

S.10.1 EMOTION CHARACTERISTICS AND EMOTION REGULATION DYNAMICS IN DAILY LIFE: EVIDENCE FOR NON-LINEAR RELATIONS

Dominique Maciejewski¹, Yasemin Erbas¹, Tak Tsun Lo², Egon Dejonckheere¹, Merlijn Olthof³, Andrea Bunge², Eeske Van Roekel¹

¹Tilburg University, ²Radboud University, ³University of Groningen

In this 60-day diary study, we explored how emotion characteristics shape how people regulate their emotions. While we replicated linear links for some strategies, we find non-linear relations for suppression and reappraisal, which were used least used with emotions of low intensity (because these may require little regulation) and high intensity (because they may be too overwhelming). Findings underscore the value of non-linear relations in emotion regulation choice.

S.10.2 EMOTIONS AS SELF-REGULATORY SYSTEMS? INTEGRATING EMOTION REGULATION GOALS

Tabea Springstein¹, Rohit Batra², Emorie Beck²

¹University of California, Riverside, ²University of California, Davis

People differ in how emotions change over time, but it is unclear whether these dynamics reflect goal-directed regulation. Using change-as-outcome continuous-time models in two experience-sampling studies (5x/day for 21 days; N=450), most people's emotions did not respond to regulation goals, suggesting effortful regulation success is rare, although goal-dependent change related to well-being.

S.10.3 CROSS-CULTURAL DIFFERENCES IN DAILY EXPRESSIVE SUPPRESSION

Sooyeon Kim¹, Katharine Greenaway¹, Peter Koval¹

¹University of Melbourne

East Asian cultures are theorised to suppress emotional expression more than Western cultures, yet evidence relies largely on global self-reports and a narrow focus on suppression. We found East Asians reported higher suppression at both global and momentary levels, with a similar pattern for reappraisal. These results indicate that culture shapes moment-to-moment emotion regulation and underscore the need to consider broader cultural differences in regulation strategy use.

S.10.4 DYNAMIC MODELING OF DAILY AFFECT IN MAJOR DEPRESSIVE DISORDER: EXAMINING AFFECTIVE HOMEBASE AND ATTRACTOR STRENGTH

Matthew H. S. Ng¹, Tammy English¹, Renee Thompson¹, Hok Shan Matthew Ng¹

¹Washington University in St. Louis

We examined affective dynamics in major depressive disorder (MDD) using Bayesian continuous-time modeling. Compared to healthy controls (CTLs), MDDs showed near-zero negative affect attractor strength, indicating weak restorative pull toward homebase. MDDs had a higher NA homebase (reflecting reduced system stability rather than a shifted homebase) and a lower PA homebase than CTLs.

Symposium II

Friday, March 13 | 5:30–6:30pm | Westmoreland West

DYADIC EMOTIONS IN CLOSE RELATIONSHIPS: INSIGHTS FROM DEMENTIA CAREGIVING

Co-Chairs: Kuan-Hua Chen, *University of California, Davis* & Joan Monin, *Yale University*

Discussant: Joan Monin, *Yale University*

Dyadic emotional processes help us express needs, align perspectives, and provide mutual care and support for loved ones—functions that are especially critical when dealing with stressful times. This symposium highlights recent advances in understanding dyadic emotional processes in close relationships, including those between persons with dementia and their spousal and adult-child caregivers.

S.11.1 GREATER SIMILARITY OF PHYSIOLOGICAL RESPONSES TO AN AMUSING FILM CLIP IS ASSOCIATED WITH LOWER CAREGIVER LONELINESS IN FAMILY CARE DYADS

Kuan-Hua Chen¹, Kathryn Li², Jennifer Merrilees³, Robert W. Levenson²

¹*University of California, Davis*, ²*University of California, Berkeley*, ³*University of California, San Francisco*

In a sample of 95 dementia caregiving dyads, caregivers reported lower loneliness when they and their care recipients showed more similar physiological responses to an amusing film clip in the laboratory. More similar physiological responses may reflect greater shared emotional appraisal, which may promote emotional resonance during daily interactions and reduce loneliness in caregivers.

S.11.2 AFFECT RATIOS AND ATTACHMENT SECURITY IN OLDER ADULTS LIVING WITH COGNITIVE CHANGE AND THEIR ADULT CHILDREN

Dustin Gad¹, Angeliki Karachaliou², Jenna Wells¹, Joan Monin²

¹*Cornell University*, ²*Yale University*

We examined the extent to which, for both parents with cognitive impairment and their adult children, maintaining greater ratios of positive to negative affect (affect ratios) during stressful discussions affects attachment security over time. Parents and adult children's greater affect ratios were associated with both their own, and their partner's, lowered attachment insecurity over time.

S.11.3 INTERPERSONAL EFFECTS OF APATHY AMONG ADULT CHILD CAREGIVERS AND THEIR PARENT LIVING WITH COGNITIVE IMPAIRMENT

Evan Plys¹, Joan Monin²

¹*Massachusetts General Hospital*, ²*Yale University*

This study examined how apathy in cognitively impaired parents relates to relationship quality and communication with adult children. Among 147 dyads, severe apathy was linked to poorer child-reported relationship satisfaction, less parental emotional attentiveness and support, and lower child relational security, highlighting impacts on dyadic communication.

Symposium 12

Friday, March 13 | 5:30–6:30pm | Westmoreland Central

SENSING THE SELF: HOW INTEROCEPTION SHAPES THE DYNAMICS OF EMOTION ACROSS MINDS AND CONTEXTS

Chair: **Stefen Beeler-Duden, *University of Virginia***

This symposium examines how interoception shapes emotion, regulation, and wellbeing across contexts from pain and autism to eating behavior, making a novel contribution to affective science by integrating theoretical, methodological, and empirical advances that position interoception as a core dynamic mechanism.

S.12.1 DIFFERENTIATING TRAIT VS. STATE INTEROCEPTIVE ATTENTION FROM APPRAISALS IN PREDICTING STATE EMOTION

Emma Stephenson¹, Jessica Lee¹, Jennifer MacCormack¹

¹*University of Virginia*

Trait interoceptive attention vs. appraisals predict momentary emotion—but less is known about state attention or appraisals. We tested links between trait vs. state interoceptive attention and appraisals with concurrent affect. We find coherence between trait vs. state interoceptive attention and appraisals with links to momentary affect, revealing how attention and appraisals may shape emotion.

S.12.2 INTEGRATING EMOTION AND INTEROCEPTION IN AUTISTIC PAIN EXPERIENCE

Stefen Beeler-Duden¹, Bettina Wagner¹, Emma Hinson¹, Kevin Pelphrey¹

¹*University of Virginia*

Pain in autism is shaped by interactions between emotional processing and bodily awareness. In autistic adults, facets of alexithymia and interoception showed distinct and overlapping associations with pain intensity and affect. Patterns suggested differential contributions of emotional and interoceptive processes across pain experiences, highlighting the role of embodied emotion mechanisms in autistic pain.

S.12.3 CHARACTERIZING THE NUANCED ASSOCIATION BETWEEN INTEROCEPTION AND EMOTION REGULATION: A MULTI-DIMENSIONAL META-ANALYSIS

Emma Casey¹, Anna Caruso¹, Cydney Kennedy¹, Timothy Curby¹, Seth Kaplan¹, Thalia Goldstein¹

¹*George Mason University*

This meta-analysis (1,202 effect sizes, 51 studies, n=9,974) found separable relationships between interoception and emotion regulation domains. Interoceptive accuracy had a weaker relationship across emotion regulation domains, whereas self-reported interoception revealed nuanced patterns that varied in significance, magnitude, and direction across different regulation strategies and difficulties.

S.12.4 FEEDING FEELINGS: THE JOINT ROLES OF INTEROCEPTION AND EMOTION REGULATION IN EATING BEHAVIORS

Lauren Beliveau¹, Tehya Lepage Drummond¹, Jennifer MacCormack¹

¹*University of Virginia*

We examined shared and unique roles of interoception and emotion regulation in eating behaviors among 310 young adults. Interoceptive awareness predicted intuitive, but not emotional eating, whereas better emotion regulation predicted more intuitive and less emotional eating. Interoception and emotion regulation interacted to enhance intuitive eating, suggesting distinct pathways for regulated versus dysregulated eating.

Symposium 13

Saturday, March 14 | 8:30–9:30am | Somerset East

ADVANCING A MECHANISTIC UNDERSTANDING OF EMOTION DIFFERENTIATION: INSIGHTS FROM EXPERIMENTAL, NATURALISTIC, CLINICAL, AND TRANSLATIONAL RESEARCH

Chair: Tien Hong Stanley Seah, *Miami University*

This symposium advances a mechanistic understanding of emotion differentiation across experimental, naturalistic, and clinical contexts. Utilizing multimethod approaches, four talks reveal how differentiation operates as a regulatory process, varies with uncertainty, is disrupted in depression, and can be strengthened through brief training, offering new insights for affective science.

S.13.1 DUAL-PROCESS MODEL OF EMOTION DIFFERENTIATION AND EMOTION REGULATION: AN EXPERIMENTAL INVESTIGATION

Amy Carolus¹, Lisa Starr¹

¹*University of Rochester*

Emotion differentiation—the ability to parse negative emotions—is theorized to support adaptive emotion regulation through two proposed pathways: (1) informing subsequent regulation or (2) functioning as regulation itself. We causally tested this dual-process model, providing causal evidence for differentiation's regulatory role while questioning its function as a precursor to regulation.

S.13.2 UNCERTAIN CONTEXTS ARE ASSOCIATED WITH INCREASED NEGATIVE EMOTION DIFFERENTIATION

Elise Kalokerinos¹, Ella Moeck², Sarah O'Brien¹, Yasemin Erbas³

¹*University of Melbourne*, ²*University of Adelaide*, ³*Tilburg University*

Context is thought to help channel affect into emotion, enabling emotion differentiation. To test this idea, we conducted 2 EMA studies with students as they awaited and received grades. In both studies, differentiation was higher while awaiting uncertain results than after receiving an outcome. This suggests strong emotional contexts enable differentiation, even if those contexts are ambiguous.

S.13.3 MOMENTARY EMOTION DIFFERENTIATION IS DIMINISHED AND LESS SENSITIVE TO EMOTIONAL AND SOCIAL CONTEXTS IN MAJOR DEPRESSIVE DISORDER

Yiqin Zhu¹, Ella Sudit², Tammy English¹, Renee Thompson¹

¹*Washington University in St. Louis*, ²*American University*

Research on momentary emotion differentiation (mED) is lacking in major depressive disorders (MDD). From 229 adults surveyed 6x/day for 14 days, MDD was characterized by lower positive and negative mED compared to controls. Associations between affect and mED were weaker in MDD. When with others, MDD had greater momentary NED with close than non-close others. Research showed that some deficits in mED that characterize MDD are related to context insensitivity.

S.13.4 EMOTION WORD FLUENCY: A BUILDING BLOCK OF EMOTION DIFFERENTIATION

Megan Korhummel¹, Tien Hong Stanley Seah², Karin Coifman¹

¹*Kent State University*, ²*Miami University*

Negative emotion differentiation (NED)—the ability to distinguish negative emotions—facilitates adaptation. Using a 21-day experience sampling protocol and a 2-day word learning task, we tested a brief emotion word fluency training in relation to NED (n=61). Preliminary results suggest that engaging in emotion word learning may facilitate improvements in word fluency that could enhance NED.

Symposium 14

Saturday, March 14 | 8:30–9:30am | Westmoreland West

UNDERSTANDING OTHERS' EMOTIONS: NEURAL MECHANISMS, STRUCTURED BELIEFS, AND SOCIAL CONTEXT

Chair: Ava Ma De Sousa, *University of California, Santa Barbara*

How do people predict others emotions? These talks examine 1) neural mechanisms of empathic inference, 2) beliefs about the ebbs and flows of emotion experience, 3) how loneliness alters emotion predictions through idiosyncratic representations, and 4) how shared identity and experience influence empathic feelings and understanding.

S.14.1 NEURAL PROCESSES UNDERLYING SOCIOEMOTIONAL INFERENCE: ALIGNMENT AND ENTROPY PREDICT EMPATHIC ACCURACY

Marianne Reddan¹, Jamil Zaki², Tor Wager³, Shruti Tandon⁴, Zachary Sun⁵, Desmond Ong⁶, Ji Hae Choi⁷, Jae S Lee⁸, Isabella Kahhale⁹

¹University of Glasgow, ²Stanford University, ³Dartmouth College, ⁴Indian Institute of Technology, ⁵Yale University,

⁶University of Texas at Austin, ⁷Northwestern University, ⁸Toyota North America, ⁹University of Pittsburgh

We used fMRI and machine learning to develop neural signatures of socioemotional inference. Brain-based predictive models of target intent and observer inference aligned when observers made accurate judgments. Additionally, the entropy of fMRI activity during the inference task tracked empathic accuracy, and revealed finer grained neural dynamics underlying socioemotional cognition.

S.14.2 THE STRUCTURE AND CORRELATES OF BELIEFS ABOUT MENTAL STATE INTENSITY DYNAMICS

Mark Thornton¹, Landry Bulls¹

¹Dartmouth College

The intensities of different cognitive and affective states ebb and flow differently over time. This investigation measured people's beliefs about these intensity dynamics using a curve-drawing task. We found that people attribute different dynamics to different states, in a structured 3-dimensional way. Moreover, these dynamics correlated with multiple other measures of mental state understanding.

S.14.3 THE MODERATING ROLE OF LONELINESS ON EMOTION TRANSITION PREDICTIONS

Ava Ma De Sousa¹, Miriam E. Schwyck², Laura Furtado Fernandes², Ezra Ford³, Begum Babur⁴, Chang Lu⁴, Jacob Zimmerman⁵, Hongbo Yu¹, Shannon Burns³, Elisa Baek⁴

¹University of California, Santa Barbara, ²Columbia University, ³Pomona College, ⁴University of Southern California,

⁵University of California, San Diego

Across seven behavioral studies and one fMRI study, we find that lonely individuals hold more atypical and idiosyncratic emotion transition expectations for self and others. Furthermore, they show reduced accuracy and perceive greater emotional volatility in others, expecting more frequent valence switches and less emotional stability within positive or negative states.

S.14.4 EMPATHIC CONSTRUAL: HOW SHARED IDENTITY AND EXPERIENCE SHAPES INFERENCES ABOUT OTHERS' EMOTIONS

Shannon Burns¹

¹Pomona College

This study tests if empathic accuracy during emotional narratives depends on shared experience or identity between people. We found that, when listeners watched videos of speakers recounting emotional stories, shared experience and identity were associated with stronger empathic feelings but did not predict empathic accuracy for the speakers' reported feelings.

Symposium 15

Saturday, March 14 | 8:30–9:30am | Westmoreland Central

EMOTION EXPRESSIONS AND THE NORMS THAT GOVERN THEM

Chair: Sivenesi, Subramoney, Virginia Commonwealth University

Emotion expressions communicate important social information. This social information is communicated in several ways, including through facial expressions, touch, and in the context of dyadic relationships. Importantly, emotion expressions are highly variable and are governed by cultural norms. This symposium presents four talks on emotion expressions and the norms that govern them.

S.15.1 MORE THAN JUST SMILING: HOW POSITIVE EMOTIONS ARE EXPRESSED ON THE FACE

Kunalan Manokara¹, Irene Teulings², Yong-Qi Cong³, Roza Kamiloğlu⁴, Agneta Fischer³, Disa Sauter³

¹Duke University, ²University of Oslo, ³University of Amsterdam, ⁴Vrije Universiteit Amsterdam

We investigate how 22 positive emotions are expressed on the face, when produced spontaneously. Network analyses applied to extracted facial behaviours point to selective patterns of facial actions for 17 positive emotions, of which nine had expressive patterns that were qualitatively distinct. While some emotions involved smiling (e.g., positive surprise, elation) others did not (e.g., head turn for interest, raised chin for determination).

S.15.2 BEYOND HUGS AND KISSES: A NEW LOOK AT AFFECTIONATE TOUCH IN SAME-GENDER FRIENDSHIPS

Zoe Hansen¹, Sara B. Algoe¹

¹University of North Carolina at Chapel Hill

981 participants used our Comprehensive, Image-based Affectionate Touch Inventory – 28 GIFs depicting touch forms – to report touch frequencies and evaluations (e.g., affectionate, dominant) in a same-gender friendship. Black Americans engage in more touch than White Americans; Men and women do not differ in global touch frequency, but in the kinds of touch they use and how they evaluate them.

S.15.3 PROUDER TOGETHER: EXPLORING SELF AND DYADIC-PRIDE IN PARENT-CHILD CONVERSATIONS

Manasa Ganesh Kumar¹, Amelia Hinshaw¹, Eric Walle¹

¹University of California, Merced

Pride is conceptualized in reference to one's own achievement (self-pride). However, it can also reflect support of the achiever by social partners (dyadic pride). In our work, we present evidence from 43 parent-child dyads, indicating that parents may socialize dyadic pride more than self-pride, thus teaching their school-aged children to maintain social relationships.

S.15.4 CHILDREN'S TEACHING OF NOVEL EMOTION NORMS

Sivenesi Subramoney¹, Eric Walle²

¹Virginia Commonwealth University, ²University of California, Merced

This study examined children's ability to learn and teach novel emotion norms. Using a puppet-based paradigm, 5–6- and 8–9-year-olds observed emotion misunderstandings and could intervene. Results indicate that 8–9-year-old children, compared to 5–6-year-old children, were more likely to intervene and provide a verbal explanation to the second puppet.

Symposium 16

Saturday, March 14 | 11:00am–12:00pm | Allegheny

WHY DO PEOPLE CHOOSE NOT TO REGULATE THEIR EMOTIONS?



Co-Chairs: Danfei Hu & Maya Tamir, *Hebrew University of Jerusalem*

Emotion regulation is key to daily functioning, social relationships, and psychological health. Yet people do not always choose to regulate their emotions, even when it is feasible and beneficial. This symposium integrates perspectives from social, personality, clinical, and cultural psychology to examine why people sometimes choose not to regulate their emotions and the implications of doing so.

S.16.1 EXPLORING REASONS WHY PEOPLE DO NOT REGULATE THEIR EMOTIONS

Aya Uchida¹, Katharine Greenaway¹, Anh Tran¹, Maya Tamir², Elise Kalokerinos¹

¹*University of Melbourne*, ²*Hebrew University of Jerusalem*

We built a bottom-up taxonomy of reasons why people do not regulate their emotions. The most common reasons for not regulating were not wanting to make things worse, feeling regulation was impossible, and believing one's feelings were valid. Testing whether reason endorsement differed based on affect intensity, we found that in times of higher than usual negative affect, people most consistently chose not to initiate emotion regulation because they did not know how.

S.16.2 INDIVIDUAL DIFFERENCES IN NOT INITIATING EMOTION REGULATION AND REASONS WHY

Chihchia Jocelyn Lai¹, Nathaniel Eckland¹, Renee Thompson¹

¹*Washington University in St. Louis*

In an adult sample, we examined how individual differences and psychological functioning related to frequency of not initiating ER and reasons for not regulating. Women (versus men) and those with higher (versus lower) socioeconomic status were more likely to not regulate. Greater psychological functioning related to reasons for not initiating ER that reflected positive appraisals about emotions.

S.16.3 IF I'M SO ANXIOUS, WHY AM I NOT REGULATING?

Matthew Southward¹, Katharine Daniel², Bethany Teachman²

¹*Ohio State University*, ²*University of Virginia*

Adults (N = 113) with elevated social anxiety reported on their emotion regulation strategies 6 times per day for 5 weeks. The most common reason for not regulating was "not experiencing any feelings to change," followed by "too much effort," and "not knowing what to do." Those with less psychopathology reported no regulation because they were not experiencing any feelings they wanted to change.

S.16.4 WHAT HAPPENS WHEN WE FEEL WORSE THAN WE WANT TO? CULTURAL DIFFERENCES IN MOTIVATED EMOTION REGULATION

Danfei Hu¹, Yuri Miyamoto², Yulia Chentsova Dutton³, Lisy Kaspi¹, Tomotaka Okuyama², Maya Tamir¹

¹*Hebrew University of Jerusalem*, ²*Hitotsubashi University*, ³*Georgetown University*

Emotion regulation is initiated by the motivation to reduce discrepancy between experienced and desired emotions. In a cross-cultural experience sampling study, we showed that whereas motivation in emotion regulation varied as a function of the size of the discrepancies between experienced and desired emotions in the USA, such relationship was not observed among Japanese participants.

Symposium 17

Saturday, March 14 | 11:00am–12:00pm | Westmoreland West

NEUROBEHAVIORAL SENSITIVITY TO SOCIAL CUES: CORRELATES AND CONSEQUENCES

Chair: Michele Morningstar, *Queen's University*

Given high rates of loneliness and depression in teens and emerging adults, it is crucial to understand how youth's neural and behavioral responses to social cues shape—and are shaped by—their interpersonal experiences and psychological functioning. This cutting-edge research uses individualized and longitudinal approaches to better delineate how these processes unfold in youth's social contexts.

S.17.1 PERCEIVING FACIAL EXPRESSIONS IN EMERGING ADULTHOOD: THE ROLE OF INDIVIDUAL DIFFERENCES

Katherine Billetdeaux¹, Brittany Woodruff¹, Suzy Scherf¹

¹*Pennsylvania State University*

Emerging adults completed measures of autistic-like traits, social behaviors, and relationship duration, then performed an expression perception task. Problematic behaviors predicted lower sensitivity to basic and complex expressions, while longer relationships predicted higher sensitivity to both. Autistic-like traits and social skills didn't predict expression sensitivity.

S.17.2 HOW DOES SOCIAL NETWORK SIZE PREDICT AMYGDALA SENSITIVITY TO FRIENDS' EMOTIONAL CUES IN ADOLESCENCE?

Michele Morningstar¹, Victoria Cassel¹, Polly Clayton², Riley Bonar¹

¹*Queen's University*, ²*Durham University*

Amygdala function is linked to social network sizes in adults. Is amygdala response to peer cues tied to similar outcomes in adolescence—a time of marked neural and social change? 12–15-year-olds' social network size was linked to higher amygdala response to friends' happy expressions, but lower response to angry expressions. Teens' amygdala sensitivity to peers thus varied by social experiences.

S.17.3 NEURAL RESPONSES TO NEGATIVE PEER FEEDBACK PREDICT ENDURING RISK FOR SUICIDAL IDEATION IN CHRONICALLY SUICIDAL YOUNG ADULTS

Carly Lenniger¹, Kiera James¹, Helmet Karim¹, Erika Forbes¹, Jennifer Silk¹

¹*University of Pittsburgh*

Neural sensitivity to negative peer feedback may increase risk for persistent suicidal ideation (SI). Young adults with current SI completed an fMRI task featuring personalized positive, negative, and neutral feedback recordings from close friends. Greater right insula activation to negative feedback predicted higher SI one year later, controlling for baseline. Insula response may reflect enduring vulnerability to suicidal thinking.

S.17.4 ALTERED FRONTO-AMYGDALA ACTIVATION DURING SOCIO-AFFECTIVE PROCESSING PREDICTS INCREASES IN FUTURE DEPRESSIVE SYMPTOMS DURING ADOLESCENCE

Morgan Lindenmuth¹, Melanie Grad-Freilich¹, Stefanie Goncalves¹, Rasim Diler¹, Cecile Ladouceur²

¹*University of Pittsburgh*, ²*University of Pittsburgh Medical Center*

Alterations in fronto-amygdala circuitry and socio-affective processing are linked to adolescent depression. Yet, how these alterations influence the development and maintenance of depressive symptoms is poorly understood. This longitudinal study examined how regions of fronto-amygdala circuitry during processing of emotional face distracters predict changes in adolescent depressive symptoms.

Symposium 18

Saturday, March 14 | 11:00am–12:00pm | Westmoreland Central

INTERPERSONAL MECHANISMS LINKING PARENT–CHILD INTERACTIONS, EMOTIONAL EXPERTISE, AND ADOLESCENTS' MENTAL HEALTH

Chair: Lior Abramson, *Tel Aviv University*

Drawing mainly on experience sampling and dyadic designs, this symposium presents new insights into how real-world parent–child interactions shape adolescents' emotional expertise – encompassing emotional awareness, differentiation, regulation, and empathy – and how these socioemotional processes relate to adolescents' mental health.

S.18.1 PARENTAL EMOTIONAL SUPPORT AS A PREDICTOR OF EMOTION EXPERTISE AND PSYCHOPATHOLOGY; A 2 SAMPLE REPLICATION STUDY

Madison Bertran¹, Amy Carolus², Katie McLaughlin³, David Weissman³

¹*California State University, Dominguez Hills*, ²*University of Rochester*, ³*Harvard University*

A two sample replication study examining the link between parental emotional support in childhood and adult mental health, and the role that emotion expertise and experience play in mediating the relationship. In two different samples we measured how emotion granularity, emotion regulation (cognitive reappraisal/expressive suppression), and alexithymia affect risk for psychopathology in adulthood.

S.18.2 ADOLESCENTS WHO EXPERIENCE MORE INTERPERSONAL CONFLICTS ARE BETTER AT DIFFERENTIATING NEGATIVE EMOTIONS

Lior Abramson¹, Anna Vannucci², Andres De Los Reyes³, Christine Ohannessian⁴

¹*Tel Aviv University*, ²*Yale University*, ³*University of Maryland*, ⁴*University of Connecticut*

We examined links between adolescents' daily interpersonal conflicts and negative emotion differentiation, separating trait-like, between-person differences from within-person fluctuations. A between-person effect showed that adolescents reporting more frequent conflicts had more granular emotion differentiation, suggesting conflicts may serve as learning opportunities to refine emotional concepts.

S.18.3 EVERYDAY EMOTION REGULATION AND EMPATHIC ACCURACY IN THE PARENT–ADOLESCENT RELATIONSHIP

Reuma Gadassi-Polack¹

¹*Bar-Ilan University*

Using 28–daily diaries from 112 parent–adolescent dyads, we show that targets' maladaptive regulation of negative and positive emotions is associated with perceivers' lower empathic accuracy (EA). Adaptive positive (not negative) emotion regulation increased EA. Results suggest interventions should target emotion regulation to improve family understanding.

S.18.4 STRONGER PARENT–ADOLESCENT NEGATIVE-AFFECT LINKAGE IN THE REAL-WORLD FOLLOWING EARLY CAREGIVING ADVERSITY

Anna Vannucci¹, Ana Digiovanni², Lior Abramson³, Camila Vicioso⁴, Daniela Juarez⁴, Erin Joyce⁴, Erica Niemiec⁵, Niall Bolger⁴, Nim Tottenham⁴

¹*Yale University*, ²*Montclair State University*, ³*Tel Aviv University*, ⁴*Columbia University*, ⁵*Columbia University & Northeastern University*

Using EMA with 82 parent–adolescent dyads, we found that early caregiving adversity and concurrent insecure attachment were associated with stronger parent–child negative affect linkage. Stronger linkage, in turn, was related to reduced social emotion regulation and greater internalizing symptoms, highlighting dyadic affective linkage as a pathway linking early experience to emotional development.

Flash Talk Listings

Flash Talk 1

Friday, March 13 | 8:30–9:30am | Cambria

EMOTIONS IN EVERYDAY LIFE

Moderator: Dominique Maciejewski, *Tilburg University*

FT.01.01 LONG-TERM COUPLING OF DAILY AFFECT DYNAMICS AND PSYCHOPATHOLOGY ACROSS ADULTHOOD: A DYNAMIC STRUCTURAL EQUATION APPROACH

Sun Ah Lee¹, Zachary Fisher², David Almeida¹

¹*Pennsylvania State University*, ²*University of North Carolina-Chapel Hill*

Using 18 years of data from the MIDUS study, this study examined long-term coupling between daily affect dynamics and psychopathology. Longitudinal changes in depression severity were positively correlated with changes in negative affect mean levels, variability, and reactivity to daily stressors, suggesting dynamically linked trajectories of emotional and depressive processes across adulthood.

FT.01.02 EMOTIONAL RESPONSES TO CLIMATE CHANGE: DISTRESS AND DENIAL IN DUTCH YOUTH

Anne Margit Reitsema¹, Valesca Venhof², Bertus F. Jeronimus³, Andrik Becht⁴

¹*Georgetown University*, ²*University of Maastricht*, ³*University of Groningen*, ⁴*Utrecht University*

We conducted latent profile analysis in a population-representative sample of 1006 Dutch youth to examine coexisting patterns of climate distress and denial. Six profiles emerged, revealing that distress and denial often overlap rather than represent opposing reactions.

FT.01.03 HOW DO PEOPLE DECIDE HOW THEY FEEL? A MIXED-METHODS INVESTIGATION INTO RESPONSE PROCESSES DURING EMOTION ASSESSMENT IN EXPERIENCE SAMPLING METHODS (ESM) STUDIES

Dominique Maciejewski¹, Leonie Cloos², Marieke Schreuder¹, Leonie Vogelsmeier¹, Yong Zhang³, Niels Vanhasbroeck², Laura Bringmann³, Leonie Schorlepp¹

¹*Tilburg University*, ²*KU Leuven*, ³*University of Groningen*

In this mixed-methods ESM study (28 days, 5x/day), participants rated emotions and reflected on their choices using open-ended text boxes (>4,000 responses). Results reveal substantial variability in responses processes, interpretation of scale points and conflation of multiple timescales when asked to rate current emotions. Findings challenge the validity of ESM for emotion measurement.

FT.01.04 ENRICHING ECOLOGICAL MOMENTARY ASSESSMENTS VIA SMARTPHONE “VIDEO SELFIES”

Hadley Rahrig¹, Yogesh Prabhu¹, Matthew Kaharudin¹, Simon B Goldberg¹, Richard Davidson¹, Ross Jacobucci¹, Christine Wilson-Mendenhall¹

¹*University of Wisconsin, Madison*

We establish the validity for a “video selfie” ecological momentary assessment, in which participants self-recorded their present-moment experiences via smartphone. Using multimodal data from 66,352 video clips (N = 1,634 participants), we demonstrate that video selfies improved prediction of depression, anxiety, and flourishing above and beyond self-report ecological momentary assessment.

FT.01.05 EVERYDAY BREATHING, EVERYDAY FEELING: ACCEPTANCE STRENGTHENS THE LINK BETWEEN RESPIRATORY ACTIVITY AND POSITIVE EMOTION IN DAILY LIFE

Sean Minns¹, Jonathan Stange¹

¹*University of Southern California*

In a 7-day EMA study using a respiratory wearable, 73 adults, 36 with remitted depression and 37 controls, showed that faster breathing and higher minute ventilation predicted higher high arousal positive affect 30 minutes later. Relationships were stronger in those with greater acceptance-based emotion regulation use. Respiration may guide just-in-time strategies to boost positive affect.

FT.01.06 HF-HRV RELATES TO MOMENTARY AFFECT DISTINCTLY AT BETWEEN- AND WITHIN-PERSON LEVELS

Xin Hu¹, Kristin Naragon-Gainey², Lauren Bylsma¹

¹*University of Pittsburgh*, ²*University of Western Australia*

This study examined how high-frequency heart rate variability (HF-HRV) relates to daily affect, after accounting for circadian rhythms. 374 adults completed a 10-day ecological momentary assessment with electrocardiograms recorded. Higher HF-HRV predicted greater positive affect (PA) between-persons, yet lower PA at the within-person level. HF-HRV did not predict negative affect at either level.

Flash Talk 2

Friday, March 13 | 8:30–9:30am | Westmoreland East

COGNITION & EMOTION

Moderator: Helen Uusberg, *University of Tartu*

FT.02.01 APPRAISAL VARIABILITY AND REAPPRAISAL SUCCESS

Helen Uusberg¹, Maria Krajuškina¹, Kaitlyn Werner¹, James Gross², Andero Uusberg¹

¹*University of Tartu*, ²*Stanford University*

Should reappraisals always be tailored to specific situations? In two studies, we extracted appraisal profiles from participants who were viewing and reappraising affective images. Reappraisal reduced appraisal profile variability, and greater reduction predicted greater reappraisal success. Thus, effective reappraisal may rely on re-using a limited set of reappraisals across situations.

FT.02.02 EXPRESSION OF EMOTION REGULATION STRATEGIES IN SPONTANEOUS THOUGHT PREDICTS MENTAL HEALTH

Faustine Corbani¹, Razia Sahi¹, Erik Nook¹, Diana Tamir¹

¹*Princeton University*

We developed linguistic signatures that predicted the use of six emotion regulation strategies from people's spontaneous thoughts using features of thought content and dynamics. The strength of these signatures predicted depression severity both in and out of sample. These findings reveal how people regulate emotion in daily life and establish a linguistic marker that predicts mental health.

FT.02.03 MEMORY VALENCE AND GENDER PREDICT HOW PARENTS TALK ABOUT SHARED EMOTIONAL MEMORIES

Deniz Çetin¹, Silje Steinsbekk¹, Peter Krøjgaard², Riikka Pauliina Svane³, Jolene Van Der Kaap-Deeder¹

¹*Norwegian University of Science and Technology*, ²*Aarhus University*, ³*University of Southern Denmark*

When parents talk about emotional memories with high autonomy support, children are more engaged in these conversations and have a better understanding of emotions. We examined possible predictors of high autonomy support by observing parent-child conversations. The results show that memory valence and gender predict how parents talk about emotional memories.

FT.02.04 COGNITIVE REAPPRAISAL CHANGES COGNITIVE EVALUATIONS MORE THAN AFFECTIVE EXPERIENCES

Henna Vartiainen¹, Erik Nook¹

¹*Princeton University*

Across two preregistered studies, cognitive reappraisal more strongly altered cognitive evaluations of an event (semantic valence) compared to how positive/negative participants actually felt (affective valence). Ratings made under default valence instructions resembled semantic valence, suggesting past studies may overestimate reappraisal's effect on emotional experiences.

FT.02.05 EMOTION JUDGMENT CONFLATION: WHEN STEREOTYPED EMOTIONS SEEM NEUTRAL



Gold Okafor¹, Iris Mauss²

¹*Yale University*, ²*University of California, Berkeley*

Across three studies, we introduce the emotion judgment conflation framework, showing that when people with identities strongly linked to certain emotions (e.g., Black men with anger, women with sadness) express those emotions, they are judged as neutral, whereas others are judged by the emotion's typical social function—revealing bias in how gender, race, and emotion intersect.

FT.02.06 WITHIN-PERSON POSITIVE AND NEGATIVE MOOD FLUCTUATIONS DISTINCTLY MODULATE NEURAL RESPONSES TO VALUE AND UNCERTAINTY DURING REINFORCEMENT LEARNING

Aliona Tsypes¹, Michael Hallquist², Eran Eldar³, Alexandre Dombrovski¹

¹*University of Pittsburgh*, ²*University of North Carolina at Chapel Hill*, ³*Hebrew University of Jerusalem*

Using mobile EEG recorded during a 28-day reinforcement learning study (up to 3,905 trials per participant) and ecological momentary assessment of mood, we examined how mood fluctuations modulate neural responses to value and uncertainty in 318 adults with varying levels of mood instability. The findings suggest distinct modulation of post-feedback value vs. uncertainty signals by momentary mood.

Flash Talk 3

Friday, March 13 | 4:15–5:15pm | Cambria

EMOTION LANGUAGE AND AWARENESS

Moderator: Yael Millgram, *Tel Aviv University*

FT.03.01 KNOWING WHY IT HURTS: DIFFICULTIES IDENTIFYING SOURCES OF EMOTIONS PROSPECTIVELY PREDICT SUICIDAL THOUGHT PERSISTENCE OVER SIX WEEKS

Yael Millgram¹, Veronika Chernetzka¹

¹*Tel Aviv University*

Suicidal thoughts persist in about one-third of cases, increasing suicide risk. This longitudinal study shows that difficulty in identifying causes of emotions may contribute to suicidal thought persistence. For each 1-point decrease in source identification, the odds of persistence rose by 68%, pointing at a novel risk factor and potentially a new target for intervention.

FT.03.02 EMOTION REGULATION DIVERSITY AND EMOTIONAL RECOVERY FROM NEGATIVE EMOTIONS IN DAILY LIFE: THE MODERATING ROLE OF NEGATIVE EMOTION DIFFERENTIATION

Shimrit Daches¹, Asaf Shimoni¹

¹*Bar-Ilan University*

We examined whether emotion-regulation (ER) diversity predicts recovery from negative emotions in daily life and whether negative emotion differentiation (NED) moderates this effect. Using week-long ecological assessments, greater ER diversity predicted poorer recovery, whereas higher NED improved recovery and buffered, but did not reverse, the negative impact of ER diversity.

FT.03.03 BEYOND HAPPY AND SAD – COMPARING EMOTIONAL DIVERSITY AND GRANULARITY IN DAILY LANGUAGE

Ratna Kandala¹, Ali Faraji-Rad², Angeliq Pershon³, Vera Vine⁴, Katie Hoemann¹

¹*University of Kansas*, ²*University of Maryland*, ³*KU Leuven*, ⁴*Queen's University*

We used natural language data from an innovative experience sampling study to examine how the number (diversity) and context-specificity (granularity) of emotion word use are related to well-being. Diversity and granularity for positive and negative emotions were significantly associated with momentary valence, while negative granularity was associated with questionnaire measures of mental health.

FT.03.04 ARE PEOPLE WITH ALEXITHYMIA LESS ACCURATE WITH OTHERS' EMOTIONS?

Ella Givon^{1,2}, Shir Genzer², Anat Perry², Casey Brown³

¹*Hebrew University of Jerusalem*, ²*Georgetown University*, ³*Hebrew University of Jerusalem*, ³*Georgetown University*

This work explores the link between alexithymia and empathy using behavioral measures that bypass self-report biases. Across three naturalistic datasets, findings reveal that while self-reported empathy shows consistent associations with alexithymia, performance-based measures show no such correlation.

FT.03.05 BELIEFS ABOUT GRANULARITY SHAPE PERCEIVED RESPONSIVENESS IN ROMANTIC RELATIONSHIPS

Eva Yuchen Liu¹, Yamini Pant¹, Srishti Goel¹, Maria Gendron¹

¹*Yale University*

The present study used experience sampling to examine relational consequences of emotion granularity in couples' daily lives. Dyadic response-surface analysis showed that stronger beliefs about the partner's granularity—held by both partners—predicted greater perceived partner responsiveness, whereas granularity of perceptions in everyday interactions did not.

FT.03.06 ASSOCIATIONS BETWEEN EMOTION DIFFERENTIATION AND ANXIETY SYMPTOMS IN THE CONTEXT OF PSYCHOTHERAPY

Christine Dworschak¹, Laura E. Meine¹, Birgit Kleim¹

¹*University of Zürich*

Negative emotion differentiation (ED) is linked to anxiety, but its role in therapy is unclear. In a randomized controlled trial in individuals with different anxiety disorders (treatment: n=71; waitlist: n=24), negative ED interacted with negative affect to predict avoidance at baseline and at posttreatment, pointing to ED significantly shaping the relation between negative affect and avoidance.

Flash Talk 4

Friday, March 13 | 4:15–5:15pm | Westmoreland

EMOTION REGULATION

Moderator: Luis Flores, *Rutgers University – New Brunswick*

FT.04.01 AN EXPERIMENTAL TEST OF POLYREGULATION COMBINING INTRAPERSONAL AND INTERPERSONAL EMOTION REGULATION STRATEGIES

Luis Flores¹, Olivia Webster², Jacob De Jong², Jennifer Fudge³

¹*Rutgers University – New Brunswick*, ²*Queen's University*, ³*University of Waterloo*

This behavioral experiment compared the effectiveness and cognitive efficiency of prototypical intrapersonal (cognitive reappraisal) and interpersonal (handholding) ER strategies when conducted separately versus combined (i.e., polyregulation). Findings suggest that combining cognitive reappraisal with handholding may bolster its effectiveness in a cognitively efficient manner.

FT.04.02 DOES CONTEXT MATTER FOR EMOTION POLYREGULATION?

Kaitlyn Werner¹, Kate Petrova², Helen Uusberg¹, Andero Uusberg¹, Elliot Berkman³, James Gross²

¹*University of Tartu*, ²*Stanford University*, ³*University of Oregon*

Using experience sampling and cross-sectional designs, we examined 18 contextual factors predicting polyregulation in response to emotion events. Findings indicate that polyregulation was most common among people with larger strategy repertoires and in moments of heightened negative emotion. Discussion will focus on how to better capture context to understand emotion regulation in daily life.

FT.04.03 THE EMOTION REGULATION QUESTIONNAIRE-30 (ERQ-30): A 30-ITEM MEASURE OF 10 CLINICALLY RELEVANT EMOTION REGULATION STRATEGIES

David Preece¹, James Gross²

¹*Curtin University*, ²*Stanford University*

Building on the rich history of the ERQ, the ERQ-30 is a new version of this questionnaire—designed to enhance the comprehensiveness of emotion regulation assessments. The ERQ-30 assesses use of 10 regulation strategies, spanning all stages of the process model. In introducing the ERQ-30, we show it to have strong psychometrics, and can now help to underpin a new generation of affective science.

FT.04.04 I DESERVE TO FEEL POSITIVE: JUSTIFICATION BELIEFS ABOUT EMOTIONS AND EMOTION REGULATION IN DAILY LIFE

Eunseo Song¹, Sohee Park¹, Sunkyung Yoon¹

¹*Sungkyunkwan University*

Justification beliefs about emotions reflect the extent to which individuals see their emotions as valid and reasonable. We developed and validated a 12-item scale assessing beliefs about positive (PE) and negative emotions (NE). In a 7-day EMA study (N = 122), stronger PE beliefs predicted greater savoring and positive rumination, suggesting that such beliefs may help people more fully appreciate PE.

FT.04.05 POLITICAL IS PERSONAL: INVESTIGATING ELECTION-RELATED STRESS COPING DURING THE 2024 US PRESIDENTIAL ELECTION



Yun Evelina Bao¹, Ashwini Ashokkumar², Ajua Duker¹

¹*New York University*, ²*Harvard University*

We conducted a 5-wave study (N=1188) that tracked emotions, well-being, emotion regulation (ER), and political actions during the 2024 U.S. election. Successful ER predicted less negative emotions, better well-being, but lower political action intentions. However, the link between reappraisal and well-being was weaker for Black participants, suggesting ER benefits are not universal.

FT.04.06 TESTING THE CAUSAL ROLE OF LINGUISTIC DISTANCING IN ENHANCING EMOTION REGULATION

Claire Whiting¹, Christopher Rozek², David Rozek³, Benjamin Kedl², Jenalee Doom⁴, Erik Nook¹

¹*Princeton University*, ²*Washington University in St. Louis*, ³*University of Texas Health Science Center San Antonio*, ⁴*University of Denver*

Linguistic distancing has been linked to effective cognitive reappraisal, but effects in younger populations and naturalistic contexts are underexplored. Across four studies with adolescent and adult samples, we examine correlations between linguistic distance and reappraisal success and test whether experimentally increasing distance can causally improve reappraisal.

Flash Talk 5

Friday, March 13 | 5:30–6:30pm | Cambria

DIGITAL & HEALTH APPLICATIONS

Moderator: Darwin Guevarra, *Miami University*

FT.05.01 A DIGITAL SHOULDER TO CRY ON: WHAT LARGE LANGUAGE MODELS REVEAL ABOUT EFFECTIVE EXTRINSIC EMOTION REGULATION

Yuhui Chen¹, Sarah Walker², Belén López-Pérez¹

¹*University of Manchester*, ²*Durham University*

LLMs are increasingly used for emotional support, yet how they help remains unclear. Across three studies, we found LLMs use similar comforting strategies as humans and can improve emotions as effectively or even better. Emotional validation did not explain benefits. Instead, concrete, actionable support boosted comfort. These insights can inform AI design and improve human support skills in everyday interactions.

FT.05.02 EFFECTIVENESS OF CHATBOT AND HUMAN CONVERSATIONS TO REGULATE EMOTION FOLLOWING ACUTE STRESS: EXAMINING AFFECT, PHYSIOLOGICAL REACTIVITY, AND SOCIAL CONNECTEDNESS

Mark Chen¹, Anan Feng², Wendy Berry Mendes¹

¹*Yale University*, ²*Columbia University*

Artificial intelligence enables chatbot-based psychosocial interventions, but it is unclear whether humans confer unique benefits. In this experiment (N = 103), participants completed a stress task followed by a 5-min emotion regulation conversation with either a human or chatbot. Both reduced affective and physiological stress responses, but only human conversations enhanced social connectedness.

FT.05.03 BIASED MOTIVE INFERENCES OF ONLINE OUTRAGE UNDERMINE CROSS-PARTISAN CONVERSATIONS

Chen-Wei Yu¹, William Brady¹

¹*Northwestern University*

Moral outrage shapes online political discourse; yet its motives are understudied. We developed a taxonomy of outrage motives and found people express outrage mainly to raise awareness, not to troll. However, partisans assume the outgroup mainly wants to troll, fueling polarization. An intervention correcting these misperceptions boosted willingness for cross-partisan conversations.

FT.05.04 BRIEF DIGITAL MICRO-ACTS TO PROMOTE EMOTIONAL WELL-BEING: EVIDENCE FROM THE BIG JOY PROJECT



Darwin Guevarra^{1,2}, Yoobin Park¹, Xuhai Xu³, Jin Liou¹, Jolene Smith⁴, Peggy Callahan⁴, Emiliana Simon-Thomas⁵, Elissa Epel¹

¹*University of California, San Francisco*, ²*Miami University*, ³*Columbia University*, ⁴*Mission: JOY*,

⁵*University of California, Berkeley*

A one-week digital program delivering brief daily micro-acts of joy was tested in a large global sample. Participants showed significant pre-post improvements in emotional well-being, positive emotion, and happiness agency, alongside reduced stress and modest gains in health and sleep. Benefits scaled with engagement and were larger among socially disadvantaged groups, highlighting the promise of low-burden, scalable well-being interventions.

FT.05.05 A NEURAL SIGNATURE OF VAPING AND SMOKING CUES

Shangcheng Zhao¹, Yidi Wang¹, Hongbo Yu¹, Lawrence Sweet², Jiaying Liu¹

¹*University of California, Santa Barbara*, ²*University of Georgia*

Using fMRI and machine learning, we identified a neural signature of vaping craving in 66 young adult vapers. Brain activity in the PCC, inferior frontal gyrus, and right insula predicted subjective craving ($r = 0.89$). Neural patterns for vaping and smoking showed moderate similarity, revealing shared reward-related processes underlying nicotine craving.

FT.05.06 MODELING THE DYNAMICS OF PAIN AND EMOTION: THE MODERATED RESERVOIR MODEL

Mirinda Whitaker^{1,2}, Pascal Deboeck¹, Jeanine Stefanucci¹, Akiko Okifuji¹

¹*University of Utah*, ²*Ohio University*

This project introduces the Moderated Reservoir Model, a novel Bayesian dynamical systems approach that captures how one time-varying process (e.g., emotion) moderates the dynamics of another affective process (e.g., pain). Simulation and empirical results highlight the utility of this model for capturing the dynamics of affective regulation.

Flash Talk 6

Friday, March 13 | 5:30–6:30pm | Somerset East

EXPRESSING AND RECOGNIZING EMOTIONS

Moderator: Hillel Aviezer, *Hebrew University of Jerusalem*

FT.06.01 THE COMPELLING ILLUSION OF PERCEIVING EMOTIONS FROM FACIAL EXPRESSIONS

Hillel Aviezer¹, Zohar Kohana¹, Yotam Tichover¹

¹*Hebrew University of Jerusalem*

Are perceivers aware of the ambiguity of facial expressions and their contextual dependency? Participants rated images in which the valence of faces blatantly differed from that of the context. Valence ratings were determined by context, yet participants were unaware of this. This suggests a compelling illusion: faces erroneously appear to signal emotions, while context is discounted.

FT.06.02 SEEN AND HEARD: EXPLORING THE LINKS BETWEEN EMOTION LANGUAGE AND FACIAL INFORMATION IN INFANTS' EVERYDAY LIVES

Shannon Brady¹, Elyse Lanterman¹, Giselle Grench¹, Lauren Leotti¹, Katie Hoemann², Jeffrey Girard², Lisa Oakes³, Lisa Barrett⁴, Vanessa LoBue¹

¹*Rutgers University*, ²*University of Kansas*, ³*University of California, Davis*, ⁴*Northeastern University*

What kinds of input do infants receive to make sense of their own and others' emotions? In light of recent work noting a scarcity of stereotyped facial configurations in infants' everyday interactions, this project explores and describes the amount and type of emotion language heard in infants' naturalistic settings and how that language relates to the quality and frequency of emotional facial configurations seen.

FT.06.03 EXAMINING THE INFLUENCE OF HOUSEHOLD CHAOS AND PARENT EMOTIONALITY ON INFANT ATTENTION TO EMOTION

Giselle Grench¹, Jada Waddell², Cassandra Bell³, Tianyu Hu³, Koraly Pérez-Edgar⁴, Kristin Buss⁴, Vanessa Lobue³

¹*Rutgers Newark*, ²*Rider University*, ³*Rutgers University*, ⁴*Pennsylvania State University*

Is household chaos related to negative emotions in parents or infant attention to threat? Preliminary work with 24-month-old infants revealed an indirect relation between household chaos and infant attention to angry facial configurations via parent negative emotionality. As a continuation of this analysis, this project will examine this question longitudinally at 4, 8, 12, 18, and 24 months.

FT.06.04 EMOTION RECOGNITION FROM FACES AND VOICES IN ADOLESCENCE: GREATER ACCURACY AND INTENSITY SENSITIVITY FOR FACES

Emma Canning¹, Michele Morningstar¹

¹*Queen's University*

Adolescents ages 12–15 completed facial and vocal emotion recognition tasks with anger, fear, and happiness at varying intensities. Accuracy was higher for faces than voices, and increased with intensity—with steeper improvements in accuracy with intensity for faces than voices. Findings suggest that changes in emotional intensity promote facial, but not vocal, emotion recognition in adolescents.

FT.06.05 LEARNING VALUE FROM OTHERS' EMOTIONS: AFFECTIVE OBSERVATION GUIDES DECISION-MAKING PROCESSES UNDER UNCERTAINTY

Thomas Ganzetti¹, Luke Mcellin², Fabrice Clément³, Danielle Shore¹, Brian Parkinson¹

¹*University of Oxford*, ²*Central European University*, ³*University of Neuchâtel*

This study examined whether and how observed emotional reactions to unfamiliar objects guide value learning in the absence of direct interaction (i.e., affective observation). In 4 pre-registered Experiments, we found that people use others' facial emotions to infer and generalize value, highlighting affective observation as a key mechanism for adaptive decision-making in novel environments.

FT.06.06 HELPING BEHAVIORS RELY ON EXPLICIT BUT NOT IMPLICIT INFERENCES OF AFFECT

Doron Atias¹, Maria Gendron¹

¹*Yale University*

Across two studies (N=1,534), we showed how making explicit affective inferences before behaving facilitates the link between naturalistic expressions and social behavior. Participants donated more money and showed greater sensitivity to naturalistic vocalizations when first explicitly inferring about affect. Without explicit inferences, donations were lower and less sensitive to vocalizations.

Flash Talk 7

Friday, March 13 | 5:30–6:30pm | Westmoreland East

SOCIAL PROCESSES

Moderator: Megan Meyer, *Columbia University*

FT.07.01 FIGURING OUT THE NEW SOCIAL ENVIRONMENT AND ITS DEMANDS: CHANGES FROM ELEMENTARY TO MIDDLE SCHOOL

Aiste Abeciunaite¹, James Capella², Kaitlyn Burnell¹, Eva Telzer¹

¹*University of North Carolina at Chapel Hill*, ²*University of North Carolina*

This study examines how the transition from elementary to middle school reshapes peer networks and peer influence with implications for well-being. Elementary students had smaller but more interconnected networks. Social information use peaked at age 11.7, and among middle schoolers, greater social information use predicted fewer depressive symptoms, while network characteristics had no effect.

FT.07.02 EMOTION REGULATION CONTAGION IN EVOLVING SOCIAL NETWORKS

Yajun Cao¹, Wen Wu², Amit Goldenberg³

¹*Harvard University*, ²*Beijing Jiaotong University*, ³*Harvard Business School*

We examined how emotion regulation strategies shape and spread in social network formation using longitudinal data from 496 new employees tracked over nine months in a Fortune 500 company. New friendships were more likely to form between individuals with similar reappraisal levels, and connecting with higher-reappraisal coworkers predicted later increases in one's own reappraisal and well-being.

FT.07.03 THE EMPATHY FACTORY: ENGAGING ALL AGES IN REAL-WORLD NEUROSCIENCE RESEARCH



Suzanne Dikker¹, Ozge Ugurlu², Yulong Huang¹, Annabel Nijhof¹, Anne-Lise Florin³

¹*Ghent University*, ²*University of California, Berkeley*, ³*University of Pavia*

The Empathy Factory is a large-scale community science project exploring the brain basis of multigenerational interactions. Museum visitors (ages 5–85) engage in social activities with real-time biofeedback of inter-brain and -body synchrony. Early data show increased social closeness and trust in humanity post-activity. Overall, older adults trust strangers less. These findings show promise for enhancing social cohesion through face-to-face interaction and social biofeedback.

FT.07.04 IDENTITIES ALIGN IN CONVERSATION TO FACILITATE FEELINGS OF SOCIAL CONNECTION

Megan Meyer¹, Christopher Welker², Thalia Wheatley³, Amisha Vyas¹

¹*Columbia University*, ²*University of Virginia*, ³*Dartmouth College*

Each of us has a distinct sense of self, yet social connection often involves self-other overlap. How do we preserve identity while feeling close? This talk shows that during interaction, people spontaneously align their self-concepts. In round-robin conversations (N=96), self-concepts aligned after (vs. before) interaction and predicted social connection.

FT.07.05 THE CHAMELEON SELF: PEOPLE SELF-DEROGATE TO ALIGN THEMSELVES WITH OTHERS

Arshiya Aggarwal¹, Jacob Elder¹, Tyler Davis², Brent Hughes¹

¹*University of California, Riverside*, ²*Independent Researcher*

This research (N=390, three studies) examined how group norms shape self-concept. Participants rated themselves higher on group-normative traits regardless of social desirability, conforming to both ingroup and outgroup norms—a 'chameleon self' that adapts to any social context. However, conformity decreased when hedonic costs were high, revealing a trade-off between fitting in and feeling good.

FT.07.06 EARLY LIFE ADVERSITY PREDICTS DECLINING EMPATHY FROM CHILDHOOD TO ADOLESCENCE

Isabella Kahhale^{1,2}, Sriparna Sen¹, Amy Byrd¹, Jamie Hanson¹

¹*University of Pittsburgh*, ²*Harvard Medical School/McLean Hospital*

Using data from over 11,000 youth in the ABCD Study®, this pre-registered analysis found that early life adversity (ELA) predicts lower initial empathy and steeper declines from childhood to adolescence. ELA appears to hinder rather than enhance empathy during this sensitive developmental period, contrary to findings with adult populations

Flash Talk 8

Saturday, March 14 | 8:30–9:30am | Cambria

INTERPERSONAL EMOTION REGULATION

Moderator: Tammy English, *Washington University in St. Louis*

FT.08.01 ACCURATE INSIGHT INTO OTHERS' EMOTIONS SUPPORTS INTERPERSONAL EMOTION REGULATION

Isabella Aslarus¹, Jamil Zaki¹

¹*Stanford University*

What enables people to successfully regulate others' emotions? We propose that interpersonal emotion regulation depends on both regulatory goals and accurate perception of others' emotions. Leveraging experience sampling in a social network, we find that perceivers with greater insight into others' emotions made interaction partners feel better, but only when it was their goal to do so.

FT.08.02 ALEXITHYMIA AND EVERYDAY INTERPERSONAL EMOTION REGULATION

Eva Geiger¹, Julia Ditzer², Jutta Joormann³, Sven Barnow¹, Luise Pruessner¹

¹*Heidelberg University*, ²*Technische Universität Dresden*, ³*Yale University*

This research examined associations between alexithymia and everyday interpersonal emotion regulation (IER). Using two ecological momentary assessment studies, higher alexithymia was linked to reduced IER goal formation, more counter-hedonic goals, and greater use of problem-focused but fewer affiliative strategies, highlighting IER as a potential mechanism underlying social dysfunction.

FT.08.03 CRUEL TO BE KIND? EMOTIONAL ANTECEDENTS OF ALTRUISTIC AFFECT WORSENING IN EVERYDAY LIFE

Yuhui Chen¹, Yifan Huang¹, Belén López-Pérez¹

¹*University of Manchester*

Research on extrinsic interpersonal emotion regulation has predominantly examined affect improvement, while altruistic affect worsening (AAW) remains underexplored. In a 7-day EMA study (N = 204) using DSEM, we show that AAW occurs mainly in close relationships and is driven by prosocial emotions such as compassion, worry, and happiness.

FT.08.04 ARE COUPLES SIMILAR IN HOW THEY REGULATE EACH OTHER'S EMOTIONS?: DECOMPOSING TYPICAL TENDENCIES AND DAILY FLUCTUATIONS IN PROVISION OF REGULATORY SUPPORT

Zhouzhou He¹, Eisha Haque¹, Niall Bolger¹, Kevin Ochsner¹

¹*Columbia University*

Are couples similar in how they regulate each other's emotions? In a 21-day dyadic daily diary (N = 119 couples), we found they were similar in their typical support style across days (reflecting relationship microcultures), but differed in daily strategies used in response to specific emotional disclosures (reflecting situational variability).

FT.08.05 INTERPERSONAL EMOTION REGULATION MOTIVES IN PRODUCTIVE AND SATISFYING DYADIC CONVERSATIONS

Tammy English¹, Jocelyn Lai¹, Junyuan Luo¹, Claire Gowney²

¹*Washington University in St. Louis*, ²*Stanford University*

How do interpersonal emotion regulation (IER) motives vary based on relationship characteristics and differentially predict dyadic conversation outcomes across adulthood? We present evidence suggesting effective IER involves more than trying to get along or make a person feel positively, as being motivated by a desire to make progress in an area of concern results in more productive conversations.

FT.08.06 DO PARTNER'S EFFORTS TO REGULATE EACH OTHER'S EMOTIONS PREDICT THEIR POSITIVE AND NEGATIVE AFFECT OVER TIME?

Beyzanur Arican Dinc¹, Alisa Bedrov¹, Shelly Gable¹

¹*University of California, Santa Barbara*

Using data from 195 romantic couples, we found that partners' efforts to improve each other's emotions predicted higher positive affect for both partners over time, while attempts to worsen a partner's emotions increased only one's own negative affect, not the partner's. These results highlight how regulating close others' emotions may influence individual well-being.

Flash Talk 9

Saturday, March 14 | 8:30–9:30am | Westmoreland East

DISCRETE EMOTIONS

Moderator: Paul Deutchman, *University of Pennsylvania*

FT.09.01 NOSTALGIA FOR THE PAST INFLUENCES FUTURE MEMORIES

Hetvi Doshi¹, Sihan Zhou¹, Adam Anderson¹

¹*Cornell University*

Nostalgic reverie can change what we later remember of the environment present in that moment. A behavior experiment and an fMRI study show that nostalgia boosts recognition memory, like other emotions, but unlike them, likely achieves this via neural activation of autobiographical representations.

FT.09.02 FORECASTERS OVERESTIMATE THE EFFECT OF MEANINGFUL AND STIMULATING ACTIVITIES ON FEELINGS OF BOREDOM, BUT UNDERESTIMATE THEIR EFFECTIVENESS

Chenyang He¹, Karen Gasper¹

¹*Pennsylvania State University*

Boredom is common and linked to adverse outcomes. This study examines whether meaningful vs. stimulating activities reduce boredom and if people accurately forecast their effectiveness. Two experiments (N=519; N=240) induced boredom and asked respondents to complete a meaningful vs. stimulating activity. Both activities were effective, and people overestimated boredom reduction but underestimated effectiveness, revealing a novel forecasting error.

FT.09.03 THE PSYCHOLOGY OF CRINGE

Paul Deutchman¹, Shaon Lahiri²

¹*University of Pennsylvania*, ²*College of Charleston*

Cringe is an underexplored self-conscious emotion that is increasing in popular usage. We define cringe as sensitivity to intentional norm violations signaling disapproval of transgression. Across five studies (N=1415), we provide empirical support for our definition, develop and validate an individual difference measure of cringe sensitivity, and distinguish cringe from vicarious embarrassment.

FT.09.04 CURIOSITY AND MEMORY RETENTION: THE BENEFIT OF SHARING KNOWLEDGE

Thandi Lyew¹, Xinyi Wang¹, Emily Falk¹, David Lydon-Staley¹

¹*University of Pennsylvania*

People remember what sparks their curiosity—and sharing may be part of the reason why. Trivia that piqued curiosity was more likely to be shared with others and then remembered one week later, partly because people shared it with others. These results highlight social engagement as a potential pathway through which curiosity reinforces learning.

FT.09.05 NOT SO EASILY EMBARRASSED? EMBARRASSMENT AND POSITIVE EMOTION DYSREGULATION IN BIPOLAR DISORDER

Angie Gross¹, Virginia Sturm², Elizabeth Reeves³, June Gruber¹

¹*University of Colorado Boulder*, ²*University of California, San Francisco*,

³*National Institute of Mental Health, Emotion and Development Branch*

Embarrassment reflects adaptive social attunement, but dysregulation of positive emotion may disrupt this process. Bipolar disorder (BD), marked by positive emotion dysregulation, offers a key context for studying this link. Using an embarrassment-eliciting task, individuals with BD showed blunted emotional reactivity relative to controls.

FT.09.06 FEAR, FIRE, FORMIDABLE: EXAMINING THE FUNCTIONAL UTILITY OF FEAR IN AFRICAN TRADITIONAL RELIGION



De-Graft Agyei¹, Vivian Dzokoto¹

¹*Virginia Commonwealth University*

Affect in Abrahamic religions has been the focus of some research, but the role of emotion in indigenous religions has been underexplored. This study examines the role of fear as an organizing affect within African Traditional Religion, tracking its role and regulation in the recruitment, training, and ritual practice of traditional priests in Ghana, West Africa.

Flash Talk 10

Saturday, March 14 | 11:00am–12:00pm | Cambria

DYADIC PROCESSES

Moderator: Hannah Marshall, *University of Southern California*

FT.10.01 MORE COMMITTED, LESS ACCURATE: EMOTION PERCEPTION DURING COUPLE CONFLICT

J. Doris Chi¹, Jieni Zhou², Yoobin Park³, Wendy Berry Mendes²

¹Yale School of Public Health, ²Yale University, ³University of California San Francisco

The study examined how commitment affects emotion perception after conflict in 70 romantic couples. Using the truth-and-bias model, results showed people underestimated partners' positive and overestimated negative emotions. Higher commitment predicted perceiving less partner negativity, greater self-projection, and lower accuracy for negative emotions, suggesting love's bias intensifies with commitment.

FT.10.02 TEMPORAL DYNAMICS OF POSITIVITY RESONANCE IN YOUTH-CAREGIVER CONFLICT CONVERSATIONS

Beckett Sands¹, Claudia Haase¹, Vijay Mittal¹, Matias Martinez^{1,2}, Alison Schreiber³, Ozge Ugurlu⁴

¹Northwestern University, ²Vanderbilt University, ³University of Kentucky, ⁴University of California, Berkeley

This laboratory-based study showed that positivity resonance (i.e., moments when partners simultaneously experienced positive affect) increased over time during a conflict conversation in 67 youth-caregiver dyads, with stronger attachment predicting greater increases. Results provide insights into the temporal dynamics of positivity resonance during conflict and their attachment origins.

FT.10.03 DAILY CONCURRENT AND LAGGED AFFECTIVE SYNCHRONY IN PARENT-ADOLESCENT DYADS: DISTINCT PREDICTORS ACROSS SYNCHRONY TYPES

Hannah Marshall¹, Haran Sened², Kelley Gunther³, Jutta Joormann³, Reuma Gadassi-Polack⁴

¹University of Southern California, ²Princeton University, ³Yale University, ⁴Bar-Ilan University

In this 28-day, daily-diary study of 112 parent-adolescent dyads, we show that parents and adolescents exhibit concurrent and adolescent-lagged (but not parent-lagged) synchrony in their daily positive and negative affect. Synchrony types are differentially predicted by adolescent (but typically not parent) ratings of closeness, responsiveness, insensitivity, and social anxiety symptoms.

FT.10.04 FRIEND'S SUCCESS AMPLIFIES BUT FRIEND'S FAILURE DOES NOT BUFFER MOMENTARY SELF-ESTEEM IN ADOLESCENCE

Maximilian Ciesla¹, Alva Tang¹, LeeHyun Yoon¹

¹University of Texas at Dallas

This study examined how friends' performance outcomes shape adolescent self-esteem following success or failure. Self-esteem increased more when both succeeded than when the friend failed. In failure, decreases in self-esteem did not differ by friend outcome, suggesting that adolescents' self-esteem is amplified by shared success rather than superiority, whereas failures are not socially buffered.

FT.10.05 HOW PARENT-CHILD PERCEPTUAL (IN)CONGRUENCE IN RELATIONSHIP SHAPES CO-REGULATION PROCESS AND CHILD EMOTION REGULATION DEVELOPMENT



Yang Liu¹, Xiaofang Weng¹, James Gross², Mengyu Miranda Gao¹, Zhuo Rachel Han¹

¹Beijing Normal University, ²Stanford University

Parent-child perceptual congruence in positive relationship shapes co-regulation quality and children's emotion regulation (ER) development. Response surface analysis with 88 Chinese dyads (age=8.07±1.16) revealed that high-quality congruence predicted optimal co-regulation and ER outcomes. Perceptual incongruence maintained behavioral coordination but increased child emotional suppression, predicting poorer longitudinal ER—a paradoxical pattern highlighting developmental costs.

FT.10.06 IF I DIDN'T HAVE YOU: EXAMINING DIFFERENCES IN THE RELATIONSHIP BETWEEN PERCEPTIONS OF SOCIAL SUPPORT, AFFECT, AND SUICIDAL IDEATION IN DAILY LIFE BASED ON MINORITY STATUS



John Eckert¹, Caitlin Gregory¹, Jennifer Veilleux¹

¹University of Arkansas

In this ecological momentary assessment study, we examined perceptions of criticism and social support and levels of positive and negative affect in predicting momentary suicidal ideation based on minority status. For ethnic minorities, suicidal ideation when experiencing lower positive affect than usual was buffered when social support was high.

Flash Talk II

Saturday, March 14 | 11:00am–12:00pm | Somerset East

CROSS-CULTURAL PERSPECTIVES

Moderator: Hugo Sanchez Hernandez, *University of California, Los Angeles*

FT.11.01 EMOTION REGULATION AND WELL-BEING AMONG HIGH-ACHIEVING YOUTH IN IMMIGRANT FAMILIES



Hugo Sanchez Hernandez¹, Tae Hwan Son¹, Stacey N. Doan², Joey Fung³, Farzana T. Adjah⁴, Anna S. Lau¹

¹University of California, Los Angeles, ²Claremont McKenna College, ³Fuller Theological Seminary, ⁴Stanford University

This study examined emotion regulation and well-being among high-achieving Asian American and Latine adolescents (N = 314). Most associations were similar across groups, except emotional approach coping, which benefited Latine youth's sleep and mental health. Findings highlight shared intervention targets and cultural nuances, extending emotion regulation research beyond East-West comparisons.

FT.11.02 EMOTIONS HAVE OPPOSITE LINKS TO SHORT- AND LONG-TERM HEALTH ACROSS CULTURES



Chayce Baldwin¹, Shinobu Kitayama¹

¹University of Michigan

Emotions affect health, but their impact varies across cultures. We propose that culture shifts when emotions relate to health: stronger short-term links in collectivistic cultures, stronger long-term links in individualistic ones. Across two global studies (94 and 66 countries, Ntotal ~ 530,000), we provide evidence for this account, clarifying cross-cultural emotion-health dynamics.

FT.11.03 PROSPECTIVE RELATIONS BETWEEN EMOTION SUPPRESSION, SOCIAL FUNCTIONING, AND PSYCHOLOGICAL DISTRESS AMONG CHINESE YOUNG ADULTS: MODERATION BY COLLECTIVISTIC VALUES



William Tsai¹, Grace Zhang¹, Yikai Xu¹

¹New York University

Emotion suppression has been extensively linked to poorer psychosocial well-being among North American samples. However, these links tend to be attenuated among East Asian samples. The current study replicated this pattern and showed how East Asian cultural values (e.g., collectivism, interdependence) may buffer the adverse psychosocial effects of emotion suppression among Chinese international young adults.

FT.11.04 UNITY IN DIVERSITY: TRAIT, STATE, & PHYSIOLOGICAL FACETS OF MORAL BEAUTY IN FOUR COUNTRIES



Alejandro Campero Oliart¹

¹University of California, Berkeley

In a field study across Bolivia, Brazil, Kenya, and Romania, this study assessed and found strong links between moral elevation and psycho-cardiac symptoms of arousal and regulation, and key personality determinants for arousal and regulation symptoms from a reflective encounter with moral beauty, findings which underscore that power of moral beauty is galvanized by those who contemplate it.

FT.11.05 REGULATING EMOTIONS IN A FOREIGN TONGUE: THE MEDIATING ROLE OF PSYCHOLOGICAL DISTANCE



Ozge Ugurlu¹, Ethan Kross², Ozlem Ayduk¹

¹University of California, Berkeley, ²University of Michigan

Across five studies (N = 1,372), English-Spanish bilinguals recalled interpersonal rejection experiences either in their native or non-native language. Reflecting on those experiences in Spanish increased psychological distance, which, in turn, reduced emotional reactivity. Reduced first-person pronoun use partly explained this effect, highlighting language choice as a tool for emotion regulation.

FT.11.06 CULTURAL VARIATION IN NEURAL RESPONSES TO SOCIAL REWARDS AND LINKS TO REAL-WORLD FRIENDSHIPS



Elizabeth Blevins¹, Michael Ko², Bokyung Park³, Yang Qu⁴, Brian Knutson¹, Jeanne Tsai¹

¹Stanford University, ²University of California, San Diego, ³University of Texas at Dallas, ⁴Northwestern University

European Americans showed greater reward-related activity in the nucleus accumbens to excited smiles than Chinese internationals, which was associated with having more friends who showed excitement on social media. Among Chinese internationals, greater acculturation was also linked to more excited friends, suggesting that neural responses and relationships change in new cultural contexts.

Flash Talk 12

Saturday, March 14 | 11:00am–12:00pm | Westermoreland East

CLINICAL AFFECTIVE SCIENCE

Moderator: Nicola Hohensee, *Yale University*

FT.12.01 DYNAMIC FLUCTUATIONS BETWEEN DAILY SELF-REFERENTIAL MENTALIZING AND INTERNALIZING AFFECT IN ADOLESCENT GIRLS

Victoria Guazzelli Williamson¹, Gabriel Leon², Christopher Machle³, Ava Reck⁴, Jennifer Pfeifer⁴

¹University of Pittsburgh Medical Center, ²University of Southern California, ³University of California, Los Angeles, ⁴University of Oregon

Using Dynamic Structural Equation Modeling, we analyzed 147 adolescent girls' 30-day daily diary bursts about self-referential mentalizing (SRM; thinking about what others think of you) and internalizing processes. SRM and negative SRM were associated with specific internalizing processes. Daily (negative) SRM coupled with internalizing feelings, but this did not relate to internalizing symptoms.

FT.12.02 PSYCHOLOGICAL DISTRESS TRAJECTORIES AND PTSD RISK FOLLOWING CONTINUOUS TRAUMA: EMPATHY, POSITIVE EMOTIONS AND WORLD BELIEFS AFTER THE OCTOBER 7TH ATTACK



Dana Katsoty¹, Anthony, D. Mancini², Ariel Knafo-Noam³

¹Columbia University, ²Pace University, ³Hebrew University of Jerusalem

Following the October 7th terrorist attack and during the Israel–Hamas war, four distinct trajectories of distress emerged among Israeli adults—resilience, recovery, chronic, and delayed onset. Adaptive trajectories were linked to positive emotions and perceiving the world as safe, while empathy increased risk for distress and PTSD.

FT.12.03 WHAT HAPPENS WHEN TEENS' EPISODIC FUTURE THOUGHTS TAKE THE FORM OF REPETITIVE NEGATIVE THINKING: ASSOCIATIONS WITH SUICIDAL IDEATION IN DAILY LIFE

Nicola Hohensee^{1,2}, Ki Eun Shin², Olivia C. Lawrence³, Marianne Bassing¹, Jiawen Long², Christine B. Cha²

¹Yale School of Medicine, ²Yale University, ³Columbia University

This study examines if process-oriented features of future thoughts (valence, repetitiveness, uncontrollability) contribute to suicidal ideation (SI) in teens, regardless of thought content. In an ecological momentary assessment study of 56 recently suicidal youths, negative valence was significantly associated with SI, especially when combined with high uncontrollability of future thoughts.

FT.12.04 INDIVIDUAL DIFFERENCES IN AFFECTIVE FORECASTING: CORRELATIONAL EVIDENCE FROM TRAUMA AND RUMINATION

Hiba Alany^{1,2}, Stephanie Carpenter²

¹Northern Arizona University, ²Arizona State University

Trauma history can shape how people anticipate their future emotions. In this study, trauma exposure was linked to greater rumination, which in turn increased predictions of negative feelings. However, forecasting accuracy was not impaired, meaning participants could still predict their emotions accurately.

FT.12.05 TRAUMA AND EMOTIONAL SELF-EFFICACY: A PATHWAY TO ADAPTIVE COPING

Megan Korhummel¹, Karin Coifman¹

¹Kent State University

We examined associations between emotional self-efficacy (ESE) and adaptive coping after trauma across two experience sampling protocols. Adults were recruited in-hospital after trauma (n=232) and active-duty fire personnel (n=65) completed a 2-week EMA or 6-months of weekly diaries. Individuals with higher mean ESE had increased adaptive coping during traumatic events.

FT.12.06 AUTONOMIC RESPONSES TO STRESS IN YOUTH AT FAMILIAL RISK FOR PSYCHOSIS

Helena Her¹, Megan Deam¹, Julianne Griffith¹, Lauren Bylsma¹, Leslie Horton¹

¹University of Pittsburgh

Alterations in autonomic nervous system (ANS) reactivity could be a signal for psychosis risk. In this study of youth at familial high-risk for psychosis (FHR), FHR youth exhibited blunted stress reactivity for heart rate and respiratory sinus arrhythmia compared to controls. Findings highlight ANS reactivity as a potential early biomarker in FHR youth.

SAS Collaboration Fair 2026

Saturday, March 14, 2026 2:30–4:30pm (during Poster Session 3)

The inaugural Collaboration Fair encourages community building and fosters the kind of innovative, interdisciplinary research that SAS is known for. Collaboration Fair submissions showcase resources that could be used, jointly with other SAS members, to accomplish new research projects.

CF.01 USING AI TO GENERATE AFFECTIVE IMAGES: METHODOLOGY AND INITIAL LIBRARY

Adam Mickiewicz University: Maciej Behnke

We built LAI-GAI, a public library of 480 AI-generated affective images across 12 emotions, created via a human-in-the-loop pipeline. In three international studies (N=1,611; 44 countries) we compared legacy images, generic AI images, and culturally adjusted AI images. AI matched legacy effectiveness; culturally tuned images performed slightly better.

CF.02 REINFORCEMENT LEARNING IN AFFECTIVE SCIENCE: DEVELOPING A COMPUTATIONAL METRIC FOR ASSESSING REWARD VALUES

Wake Forest University: Anaelle Gackiere, Christian Waugh

We validated a method for measuring computationally inferred reward values (cRVs) from choice patterns using a reinforcement learning paradigm and Bayesian modeling. Across 4 studies, cRVs distinguished high vs. low reward stimuli and predicted motivated behavior better than explicit ratings, suggesting that cRVs can be used to help researchers capture reward processes beyond conscious awareness.

CF.03 AFFECT REGULATION IN THE CONTEXT OF CLIMATE CHANGE: REFINING THE ECO-SHADOW INVENTORY

University of Utah: Ginger Blodgett, Monika Lohani

In 2025, we developed the ECO-SHADOW inventory to capture variability in affective regulation strategies adopted to cope with climate change. It demonstrated strong reliability and validity but remains to be evaluated across diverse contexts. To refine this measure and strengthen its generalizability, we are seeking collaborators with access to samples from other regions or cultural contexts.

CF.04 SHARED EMOTIONS, HEALTH, AND BRAINS IN OLDER COUPLES: A FULLY DYADIC DATASET FOR AFFECTIVE AGING RESEARCH

University of California Davis: Ahria Dominguez, Kuan-Hua Chen

University of Nebraska: Kathryn Moss, Charlie Lorkovic, Valia Gumenyuk, Vaishali Phatak, Daniel Murman

University of Nebraska-Lincoln: Maital Neta

Shared emotions can promote or undermine health and well-being, especially as we age. Our lab has collected a dyadic dataset, which spans brain, body, behavior, and real-world contexts and offers an opportunity to examine affective processes in aging couples and their links to health. New collaborations will enhance our ability to generate innovative directions for dyadic affective aging research.

CF. 05 THE UNDERSTANDING AND PREVENTING LOSS AFTER TRAUMA (UPLIFT) LAB: EXPLORING THE RELATIONSHIP BETWEEN TRAUMA AND SUICIDE THROUGH MOLECULAR IMAGING, BEHAVIORAL, AND CLINICAL ASSESSMENT

Yale University: Victoria Hart-Derrick, Margaret T. Davis, Emily R. Weiss, Elizabeth Duraney, Rachel Miller, Dayna Freeman

UPLIFT combines clinical assessment and neuroimaging methods (fMRI and PET) to advance understanding of the relationships between trauma (BPD & PTSD) and risk for suicide. We seek to aid in the development of precision psychiatric interventions, harnessing PET's unique capacity to test brain and behavior relationships at a molecular level and novel techniques for analyzing behavioral health data.

Poster Sessions

Presenters will be at their poster in Allegheny Foyer & Allegheny 1 during their assigned poster time. Posters abstracts are available in Whova.

Poster Sessions during SAS 2026 are as follows:

THURSDAY, MARCH 12, 2026 6:30–8:00pm
FRIDAY, MARCH 13, 2026 2:45–4:15pm
SATURDAY, MARCH 14, 2026 2:30–4:00pm

Poster numbers are indicated as follows: P1.A.11 or P2.B.148 or P3.D.242

Poster Session Number (P1=Thursday; P2=Friday; P3=Saturday) – Theme – Poster Number

A	Affect Dynamics	P	Interoception
B	Artificial Intelligence	Q	Language
C	Clinical	R	Loneliness
D	Cognitive Process	S	Motivation/reward
F	Culture	T	Music/Arts/Aesthetic Emotion
G	Developmental	U	Relationships/Social Connection
H	Emotion knowledge/awareness	V	Social Media
J	Emotion recognition/perception	W	Sociopolitical problems
K	Emotion regulation	Y	Specific emotion(s)
L	Empathy	Z	Stress/Physical Health
N	Intergroup Processes	AA	Trauma/Adverse Experiences

Poster Session 1 Thursday, March 12, 2026 6:30–8:00pm

A Affect Dynamics

P1.A.10 HOW SELF-STIGMA INFLUENCES DAILY AFFECT AND AFFECT DYNAMICS AMONG EAST ASIAN YOUNG ADULTS: THE MEDIATING ROLE OF RUMINATION



Yikai Xu¹, William Tsai¹
¹New York University

P1.A.11 “I SEE IT. I LIKE IT. I WANT IT.” CAN I TOLERATE IT?: INVESTIGATING DESIRE INTOLERANCE THROUGH A MOMENTARY LENS

Caroline Dina¹, Jennifer Veilleux¹
¹University of Arkansas

P1.A.12 EMOTIONAL NUMBNESS AND AFFECT: A NOVEL PERSPECTIVE ON EMOTIONAL NUMBNESS IN DAILY LIFE

Caitlin Gregory¹, Jennifer Veilleux¹
¹University of Arkansas

P1.A.13 THE INFLUENCE OF CHILDHOOD TRAUMA ON AFFECTIVE DYNAMICS AND DISSOCIATION

Ariana Reichler¹, Johannes Heekeren¹, James Gross¹
¹Stanford University

P1.A.14 PHYSIOLOGICAL REACTIVITY PREDICTS EMOTION SEGMENTATION BEHAVIORS

Zhimeng Li¹, Maria Gendron¹
¹Yale University

P1.A.15 THE IMPACT OF AFFECTIVE PROCESSING WITH MEDITATIVE ENGAGEMENT ON DEFAULT MODE NETWORK INTEGRATION

Yueping(Chris) Gu¹, Yuritza Escalante¹, Ruofan Ma³, Gretchen Wulfekuhle³, Jessica Cohen³, Barbara Fredrickson³, Kristen Lindquist¹
¹The Ohio State University, ²University of North Carolina, Chapel Hill

P1.A.16 EXPERIENTIAL UNCERTAINTY: INDIVIDUAL DIFFERENCES IN AFFECTIVE AND PHYSIOLOGICAL RESPONDING

Tess Reid¹, Jolie B. Wormwood¹
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PI.A.17 LINKS BETWEEN EMOTION REGULATION DIFFICULTIES AND DYNAMIC INDICES OF RESPIRATORY SINUS ARRHYTHMIA IN YOUTH WITH AND WITHOUT ADHD

Jessica Tharaud¹, Molly Nikolas¹

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PI.A.239 IS SELF-AFFIRMATION HELPFUL OR HARMFUL? EXPLORING THE DUAL EFFECTS OF SELF-AFFIRMATION ON AFFECT AND SELF-EFFICACY AFTER FAILURE

Sarah D'aurizio¹, Eisha Haque¹, Kevin Ochsner¹

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B Artificial Intelligence

PI.B.18 EVENT-RELATED POTENTIAL RESPONSES TO AND SUBJECTIVE FEELINGS FOR A VIRTUAL AI BELOVED: A RESEARCH PROPOSAL

Sandra Langeslag¹

¹University of Missouri – St. Louis

PI.B.19 LARGE LANGUAGE MODELS REVEAL ACCELERATED ABSTRACT PROCESSING DURING SOCIAL INTERPRETATION IN TRAIT INTERNALIZING SYMPTOMS

Jihyun Hur¹, Wisteria Deng¹, Harsimran Kaur², Jutta Joormann¹, Tyrone D. Cannon¹

¹Yale University, ²University of Valencia

PI.B.20 EMOTION-AWARE VOICE AI FOR ENHANCED HUMAN-AI COLLABORATION: A MULTIMODAL AFFECTIVE COMPUTING APPROACH

Laura Marquez¹, Damian Schofield¹

¹State University of New York

PI.B.21 USING AI TO GENERATE AFFECTIVE IMAGES: METHODOLOGY AND INITIAL LIBRARY

Maciej Behnke¹, Lai-Gai Team²

¹Adam Mickiewicz University, ²LAI-GAI Team

PI.B.22 THE UNEQUAL THERAPIST: SOCIODEMOGRAPHIC BIAS IN “THERAPEUTIC” LLM INTERACTIONS

Nikhila Anand¹, Kevin N. Ochsner¹

¹Columbia University



C Clinical

PI.C.23 FEEL-ED: ENHANCING EMOTIONAL LITERACY AND REGULATION IN INDIVIDUALS WHO BINGE-EAT

Laura Renshaw-Vuillier¹, Eilidh Grant¹, Maddy Greville-Harris², Liz May³, Sarah Thomas¹, Rachel Moseley¹, Ulrike Schmidt⁴

¹Bournemouth University, ²Exeter University, ³Hampshire and Isle of Wight Healthcare, ⁴Kings College London

PI.C.24 DO BRAIN-BASED PATTERNS OF EMOTION AND EMOTION REGULATION INFLUENCE THE ASSOCIATION BETWEEN TRAIT NEGATIVE AFFECT AND PRECLINICAL CARDIOVASCULAR DISEASE RISK?

Lydia Wu-Chung¹, Anna Marsland¹, Peter Gianaros¹

¹University of Pittsburgh

PI.C.25 CHARACTERIZING THE THEMATIC AND ACOUSTIC FEATURES OF POSITIVE AND NEGATIVE STATEMENTS OF SELF-DISCLOSURE ASSOCIATED WITH GREATER EMOTIONAL AND SOCIAL WELLBEING

Maia Pujara¹, Jessica Gibbs¹, Jennifer Lavagnino-Sisk¹, Nana-Ama Donkor¹, Nat Skoczinski¹, Leo Kalotihos¹

¹Sarah Lawrence College

PI.C.26 COGNITIVE DISENGAGEMENT SYNDROME (CDS), DEPRESSION, AND INSOMNIA AMONG YOUNG ADULTS – RESULTS FROM A CROSS-SECTIONAL AND QUASI-LONGITUDINAL STUDY

Dena Bahmani¹, Stephen Becker², Nico Helfenstein³, Thorsten Mikoteit⁴, Serge Brand⁵

¹The Wright Institute, ²University of Cincinnati College of Medicine, ³University of Basel, ⁴Psychiatric Hospital of Solothurn⁵

PI.C.27 MULTI-METHOD ASSESSMENT OF EMOTION DYSREGULATION IN AUTISTIC AND NON-AUTISTIC PRESCHOOLERS

Jessie Northrup¹, Safaa Eldeeb¹, Lauren Bylsma¹, Carla Mazefsky¹

¹University of Pittsburgh

PI.C.28 NEURAL SUBSTRATES OF FACIAL EMOTION PROCESSING IN AUTISM: A LABEL-BASED CONVERGENCE ANALYSIS

Sumaiya Muhammad¹, Suzy Scherf¹

¹Pennsylvania State University

PI.C.29 REPORTER DIFFERENCES ON THE EMOTION DYSREGULATION INVENTORY ACROSS AUTISTIC AND NON-AUTISTIC ADOLESCENTS

Caitlin Conner¹, Amber Turner², Carla Mazefsky¹

¹University of Pittsburgh, ²Belmont University



PI.C.30 TOWARD A “FULLER” UNDERSTANDING OF EMPTINESS IN BPD: LIVED EXPERIENCES, BELIEFS, AND SYMPTOMS

Emily Huang¹, Erik Nook¹, Lois Choi-Kain²

¹Princeton University, ²McLean Hospital

D Cognitive Processes

PI.D.32 IDIOSYNCRATIC CONSTRUCTED EMOTIONS DURING SCIENCE DOCUMENTARY

Brian Miller¹

¹Towson University

PI.D.33 REMEMBERING TOGETHER CAN HELP YOUNGER ADULTS RECALL THE POSITIVE

Marie Diagne¹, Leonard Faul¹, Suparna Rajaram², Elizabeth Kensinger¹

¹Boston College, ²Stony Brook University

PI.D.35 NEGATIVE AUTOBIOGRAPHICAL MEMORY RECALL ACROSS CULTURES: AN EMOTION REGULATION STRATEGY

Samantha Huang¹

¹Columbia University



F COVID

PI.F.36 FUTURE-ORIENTED THOUGHT AND MOMENTARY EMOTION REGULATION ACROSS CULTURE

Yukti Bhatt¹, Mark Chen²

¹ Columbia University, ² Yale University



PI.F.37 INVESTIGATING CULTURAL TRANSMISSION OF EMOTION REGULATION STRATEGIES VIA PARENTING STYLES

Shauna Contreras¹, Claire Whiting¹, Erik Nook¹

¹ Princeton University

PI.F.38 MENTAL TIME TRAVEL AS A MECHANISM OF COGNITIVE REAPPRAISAL IN US AND MEXICO

Valeriia Vlasenko¹, Myriam Fernanda Martínez Corral², Nadia Saraí Corral Frías², Kateri Mcrae¹

¹ University of Denver, ² University of Sonora



PI.F.39 CULTURAL DIFFERENCES IN PERCEPTIONS OF PEOPLE WHO PERFORM AFFECT: THE ROLE OF PERCEIVED AUTHENTICITY

Raphael Uricher¹, Michelle Nguyen¹, Yukiko Uchida², Jeanne Tsai¹

¹ Stanford University, ² Kyoto University



PI.F.40 EMBODIED EMOTION: SPATIAL REPRESENTATIONS OF EMOTION DIFFER AMONG ASIAN-, LATINE-, AND EUROPEAN-AMERICANS

Manushi Pandya¹, Nicole Roberts¹, Jessica Kosie¹

¹ Arizona State University



G Developmental

PI.G.41 DO CHILDREN CONSIDER THEIR COLLABORATORS' EMOTIONS WHEN DIVIDING LABOR?

Chantal Valdivia-Moreno¹, Natalia Vélez¹

¹ Princeton University

PI.G.42 A QUALITATIVE EXPLORATION OF BLACK CHILDREN'S EMOTIONAL LITERACY: SCOPE AND SOURCES OF EMOTION KNOWLEDGE

Demond Hill¹

¹ Tufts University



PI.G.44 THE PURSUIT OF UNHAPPINESS: USING NEGATIVE MUSIC FOR EUDAIMONIC GOALS ACROSS ADOLESCENCE AND ADULTHOOD

Siena Edwards¹, Henna Vartiainen¹, Erik Nook¹

¹ Princeton University

PI.G.45 EMOTION REGULATION AND PROBLEM ALCOHOL USE IN YOUNG ADULTS

Savannah Pearson¹, D Jacobson¹, Zachary Ekves¹, Mary Soules¹, Jillian Hardee¹

¹ University of Michigan

PI.G.46 EXPLORING HOW RESTING-STATE EMOTIONAL CONNECTOME IN ADOLESCENCE IS ASSOCIATED WITH MATERNAL STRESS FROM SUPERSTORM SANDY EXPOSURE

Rung-Yu Tseng¹, Donato Deingeniis², Rebecca Lee², Chikako Olsen¹, Duke Shereen¹, Yoko Nomura²

¹ City University New York, ² Queens College

PI.G.47 RESTING BRAIN ACTIVITY ACROSS EARLY CHILDHOOD: ASSOCIATIONS WITH MATERNAL INTERNALIZING SYMPTOMS AND SOCIOEMOTIONAL BEHAVIOUR PROBLEMS IN LOW-INCOME FAMILIES

Olivia Merulla¹, Aislinn Sandre¹

¹ University of Western Ontario



PI.G.48 LABELS DO NOT HELP - AND MAY HINDER - CHILDREN'S EMOTION CATEGORY LEARNING

Andrea Stein¹, Rachel Rans², Seth Pollak¹

¹ University of Wisconsin - Madison, ² National Institute of Mental Health

PI.G.49 TESTING A BRIEF INTERVENTION THAT TRAINS PARENTS TO IMPLEMENT CBT AND ACT STRATEGIES WITH CHILDREN AND TEENS EXPERIENCING DEPRESSIVE SYMPTOMS

Elise Gurney¹, Robert Nix¹

¹ University of Wisconsin - Madison

PI.G.50 TIME-LAGGED MOTHER-CHILD RESPIRATORY SINUS ARRHYTHMIA TRANSMISSION IN THE CONTEXT OF EMOTION SOCIALIZATION

Katherine Edler¹, Lijuan Wang², Sara Schmitt¹, Kristin Valentino²

¹ University of Oregon, ² University of Notre Dame



PI.G.51 VALENCE-SPECIFIC EMOTION REGULATION IN CHILDREN WITH IRRITABILITY

Lu Li¹, Alecia Vogel¹

¹ Washington University in St. Louis

PI.G.52 MOTHER-CHILD EMOTION TALK IN DIVERSE LANGUAGE CONTEXTS FROM TODDLERHOOD TO EARLY CHILDHOOD: LINKS WITH EMOTION UNDERSTANDING AND SELF-REGULATION

Jessica Grady¹, Yakahiris Vazquez¹, Caroline Alvarez¹, Madelyn Hart¹, Andrea Rios Mendoza¹

¹ Millersville University of Pennsylvania



PI.G.53 TEMPERAMENT, MATERNAL EMOTION SOCIALIZATION, AND THE DEVELOPMENT OF EMOTION REGULATION SELF-EFFICACY

Amy Kennedy Root¹, Katie Rasmussen¹, Jessica Troilo¹

¹ West Virginia University

H Emotion knowledge/awareness

PI.H.54 MAPPING EMOTION NORMS: A CONTEXTUAL APPROACH TO EMOTION REGULATION AND MENTAL HEALTH

Rachel Martino¹, Mark Chen², Mark Hatzenbuehler¹

¹ Harvard University, ² Yale University

PI.H.55 THE EMOTIONAL AWARENESS AND REASONING SCALE (EARS): FACTOR STRUCTURE AND PSYCHOMETRIC PROPERTIES

Julia Potter¹, Alexandra Adamis², Bunmi Olatunji²
¹University of Maryland, ²Vanderbilt University

PI.H.56 RETHINKING ANGER: FROM ENEMY TO MESSENGER

Ferdinand Tongson¹
¹Southern New Hampshire University

PI.H.57 LEVERAGING LATENT CONSTRUCTS TO INVESTIGATE ASSOCIATIONS BETWEEN EMOTION EXPERTISE AND INTERNALIZING PSYCHOPATHOLOGY

Amy Carolus¹, Lisa Starr¹
¹University of Rochester

PI.H.58 EMOTION BELIEFS IN ALEXITHYMIA

Milka Waniak¹, James Gross¹, David Preece²
¹Stanford University, ²Curtin University

PI.H.59 BELIEFS ABOUT THE MALLEABILITY OF POSITIVE AND NEGATIVE EMOTIONS AND THE DISCREPANCY IN THESE BELIEFS RELATE TO CLINICAL SYMPTOMS AND EMOTION REGULATION

Elizabeth Kneeland¹, Mabel Shanahan¹, Edwige Ghembesalu¹, Isabella Lattuada¹, Iris Susen¹
¹Amherst College

PI.H.60 PREDICTING PARENTS' EMOTION BELIEFS ABOUT TEENS: ROLES OF PERSONALITY, ATTACHMENT, AND PARTISANSHIP

Jeanette Pool¹, Regina Ebo², Emily King¹, Avneet Batra¹, Iris Mauss², Amy Gentzler¹
¹West Virginia University, ²University of California, Berkeley

PI.H.61 INVESTIGATING THE RELATIONSHIP BETWEEN MIXED EMOTIONS, ALEXITHYMIA, AND PSYCHOPATHOLOGY ACROSS DEVELOPMENT

Aysu Türkay¹, Henna Vartiainen¹, Erik Nook¹, Chantal Valdivia-Moreno¹, Milka Waniak², Emma Burd³, Abbygail Michel⁴, Alireza Zareian Jahromi⁴
¹Princeton University, ²Stanford University, ³Amherst College, ⁴University of Minnesota-Twin Cities, ⁵Fordham University

PI.H.279 BELIEVING YOU CAN HANDLE THE HIGHS AND LOWS: EMOTION REGULATION SELF-EFFICACY, STRATEGIES, AND DYSPHORIA IN DAILY LIFE

Petra Legaspi¹, Juhyun Park¹
¹University of Toronto Scarborough

J Emotion recognition/perception

PI.J.62 THE INFLUENCE OF EMOTION AND GENDER CATEGORY LABELS ON MEMORY FOR AMBIGUOUS FACIAL STIMULI

Kaitlyn McMullen¹, Jolie Wormwood¹
¹University of New Hampshire



PI.J.63 PERCEPTUAL STRATEGIES IN EMOTION RECOGNITION ACROSS LEVELS OF AUTISTIC TRAITS: AN EYE TRACKING STUDY

Golnoosh Soroor¹, Nicolas Davidenko²
¹Graduate student, ²University of California Santa Cruz

PI.J.64 SURVIVOR CONTESTANTS' POSITIVE AND NEGATIVE EMOTIONAL REACTIONS TO GETTING VOTED OFF THE ISLAND

Emily Brayton¹, Jeff Larsen¹
¹University of Tennessee, Knoxville

PI.J.65 NORMATIVE RELATIONSHIP FUNCTIONS PREDICT EMOTION EXPRESSION AND PERCEPTION

Mujtaba Chughtai¹, Brian Earp², Eva Liu¹, Killian Mcloughlin³, Srishti Goel¹, Margaret Clark¹, Maria Gendron¹
¹Yale University, ²National University of Singapore, ³Princeton University

PI.J.66 PEOPLE HAVE A UNIQUE SMILE PATTERN THAT SERVES AS AN IDENTITY MARKER

Inbal Ravreby¹, Lucy Hartz¹, Manmeet Lamba¹, Adam Anderson¹
¹Cornell University

K Emotion regulation

PI.K.67 HOW PEOPLE TALK ABOUT REJECTION: LINGUISTIC PROFILES OF SELF-COMPASSION, REAPPRAISAL, AND CONTROL WRITING CONDITIONS

Natalie Snodgrass¹, Erin Mistretta², Mary Davis³
¹Seattle Pacific University, ²University of Washington, ³Arizona State University

PI.K.68 CONTROLLABILITY AND EMOTION REGULATION: TESTING THE STRATEGY-SITUATION FIT ACROSS CULTURES

Nichole Wang¹, Mark Chen²
¹Haverford College, ²Yale University



PI.K.69 THE ROLE OF REGULATION IN INTRINDIVIDUAL DYNAMICS OF DAILY DEPRESSIVE SYMPTOMS

Jackie Wai Yi Wo¹, Qimin Liu², Meghan Quinn¹
¹William & Mary University, ²Boston University

PI.K.70 EMOTION REGULATION AS ACTION: HOW REAPPRAISAL AND ACCEPTANCE SHAPE COGNITION

David Rompilla, Jr.¹, Takashi Yamauchi¹, Claudia Haase²
¹Texas A&M University, ²Northwestern University

PI.K.71 IDEAL EMOTION DISCREPANCIES RELATE TO EMOTION REGULATION AND PSYCHOLOGICAL HEALTH

Taylor Fusaro¹, Gerald Young^{1, 2}
¹Ohio University, ²University of California, Berkeley

PI.K.72 DIMENSIONS OF CONFLICT RESOLUTION IN MARRIAGE: INSIGHTS FROM DYADIC NARRATIVE CODING

Allison Kim¹, Sebnem Ture¹, Quira Kennerly¹, Claudia Haase¹
¹Northwestern University

PI.K.73 EMOTION REGULATION STRATEGIES ON REDDIT

Daniela Teodorescu¹, Saif Mohammad², Alona Fyshe¹
¹University of Alberta, ²National Research Council Canada

PI.K.74 POLYREGULATION UNDER STRESS: THE INFLUENCE OF TRAIT-LEVEL RUMINATION

Benetta Wang¹, Meghan Quinn¹
¹William & Mary University

PI.K.75 ATTENTION BY DESIGN: A BLUEPRINT FOR EMOTION REGULATION AND AGENCY THROUGH AWARENESS

Holly McNeill¹

¹ Mindfulness Blueprints Institute, LLC

PI.K.76 LONGITUDINAL TRAJECTORIES OF EMOTION REGULATION STRATEGIES AND THEIR ASSOCIATIONS WITH PSYCHOPATHOLOGY: A PARALLEL-PROCESS LATENT CLASS GROWTH ANALYSIS

Anan Feng¹, Jiefeng Ying², Sihan Liu³

¹ Columbia University, ² Beijing Normal University,

³ Central China Normal University

PI.K.77 BEYOND STRATEGY COUNTS: AN EXPERIENCE SAMPLING METHODOLOGY STUDY OF THE AFFECTIVE CONSEQUENCES OF CONCURRENT AND SEQUENTIAL POLYREGULATION

Cameron Choo¹, Wei Xing Toh¹

¹ Nanyang Technological University

PI.K.78 KEEPING ENVY IN CHECK: THE ROLE OF SUPPRESSION AND COGNITIVE REAPPRAISAL



Alena Prikhidko¹, Yuxi Qiu¹

¹ Florida International University

PI.K.79 COMPLEMENTING A BIOBANK COHORT WITH EMOTION REGULATION ASSESSMENT: RATIONALE AND CALL FOR COLLABORATION

Helen Uusberg¹, Derek Isaacowitz², Triinu Ojalo¹, Triinu Varvas¹, Katri Pärna¹, Kadri Kõiv¹, Kelli Lehto¹

¹ University of Tartu, ² Washington University in St. Louis

PI.K.80 REGULATING POSITIVE AFFECT: DEFAULT VERSUS ABILITY REGULATION AND ASSOCIATIONS TO HAPPINESS CONCERNS AND DEPRESSIVE SYMPTOMS

Amy Gentzler¹, Emily King¹, Jeanette Pool¹, Brianne Bernstein¹, Kimia Izadinia¹, Max Ginsberg¹, Avneet Batra¹

¹ West Virginia University

PI.K.81 GETTING COMFORTABLE BEING UNCOMFORTABLE: EXERCISE MAY REDUCE SYMPTOM INTERFERINGNESS AMONG 42 WOMEN WITH BREAST CANCER DURING CHEMOTHERAPY

Ian Kleckner¹, Ivan Fisher², Thushini Manuweera¹, Amber Kleckner¹

¹ University of Maryland Baltimore,

² Sattler University & University of Maryland Baltimore

PI.K.82 LET IT GO (OR DON'T): TEASING APART EMOTIONAL CONTROL AND EMOTION REGULATION

Hannah Henderson¹, Caroline Dina¹, Jennifer Veilleux¹

¹ University of Arkansas

PI.K.83 TWO BETTER THAN ONE? EXAMINING THE CONSTRUCT VALIDITY OF COMBINING TWO SELF-REPORTED MEASURES OF EMOTION DYSREGULATION

Alexander Daros¹, Olive Huang¹, Aaron Dugan¹

¹ University of Windsor

L Empathy

PI.L.84 PHYSIOLOGICAL LINKAGE AS A PATHWAY TO EMPATHIC ACCURACY IN CAREGIVER-YOUTH DYADS

Angela Zhong¹, Matias Martinez^{1, 2}, Sharon Li¹, Lillian Fu^{1, 3}, Claudia Haase¹

¹ Northwestern University, ² Vanderbilt University,

³ University of California, Irvine

PI.L.85 PREDICTING ADOLESCENTS' EMPATHY FROM THEIR ATTACHMENT TO PARENTS THROUGH PERCEIVED PARENTAL WARMTH

Brianne Bernstein¹, Jeanette Pool¹, Max Ginsberg¹, Amy Gentzler¹

¹ West Virginia University

P Interoception

PI.P.86 ASSOCIATIONS BETWEEN CHILD MALTREATMENT AND EMODIVERSITY ARE MODERATED BY SOMATIC AMPLIFICATION

Caesar Liu¹, Derek Spangler¹, Jennifer Graham-Engeland¹

¹ Pennsylvania State University

PI.P.87 A CHARACTERIZATION OF THE CENTRAL REGIONS OF THE ALLOSTATIC-INTEROCEPTIVE SYSTEM

Gretchen Wulfekuhle¹, Ruofan Ma¹, Taylor West¹,

Barbara Fredrickson¹, Jessica Cohen¹, Kristen Lindquist²

¹ University of North Carolina, Chapel Hill, ² Ohio State University

PI.P.88 CONFIDENCE IN DECISION ACCURACY DURING INTEROCEPTION AND EXTEROCEPTION

Catherine Morath¹, Serife Leman Runyun¹, Karen Quigley¹

¹ Northeastern University

S Motivation/reward

PI.S.89 BRAIN REACTIVITY TO EMOTIONAL FOODS, OBJECTS, & PEOPLE

Han Jia¹, Tyson Jordan¹, Rachel Jones², Excel Ojemen³,

Anna Kotkin¹, Olivia Edge¹, Dean Sabatinelli¹

¹ University of Georgia, ² Emory University, ³ University of Lagos

PI.S.90 DISTINGUISHING EMOTIONS AND EVALUATIONS TO CLARIFY THE RELATIONSHIP BETWEEN AFFECT AND REWARD PREDICTION ERROR

Dulhan Abeysiriwardana¹, Thalia Vrantsidis¹

¹ Mississippi State University

PI.S.91 IMPACT OF PREDICTION ERRORS ON AFFECT SHIFTS

Isabel Leiva¹, Jason Chein¹, Chelsea Helion¹

¹ Temple University

PI.S.93 INTEGRATING REINFORCEMENT LEARNING AND DRIFT DIFFUSION MODELS TO INVESTIGATE REWARD AND LOSS-RELATED DECISION MAKING IN ANXIETY AND DEPRESSION

Xiaohe Cao¹, Xin-Yu Tan¹, Aprajita Mohanty¹, Jingwen Jin², Shannon Glasgow¹, Sekine Ozturk¹

¹ Stony Brook University, ² The University of Hong Kong

T Music/Arts/Aesthetic Emotion

PI.T.94 FEELING MOVED MEDIATES THE ENJOYMENT OF EMOTIONAL ART

Anna Bruns¹, Tanushree Agrawal²

¹New York University, ²Soka University of America

PI.T.95 VISUAL ELEMENTS OF MINDFUL IMAGERY IN KETAMINE THERAPY FOR DEPRESSION

Brandon Hamm¹, Ginger Brogan¹, Lia Forman², Rohan Shah¹

¹Northwestern University, ²The Chicago School

U Relationships/Social Connection

PI.U.96 PREDICTING DEPRESSION THROUGH CONNECTION: THE IMPACT OF SOCIAL SUPPORT IN EMERGING ADULTS

Paloma Zabala Rossy¹, Elsa J. Baumgartner¹, Ella Sudit¹, Nathaniel R. Herr¹

¹American University



PI.U.97 REAPING THE BENEFITS OF SHARING GOOD NEWS: DO POSITIVE EMOTIONS FROM CAPITALIZATION BUILD SOCIAL CONNECTIONS?

Alexandra Gray¹, David DeSteno¹

¹Northeastern University

PI.U.98 INTERPERSONAL EMOTION DIFFERENTIATION IN CLOSE FRIENDSHIPS

Ella Sudit¹, Elsa Baumgartner¹, Nathaniel Herr¹

¹American University

PI.U.99 PHASES OF SOCIAL REAPPRAISAL: WHY IS REAPPRAISAL MORE EFFECTIVE WHEN IT'S PROVIDED BY SOMEONE ELSE

Junyuan Luo¹, Christian Waugh², Tammy English¹

¹Washington University in St. Louis, ²Wake Forest University

PI.U.100 PERCEIVED DIFFUSION OF ATTENTION: MORE AUTHENTIC EMOTIONAL EXPRESSION IN A GROUP

Sherry Xiong¹, Emily Balcetis¹

¹New York University

PI.U.101 MULTIDIMENSIONAL ASSOCIATIONS BETWEEN AFFECTIVE REPRESENTATION AND SOCIAL-RELATIONAL INFERENCE

Helen Schmidt¹, Chelsea Helion¹

¹Temple University

PI.U.102 THE COMMUNITY WITHIN: INVESTIGATING INTERNALIZED SOCIAL SUPPORT IN A TRANS AND GENDER-DIVERSE SAMPLE USING LINGUISTIC AND PHYSIOLOGICAL MEASURES

Julia Guo¹, Nina Micanovic¹, Camden Trepanier¹, Mia Popelas¹, Alana Tran¹, Vera Vine¹

¹Queen's University



PI.U.103 IS HELPING NEUROPROTECTIVE?: DISSOCIABLE EFFECTS OF INSTRUMENTAL VS. EMOTIONAL SUPPORT PROVISION ON BRAIN AGING

Minwoo Lee¹, Casey Brown¹

¹Georgetown University

PI.U.104 TALKING ABOUT CANCER WITH YOUR SOCIAL NETWORKS: UNDERSTANDING THE COMPOSITION OF SOCIAL NETWORKS WITHIN CANCER-RELATED DISCUSSIONS

Katie Darabos¹, Sean Mchugh¹, Shannon Desbiens¹, Katie Devine²

¹Rutgers University, ²Rutgers Cancer Institute

PI.U.105 SELF AND PEER REPORTS OF EMOTION REGULATION COMPETENCY AND THEIR ABILITY TO PREDICT WELLBEING

Alexis Suarez¹, Tabea Springstein¹

¹University of California, Riverside

PI.U.106 THE INFLUENCE OF SUPPORTIVE PARENTING STRATEGIES ON PARENTING STRESS IN RESPONSE TO CHILDREN'S NEGATIVE AND INTENSE EMOTIONS

Chelsea Vance¹, Natasha Vogel¹, Halle Brophy¹, Kristel Thomassin¹

¹University of Guelph

PI.U.107 MOTIVES BEHIND ADOLESCENTS' DISCLOSURE AND NON-DISCLOSURE OF SUCCESS AND FAILURE TO A CLOSE FRIEND: A QUALITATIVE STUDY

Abigail Tran¹, Leehyun Yoon¹

¹University of Texas at Dallas

PI.U.108 PERCEIVED AFFECTIVE AND REGULATORY STYLE SIMILARITY IN CLOSE OTHERS PREDICTS SOCIOEMOTIONAL WELL-BEING

Eisha Haque¹, Kevin Ochsner¹

¹Columbia University

Y Specific emotion(s)

PI.Y.109 THE STORIES WE TELL OURSELVES: NARRATIVE CLOSURE AND THE REGULATION OF REGRET

Ana Costa¹, Kate Petrova¹, James Gross¹

¹Stanford University

PI.Y.110 ASSOCIATIONS BETWEEN NEUROIMAGING, PHYSIOLOGICAL, AND BEHAVIORAL MARKERS OF NEGATIVE AFFECT: EVIDENCE FOR EMOTIONAL COHERENCE

Elisa Liu¹, Julia Earp¹, Erin Li¹, Nikita Patel¹, Brittany Davis¹, Laura Hemphill¹, Ryan Orth¹, Imani Todd¹, Melanie Bennett¹, Jack Blanchard¹, Alexander Shackman¹, Jason Smith¹

¹University of Maryland

PI.Y.111 HORROR: DIFFERENCES IN EMOTION EVOCATION ACROSS MEDIA TYPES

Karina Kinney¹, Lisa Emery¹

¹Appalachian State University

PI.Y.112 DIFFERING EMOTIONAL RESPONSES BY MEDIA TYPE

Karina Kinney¹

¹Appalachian State University

PI.Y.113 SEEING BEYOND THE KNOWN: PATHWAYS THAT LEAD TO AWE

Debayoni Mal¹, Atasi Mohanty¹, Susmita Mukhopadhyay¹
¹Indian Institute of Technology

Z Stress/Physical Health

PI.Z.114 SELECTIVE STRESS BUFFERING? MINDFULNESS BUFFERS FAILURE, NOT INTERPERSONAL EVENTS, IN ADOLESCENTS' MENTAL HEALTH

Kimia Izadinia¹, Max Ginsberg¹, Jeanette Pool¹, Emily King¹, Brianne Bernstein¹, Amy Gentzler¹
¹West Virginia University

PI.Z.115 THE RELATIONSHIP BETWEEN SOCIAL ANXIETY AND SAFETY BEHAVIORS IS MODERATED BY THE PRESENCE OF EMOTIONAL DISTRESS.

Cyrus Zarif¹, Steven Buzinski¹, Gabrielle Bernardo¹, Anna Laborde¹
¹University of North Carolina at Chapel Hill

PI.Z.116 TRANS AND GENDER-DIVERSE PEOPLE'S EXPERIENCES OF A STUDY INVOLVING DECEPTION AND PSYCHOPHYSIOLOGICAL MEASUREMENT



Camden Trepanier¹, Nina Micanovic¹, Maddie Katz², Vera Vine¹
¹Queen's University, ²Dalhousie University

PI.Z.117 EVERYDAY STRESSOR EXPOSURE AND DIVERSITY IN INDIVIDUALS WHO SMOKE CIGARETTES DAILY: ASSOCIATIONS WITH CRAVING, NEGATIVE AFFECT, AND SMOKING

Benjamin Muzekari¹, Gabriella Jean¹, David Lydon-Staley¹
¹University of Pennsylvania

AA Trauma/Adverse Experiences

PI.AA.118 THE RELATION BETWEEN FREQUENCY AND TYPE OF VIOLENCE EXPOSURE AND ANXIETY IN COLLEGE STUDENTS



Elyse Lanterman¹, Cassandra Bell², Mauricio Delgado¹, Vanessa Lobue²
¹Rutgers University–Newark, ²Rutgers University

PI.AA.119 "THE FACT THAT THERE WAS NOTHING LEFT BROKE MY HEART": EMOTION MARKERS IN AUTOBIOGRAPHICAL NARRATIVES FROM LEBANON



Sebnem Ture¹, Raia Khaty², Hrag Vosgueritchian¹, Mélissa Allé³, Laura-Joy Boulous², Dan Mcadams¹, Claudia Haase¹
¹Northwestern University, ²Université Saint-Joseph de Beyrouth, ³Université de Lille

PI.AA.120 EXPLORING THE INTERPLAY OF TRAUMA SYMPTOMS WITH AFFECT ON EMOTION REGULATION IN DAILY LIFE

Kelsey West¹, Caroline Dina¹, Jennifer Veilleux¹
¹University of Arkansas

Poster Session 2 Friday, March 13, 2026 2:45–4:15pm

A Affect Dynamics

P2.A.121 FOREST VS. URBAN ENVIRONMENT EXPOSURE IS ASSOCIATED WITH IMPROVED WELL-BEING AND DIFFERENCES IN NASAL MICROBIOME COMPOSITION

Connor Lashus¹, Andres Gomez², Thomas Hummel³, Lucia Jacobs⁴, Asifa Majid⁵, Ravikiran Raju⁶, Caroline Smith⁷, Jonathan Williams⁸, Gregory Bratman¹

¹University of Washington, ²University of Minnesota, ³Interdisciplinary Center Smell & Taste, ⁴University of California, Berkeley, ⁵University of Oxford, ⁶Picower Institute for Learning and Memory, ⁷Boston College, ⁸Max Planck Institute for Chemistry

P2.A.122 LONG-TERM STABILITY OF AFFECT DYNAMICS IN THE WORKPLACE

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P2.A.123 EXAMINING HOW EMOTION GOALS AND APPRAISALS INFLUENCE EXPERIENTIAL AVOIDANCE: AN ECOLOGICAL MOMENTARY ASSESSMENT STUDY

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P2.A.124 EMOTION EVENT PERCEPTION IN SUBCLINICAL DEPRESSION

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P2.A.125 AFFECTIVE VARIABILITY AND DYNAMIC INTEGRATION AMONG BRAIN NETWORKS

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P2.A.126 ELEVATED EVERYDAY EMOTIONAL EXPERIENCE INTENSITY AND VARIABILITY IN INDIVIDUALS AT GENETIC RISK FOR FRONTOTEMPORAL DEMENTIA

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P2.A.127 WHEN REGULATING, FLEXIBILITY MATTERS: SET-SHIFTING PREDICTS LOWER AFFECTIVE INERTIA IN DAILY LIFE EMOTION REGULATION

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P2.A.128 TEMPORAL DYNAMICS OF AFFECT, AFFECT REGULATION, AND PHYSICAL ACTIVITY IN DAILY LIFE

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P2.A.129 ATTENUATED DELUSIONS PREDICT NEGATIVE AFFECT INTENSITY IN YOUTH AT CLINICAL HIGH-RISK FOR PSYCHOSIS – AN EMA STUDY

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B Artificial Intelligence

P2.B.130 LLMs CAN RECOGNIZE EMOTIONS AS HUMANS DO (OR BETTER) – FINDINGS, POTENTIAL AND RISKS

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P2.B.131 INTERPERSONAL EMOTION REGULATION, FACTORS, AND AI

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P2.B.132 EMPATHY FINE CUTS EXPLAIN PREFERENCES FOR HUMAN VS. AI EMPATHY ACROSS CONTEXTS

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P2.B.134 REINFORCEMENT LEARNING-BASED AFFECTIVE COMPUTING IN HCI: A SYSTEMATIC REVIEW OF EMPIRICAL EVIDENCE AND ETHICAL FRAMEWORKS

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P2.B.244 SEEING FEELINGS IN SCENES: PREDICTING VIEWER EMOTION RATINGS FROM IMAGES WITH VISION-LANGUAGE MODELS

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C Clinical

P2.C.135 EMOTION REGULATION FLEXIBILITY IN DAILY LIFE AND EATING DISORDER SYMPTOMATOLOGY

Alexandra Xu¹, Bryan Denny¹
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P2.C.136 THE ASSOCIATION BETWEEN EMOTIONAL CLARITY AND DISORDERED EATING IS MEDIATED BY FLEXIBLE EMOTION REGULATION: A DAILY-DIARY STUDY IN YOUTHS

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P2.C.137 BEYOND BINARY PATTERNS: GENDER IDENTITY, MINORITY STRESS, AND PSYCHOPATHOLOGY IN TRANSGENDER INDIVIDUALS

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P2.C.138 COMPARING TASK-BASED INDUCTION OF TRANSIENT DEPERSONALIZATION AND DEREALIZATION: MIRROR GAZING TASK VS FIXED ATTENTION TASK—QUESTIONNAIRE, BEHAVIORAL, AFFECTIVE, AND EEG SIGNATURES

Shun Sasaki¹, Hideki Ohira¹
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P2.C.139 HOW DOES EXPECTATION AFFECT MOOD AMONG WORRIERS

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P2.C.140 EMOTION REGULATION COMPOSITION IN REMITTED DEPRESSION: A DAILY LIFE PERSPECTIVE

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P2.C.141 NEUROCOGNITIVE PERFORMANCE DEFICITS ARE ASSOCIATED WITH SUICIDAL BEHAVIOR IN SCHIZOPHRENIA IN THE CONTEXT OF OTHER RISK FACTORS

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D Cognitive Processes

P2.D.142 THE EFFECT OF SHIFTING MOOD ON MEMORY QUALITY

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P2.D.143 WHAT'S LEFT DONE OR UNDONE: THE BEHAVIORAL CONSEQUENCES OF COUNTERFACTUAL FRAMING IN REGRET

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P2.D.144 COGNITIVE APPRAISALS AND RESPONSE TENDENCIES DISTINGUISH NEGATIVE EMOTIONS

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P2.D.146 EXAMINING THE ASSOCIATION BETWEEN INNER MONOLOGUE FREQUENCY AND AFFECTIVE SELF-REGULATION

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P2.D.147 – EXAMINING ATTENTIONAL DEFICITS AND PARASYMPATHETIC DYSREGULATION IN RUMINATION

Jenna Glotfelty¹, Meghan Quinn¹
¹William & Mary

P2.D.149 TALKING TO THE SELF: LINKS TO DIALOGIC INNER SPEECH, SELF-REGULATION, AND EMOTION IN AUTISM

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P2.E.150 THE ENDURING EMOTIONAL IMPACT OF THE COVID-19 PANDEMIC OBSERVED FROM ONLINE LANGUAGE

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F Culture

P2.F.151 DISCRIMINATION-BASED ACCULTURATIVE STRESS AND WELL-BEING: THE MODERATING ROLES OF EXPRESSIVE FLEXIBILITY AND YEARS IN THE U.S. AMONG EAST ASIAN INTERNATIONAL YOUNG ADULTS



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P2.F.153 ACCULTURATIVE STRESS, PERCEIVED DISCRIMINATION, AND APPROACH VS AVOIDANT COPING IN EAST ASIAN INTERNATIONAL YOUNG ADULTS IN THE U.S. AND THE MODERATING ROLE OF MEANING-MAKING IN STRESSFUL EXPERIENCES



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P2.F.154 CROSS-CULTURAL RECOGNITION OF EMOTIONS IN ANCIENT CHINESE TEXTS



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G Developmental

P2.G.155 FACIAL AFFECT RECOGNITION AND DAILY SOCIAL FUNCTIONING IN ADOLESCENTS AT FAMILIAL HIGH RISK FOR PSYCHOSIS

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P2.G.156 PROTOCOL FOR A MULTI-METHOD EVALUATION OF EMOTION REGULATION MODERATORS IN YOUTH

Ian Raugh ¹, Kaitlyn Capano ¹, Diep Nguyen ¹, Gabrielle Reynolds ¹, Allison Macneil ¹, Tovah Cowan ¹, Jai Shah ¹, Manuela Ferrari ¹
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P2.G.157 HOW COGNITIVE REAPPRAISAL SHAPES IDENTITY DEVELOPMENT IN EMERGING ADULTS

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P2.G.158 TACTFUL SHARING: HOW ADOLESCENTS ADJUST SUCCESS AND FAILURE DISCLOSURE TO A FRIEND'S OUTCOMES

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P2.G.159 RUMINATION AS A SHARED RISK FACTOR FOR INTERNALIZING SYMPTOM INCREASES IN ADOLESCENCE: EVIDENCE FROM BIVARIATE LATENT CHANGE SCORE MODELS

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P2.G.160 CHILDREN'S REGULATION OF ATTENTION AND EMOTION IN SCHOOL CONTEXTS: ASSOCIATIONS WITH SELF-COMPETENCE AND DEPRESSION

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P2.G.161 AGE-RELATED DIFFERENCES IN THE DYNAMIC CHARACTERISTICS OF EMOTIONAL FACIAL EXPRESSIONS

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P2.G.162 UNDERSTANDING SHARED AND UNIQUE PARENT-CHILD PERSPECTIVES ON EMOTION DYSREGULATION IN AUTISTIC AND GENERAL POPULATION YOUTH: INSIGHTS FROM TRIFACTOR MODEL ANALYSES

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P2.G.163 EMOTIONAL BENEFITS OF CLOSE GRANDPARENT RELATIONSHIPS IN EMERGING ADULTHOOD

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P2.G.164 THE ROLE OF HIGH AND LOW AROUSAL POSITIVE AFFECT IN INFORMAL DEMENTIA CAREGIVERS' MENTAL HEALTH

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P2.G.165 THE RELATIONSHIP BETWEEN MENTAL HEALTH AND METACOGNITIVE SELF-ASSESSMENT IN AGING

Carina Samson ¹, Tesnim Arar ¹, David Gallo ¹
¹University of Chicago

P2.G.166 HEIGHTENED AWE EXPERIENCE IN THE SEMANTIC BEHAVIORAL VARIANT OF FRONTOTEMPORAL DEMENTIA

Amanda Gerenza ¹, Fate Noohi ¹, Anna Gilioli ¹, Amie Wallman-Jones ¹, Ashlin Roy ¹, Joel Kramer ¹, Bruce Miller ¹, Howard J. Rosen ¹, William W. Seeley ¹, Maria Luisa Gorno-Tempini ¹, Sarah Holley ², Virginia Sturm ¹
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P2.G.167 THE ONTOGENY OF SHYNESS: LONGITUDINAL EVIDENCE FROM POSITIVE AND NON-POSITIVE SHYNESS IN EARLY INFANCY

Christopher Riddell ¹, Cristina Colonnesi ¹, Terrence Jorgensen ¹, Agneta Fischer ¹, Milica Nikolic ¹
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P2.G.168 GRANDPARENT INVOLVEMENT BUFFERS THE ASSOCIATION BETWEEN EARLY CHILDHOOD HEALTH ISSUES AND ADOLESCENT EMOTIONAL WELL-BEING

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P2.G.169 HOW DO YOU THINK THEY FEEL? CHILDREN'S INTERPRETATION OF CONFLICTING AFFECTIVE INFORMATION.

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P2.G.170 ARE CHILDREN MORE LIKELY TO TALK ABOUT EMOTIONS WHEN ADULTS DO?

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P2.G.171 THE DEVELOPMENT OF UNCERTAINTY-DRIVEN EXPLORATION: UNPACKING THE ROLE OF AROUSAL AND CAREGIVING EXPERIENCES

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P2.G.172 ADOLESCENTS' FACIAL DISPLAYS OF POSITIVE AFFECT DURING PARENT-TEEN INTERACTIONS: LINKS TO PARENTAL CRITICISM AND ADOLESCENT NONSUICIDAL SELF-INJURY

Karolina Ilina ¹, Kirsten Mckone ¹, Cecile Ladouceur ¹, Jennifer Silk ³, Kiera James ³

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P2.G.266 LONGITUDINAL ASSOCIATIONS BETWEEN EMOTION EXPRESSION FLEXIBILITY AND SUICIDALITY IN YOUTH

Marianne Bassing ¹, Nicola Hohensee ¹, Anjali Vijan ¹, Jasmine Li ¹, Christine Cha ¹

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H Emotion knowledge/awareness

P2.H.173 EFFECTS OF ACUTE STRESS ON EMOTION DIFFERENTIATION: AN EXPERIMENTAL APPROACH

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P2.H.174 EXPLORING SPIRITUALITY AND RESILIENCE AMONG WEST POINT CADETS: THE MEDIATING ROLE OF EMOTIONAL INTEGRATION

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P2.H.175 NEGATIVE SELF-BELIEF UPDATING IS ASSOCIATED WITH INCREASED SOCIAL ANXIETY AND SENSITIVITY TO EXCLUSION AND STATUS CHALLENGE IN EVERYDAY LIFE: COMBINING COMPUTATIONAL MODELING AND ECOLOGICAL MOMENTARY ASSESSMENT

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P2.H.176 EMOTION DIFFERENTIATION AND INTENSITY: THE RELATIONSHIP BETWEEN POSITIVE EMOTION DIFFERENTIATION AND POSITIVE EMOTION INTENSITY

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P2.H.177 HELPFUL OR HARMFUL? BELIEFS ABOUT EMOTIONS AND AFFECTIVE SYMPTOM DIMENSIONS IN EMERGING ADULTS

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¹¹ University of Pennsylvania, ¹² Northwestern University,

¹³ Max Planck University, ¹⁴ Yale University, ¹⁵ University of Georgia

P2.H.178 VALENCE MATTERS: SELECTIVE PRIMING EFFECTS ON EMOTION LABELING

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J Emotion recognition/perception

P2.J.179 SOCIOECONOMIC STATUS AND NEURAL PROCESSING OF EMOTIONAL STIMULI: A SYSTEMATIC REVIEW

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¹ Western University



P2.J.180 SEMANTIC MODELLING OF INTERNAL CONCEPTS CAPTURES INDIVIDUAL DIFFERENCES IN EMOTION RECOGNITION

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P2.J.181 SPECIFICITY OF MATERNAL NEGATIVE PARENTING BEHAVIOR AND CHILDREN'S EMOTION RECOGNITION ACCURACY

Everett Mahaffy ¹, Elaina Richard ¹, Nicole Giuliani ¹

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P2.J.182 DIFFERENTIATING THE AMBIGUITY OF SURPRISED AND NEUTRAL FACES

Andrew Langbehn ¹, Jeff Larsen ¹

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P2.J.183 DECOMPOSING VARIANCE IN FACIAL EMOTION PERCEPTION RATINGS USING CROSS-CLASSIFIED RANDOM EFFECTS MODELING

Dasha Yermol ¹, Katie Hoemann ¹, Jeffrey Girard ¹

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P2.J.288 DIVERGENT EFFECTS OF EMOTIONAL SCENE CONTENT ON EVENT-RELATED DESYNCHRONIZATION AND THE LATE POSITIVE POTENTIAL

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K Emotion regulation

P2.K.184 WHAT CAN I SAY TO HELP YOU? LANGUAGE ASSOCIATED WITH SUCCESSFUL REGULATION OF OTHERS' EMOTIONS

Shaina Munin¹, Olivia Jurkiewicz², Emma Gueorguieva³, Christopher Oveis², Desmond Ong³

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P2.K.185 THE ROLE OF INTERPERSONAL REGULATION TENDENCY AND STRATEGY USE IN LONELINESS

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P2.K.186 CONNECTING INTERPERSONAL AND INTRAPERSONAL FACTORS: JOINT CONTRIBUTIONS OF COLDNESS AND EMOTION REGULATION DIFFICULTIES TO DEPRESSIVE SYMPTOMS

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P2.K.187 EXAMINING GENDER DIFFERENCES IN INTERPERSONAL EMOTION REGULATION LANGUAGE

Emily Yun¹, Steven Mesquita¹, Erik Nook¹

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P2.K.188 ROLE OF EMOTION REGULATION AND EMOTIONAL AWARENESS IN ROMANTIC PARTNERS' PERCEPTIONS OF FUNCTIONAL (NON-EPILEPTIC) SEIZURE IMPACT

Kylee Cole¹, Annielaura Shafer¹, Leila Hoti¹, Lucia Dayana Villarreal¹, Mary Burleson¹, Nicole Roberts¹

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P2.K.189 LINKING INTERPERSONAL EMOTION REGULATION TO PSYCHOPATHOLOGY AND ADVERSE RELATIONAL OUTCOMES: A SYSTEMATIC REVIEW AND META-ANALYSIS

Christine Dworschak¹, Reuma Gadassi-Polack², Jutta Joormann³, Birgit Kleim¹

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P2.K.190 MOMENTARY STRATEGY SWITCHING AND EMOTION REGULATION EFFECTIVENESS IN DAILY LIFE: THE ROLES OF ANXIOUS AROUSAL AND ANHEDONIC DEPRESSION

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P2.K.191 AGE DIFFERENCES IN EMOTION REGULATION & RISKY DECISION-MAKING

Jasmine Moon¹, Derek Isaacowitz¹

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P2.K.192 ASSESSING POLYREGULATION VIA STRATEGY DIFFERENTIATION

Jennifer Veilleux¹, Regina Schreiber¹, Caroline Dina¹, Dylan Shelton¹, Hannah Henderson¹, Jeremy Clift¹

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P2.K.193 THE DEVIL WEARS SELF-CRITICISM: EMOTION REGULATION CONSEQUENCES OF AN INNER MIRANDA PRIESTLY

Joshua Westenmeyer¹, Hannah Henderson¹, Jennifer Veilleux¹

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P2.K.194 EMOTION REGULATION CHOICE IN CONTEXT: A NETWORK STUDY

Ashley Battaglini¹, Joelle Lemoult¹, Carla Nardelli², Wessel A. Van Eeden³, Erik J. Giltay³, Catherine Bortolon²

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P2.K.195 BEYOND REAPPRAISAL: EXAMINING THE MULTIDIMENSIONAL IMPACT OF EMOTION REGULATION STRATEGIES ON MENTAL HEALTH AND WELLBEING

Madison Wells¹, Richard Lopez¹, Helen Uusberg², Andero Uusberg², Joao Guassi Moreira³

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P2.K.196 PERSONALITY PREDICTORS OF EMOTION REGULATION CHOICE TO AVERSIVE PICTURES

Mandy Peterson¹, C. Matthew Ludwig¹, Isabella Avalos¹, Cassidy Lash¹, Travis Jacobson¹, Michael Ennis¹

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P2.K.197 WHO BENEFITS? PERSONALITY AND MINDFULNESS IN EDUCATION.

Maria Anna Wasylkowska¹, Paweł Holas¹, Julian Mituniewicz¹, Szymon Szumił¹, Dorota Kobylńska¹

¹ University of Warsaw

P2.K.198 UNDERSTANDING EMOTION AND EMOTION REGULATION IN COMPETITIVE SPORTS

Raphael Bonetti¹

¹ Stanford University

P2.K.199 COMPARING A MINDFUL BODY SCAN TO RELAXATION ON NEURAL MARKERS OF NEGATIVE EMOTION

Paul Plonski^{1,2}, Jared M. Cutler³, Robert J. Goodman⁴

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L Empathy

P2.L.200 BUILD BETTER RELATIONSHIPS: POSITIVE EMPATHY FACILITATES CAPITALIZATION

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P2.L.201 THE ROLE OF EMOTIONAL REACTIVITY IN EMPATHY

Liat Israeli Ran¹, Ido Shalev², Tamar Kadosh Laor¹, Florina Uzefovsky¹

¹ Ben Gurion University, ² University of Cambridge

P Interoception

P2.P.202 EXAMINING THE ASSOCIATION BETWEEN INTEROCEPTION AND ALLOSTATIC INTEROCEPTIVE NETWORK ORGANIZATION IN RESPONSE TO SOCIAL AFFECTIVE STIMULI DURING ADOLESCENCE

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P2.P.203 THE INFLUENCE OF INTEROCEPTION AND AFFECT ON SOCIAL JUDGEMENTS UNDER FASTING CONDITION

Mallory Feldman^{1,2}, Catherine Berman², Adrienne Bonar^{1,2}, Dujana Buheis², Dianne Celemen², Jennifer Maccormack³, Kristen Lindquist¹
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Q Language

P2.Q.204 THE ASSOCIATION BETWEEN NEGATIVE EMOTION VOCABULARY AND DEPRESSION OVER TIME

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R Loneliness

P2.R.205 QUALITY OVER QUANTITY: FRIEND NETWORKS AND LONELINESS IN THE FIRST YEAR OF COLLEGE

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S Motivation/reward

P2.S.206 GENEROSITY IN CONTEXT: COMPARING SHARING OF MONETARY AND EXPERIENTIAL REWARDS IN THE DICTATOR GAME

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P2.S.207 HOW ANTICIPATED FEELINGS GUIDE GOAL PRIORITIZATION: INSIGHTS FROM AN INVENTORY OF DAILY GOALS

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P2.S.208 REWARDING SOCIAL OUTCOMES SHAPE LEARNING FROM ACCEPTANCE AND REJECTION

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P2.S.209 DEVELOPING COMPUTATIONALLY INFERRED SOCIAL REWARD VALUES

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¹Wake Forest University

T Music/Arts/Aesthetic Emotion

P2.T.210 THE AWE PARADIGM

Selina Bilal¹, Dacher Keltner¹, Alejandro Campero Oliart¹
¹University of California, Berkeley

P2.T.211 MOMENTS OF BEING: A DAILY DIARY STUDY OF HIGHER GOODS

Tingyi Zhang¹, Peter Varga², Todd Thrash¹
¹William & Mary, ²University of Oxford

U Relationships/Social Connection

P2.U.212 POLYREGULATION IN LATER LIFE: LINKING GLOBAL EMOTION REGULATION REPERTOIRES TO STRATEGY USE DURING LONELINESS

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P2.U.213 LOWER SOCIAL CONNECTEDNESS AMONG SPOUSAL CARE DYADS IS ASSOCIATED WITH GREATER FUNCTIONAL DECLINE IN PEOPLE WITH ALZHEIMER'S DISEASE

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P2.U.215 SOCIAL SUPPORT AS A MODERATING FACTOR OF CHANGES IN NEURAL CIRCUITRY UNDERLYING THE DEPRESSION AND ANXIETY-RELATED EFFECTS OF CHILDHOOD TRAUMA

Joya Cooper-Hohn¹, Minwoo Lee¹, Casey K. Brown¹
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P2.U.216 INTERGENERATIONAL CONNECTION AND WELL-BEING IN YOUNGER AND OLDER ADULTS

Mirabai Winter¹, Enna Chen¹, Katherine Whitman¹, Laura Carstensen¹
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P2.U.217 JOY BRINGS US CLOSER: HOW SHARED IMAGINATION SPARKS HUMAN CONNECTION

Arushi Srivastava¹, Christopher Oveis¹
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P2.U.219 INTERPERSONAL DYNAMICS OF VOCALLY ENCODED EMOTIONAL AROUSAL IN COUPLES AT HIGH RISK FOR SUICIDE: THE ROLE OF PERSONALITY PATHOLOGY

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P2.U.220 ASSESSING IMPACTS OF AFFECTIVE REPRESENTATIONS ON LONELINESS

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P2.U.221 LONELINESS AND THE AUTONOMIC CORRELATES OF CHOOSING TO FEEL

Sara Garza Gonzalez¹, Casey Brown¹
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P2.U.223 THE EYES OF THE GREEN-EYED MONSTER: ROMANTIC JEALOUSY AS AN OPTIMAL INFIDELITY DETECTOR

Benjamin Gelbart¹, Daniel Conroy-Beam²
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P2.U.224 CHANGES IN PHYSIOLOGICAL LINKAGE OVER 15 YEARS IN LONG-TERM MARRIED COUPLES

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P2.U.225 MULTIMODAL RESPONSES TO SOCIAL EXCLUSION: EMOTION COHERENCE IN THE CONTEXT OF THE CYBERBALL PARADIGM

Sean Koh¹, Kate Staatsen¹, Nina Micanovic¹, Vera Vine¹
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V Social Media

P2.V.226 SOCIAL MEDIA PSYCHOLOGY: A FRAMEWORK FOR PAST AND FUTURE RESEARCH

Phoebe Walters¹, Zachary Reese¹
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P2.V.227 EXPLORING SUBJECTIVE AND NEURAL DISTINCTIONS BETWEEN PARASOCIAL AND REAL-LIFE ROMANTIC LOVE: PRELIMINARY RESULTS

Magda Martinez-Mata¹, Sandra Langeslag¹
¹ *University of Missouri - St. Louis*

W Sociopolitical problems

P2.W.228 LINKING ECO-CONSCIOUS AND APATHETIC REGULATION TO AFFECTIVE EXPERIENCE IN A CLIMATE CHANGE EXHIBIT

Ginger Blodgett¹, Alec Roberts¹, Lynne Zummo¹, Monika Lohani¹
¹ *University of Utah*

P2.W.229 THE ROLE OF AFFECT IN PERCEPTIONS OF CLIMATE CHANGE URGENCY

Alexa Almond¹, Ginger Blodgett¹, Monika Lohani¹
¹ *University of Utah*

P2.W.230 REGULATING DISCOMFORT: POLITICAL DIVIDES IN BELIEFS ABOUT HOW TO MANAGE EMOTIONAL DISTRESS WHEN LEARNING ABOUT RACE

Leif Anderson¹, Brett Ford¹
¹ *University of Toronto*

Y Specific emotion(s)

P2.Y.231 GRATITUDE IS ASSOCIATED WITH TAKING COSTLY PROSOCIAL ACTION

Randy Lee^{1,2}, Kirstan Brodie¹, Jerry Richardson¹, Thomas Gilovich¹
¹ *Cornell University*, ² *University of Wisconsin-Madison*

P2.Y.232 SOCIO-AFFECTIVE PREDICTION ERROR EMERGES DURING SURPRISE SELF-OTHER OBSERVATION: A NOVEL EMOTION INDUCTION PARADIGM

Nicole Serino¹, Linda Hoffman¹, Steven Martinez¹, Morgan Callinan¹, Maya Kilcullen¹, Chelsea Helion¹, Vishnu Murty², Ingrid Olson¹
¹ *Temple University*, ² *University of Oregon*

P2.Y.233 RUNNING ON EMPTY: INVESTIGATING THE RELATIONSHIP BETWEEN HUNGER, TIREDNESS, AFFECT, AND DISTRESS INTOLERANCE

Will Henley¹, Caroline Dina¹, Jennifer Veilleux¹
¹ *University of Arkansas*

P2.Y.234 NOT ALL POSITIVE EMOTIONS MOVE THE SAME: AROUSAL-SPECIFIC EFFECTS IN A MULTI-SITE RCT OF FLOURISH, A PSYCHOLOGY-INFORMED AI WELL-BEING APP

Julie Cachia¹, Xuan Zhao¹, John Hunter², Delancey Wu³, Eta Lin⁴
¹Flourish Science, ²Chapman University,
³University of Washington, ⁴Foothill College

Poster Session 3

Saturday, March 14, 2026

2:30–4:00pm

A Affect Dynamics

P3.A.234 APPROACHING ANTICIPATED ENDINGS: CERTAINTY ABOUT WHAT COMES NEXT PROMOTES CLOSURE

Sherry Xiong¹, Peter Gollwitzer¹, Gabriele Oettingen¹
¹New York University

P3.A.235 DAILY AFFECTIVE CO-FLUCTUATION IN PARENT-ADOLESCENT DYADS: EVIDENCE FOR SAME- BUT NOT CROSS-DAY ASSOCIATIONS

Julianne Griffith¹, Juliana Agnolet¹, Benjamin Hankin²
¹University of Pittsburgh,
²University of Illinois Urbana-Champaign



P3.A.236 HOW EAST ASIAN INDIGENOUS WISDOM BELIEFS PROMOTE DAILY AFFECTIVE WELL-BEING AMONG EAST ASIAN YOUNG ADULTS

Yikai Xu¹, William Tsai¹
¹New York University

P3.A.237 RECIPROCAL DYNAMICS OF AFFECT AND AFFECT-REGULATION STRATEGIES IN EVERYDAY LIFE: A LARGE-SCALE SECONDARY ANALYSIS OF EXPERIENCE SAMPLING STUDIES

Runqiu Fei¹, Elise Kalokerinos¹, Vassilis Kostakos¹, Peter Koval¹
¹University of Melbourne

P3.A.238 DYNAMICS OF RELATIONSHIP APPROACH AND AVOIDANCE GOALS: ASSOCIATIONS WITH AFFECT, BEHAVIOR, AND COGNITION

Miriam Pfister¹, Melanie Naumann², Marie Hennecke², Charles Driver¹, Veronika Brandstätter¹
¹University of Zurich, ²Ruhr University Bochum

P3.A.240 CHARACTERIZING WITHIN-PERSON VARIABILITY IN WELL-BEING ACROSS MOMENTS AND DAYS

Christy Wang¹, Gabrielle N. Pfund², Emily Willroth¹
¹Washington University in St. Louis, ²Northwestern University

P3.A.241 PRECISION EMOTION AND AFFECTIVE CONTEXT (PEAC) PROCESS MODEL: A THEORETICAL FRAMEWORK FOR CREATING THE AFFECTIVE CIRCUMSTANCES THAT PROMOTE ENGAGEMENT

Stephanie Carpenter¹, Nicole Roberts¹
¹Arizona State University

P3.A.242 AFFECTIVE MODULATION OF EVENT SEGMENTATION THROUGH INTERNAL STATES AND EXTERNAL CUES

Ruiyi Chen¹, Khen Swallow¹
¹Cornell University

P3.A.243 DECISION GOALS SHAPE THE INTEGRATION OF AFFECTIVE AND PERCEPTUAL INFORMATION ABOUT OUR OPTIONS

Ana Hernandez Reyes-Retana¹, Xiamin Leng¹, Sebastian Gluth²,

Romy Froemer³, Amitai Shenhav¹

¹University of California, Berkeley, ²University of Hamburg,
³University of Birmingham

B Artificial Intelligence

P3.B.243 TRACKING SHIFTS IN THE LATENT MEANING OF “I” AND ITS CONNECTION TO MENTAL HEALTH OUTCOMES IN A LARGE THERAPY DATASET

Steven Mesquiti¹, Elizabeth Stade², Thomas Hull³, Erik Nook¹
¹Princeton University, ²Stanford Institute for Human-Centered AI,
³TalkSpace

P3.B.245 USING TRANSFORMER-BASED MODELS TO MONITOR AND UNDERSTAND MOMENTARY AFFECT INTENSITY FROM SMARTPHONE SENSORS

Yiqin Zhu¹, Yuyi Yang¹, Renee Thompson¹
¹Washington University in St. Louis

P3.B.246 TESTING EFFICACY OF MACHINE LEARNING CLASSIFICATION CAPABILITIES ON AFFECTIVE STATES OF PERSONS WITH DEMENTIA

Vance Steele¹, Jenessa Steele²
¹Rose-Hulman Institute of Technology, ²Radford University

C Clinical

P3.C.247 GENETIC LIABILITY TO ADHD AND YOUTH EMOTION REGULATION DIFFICULTIES IN THE ABCD STUDY

Jessica Tharaud¹, Molly Nikolas¹, Jacob Michaelson¹
¹University of Iowa

P3.C.248 TESTING THE MECHANISMS OF SELF-MONITORING THROUGH REINFORCEMENT LEARNING WITH POTENTIAL IMPLICATIONS FOR LEARNING IN PSYCHOTHERAPY

Tess Gilmartin¹, Peter Hitchcock¹
¹Emory University

P3.C.249 EMOTION REGULATION REPERTOIRE BUFFERS DAILY DISTRESS: DISTINCT PATTERNS IN DEPRESSION AND ANXIETY ACROSS 21 DAYS OF EMA

Dylan Herzog¹, Mark Chen¹
¹Yale University

P3.C.250 THE ROLES OF DISTRESS TOLERANCE AND COGNITIVE REAPPRAISAL IN ANXIETY RESPONSES TO SMARTPHONE ABSTINENCE

Dianne Celemen¹, Michelle Shipkova¹, Eva Telzer¹, Jessica Flannery¹, Kristen Lindquist²
¹University of North Carolina at Chapel Hill, ²Ohio State University

P3.C.251 A NEW TASK TO BETTER MEASURE SELF-SCHEMA ACTIVATION

Sandarsh Pandey¹, Peter Hitchcock¹
¹Emory University

P3.C.252 COGNITIVE DISENGAGEMENT SYNDROME (CDS), DEPRESSION, AND INSOMNIA IN MULTIPLE SCLEROSIS

Dena Bahmani¹, G. Leonard Burns², Atefeh Meghrazizadeh³,

Mohammad Hossein Abdollahi ³, Stephen Becker ⁴
¹ *The Wright Institute*, ² *Washington State University*,
³ *Kharazmi University*, ⁴ *University of Cincinnati*

D Cognitive Processes

P3.D.145 EFFECTS OF DYNAMIC EYE-GAZE BEHAVIOR ON FACE-TO-FACE DECEPTION DETECTION IN OLDER ADULTS: A DUAL EYE-TRACKING APPROACH

Alayna Shoenfelt ¹, Reese Chadwick ¹, Piper Lyons ¹, Kylie Wright ¹, Natalie C. Ebner ¹
¹ *University of Florida*

P3.D.253 IS JUDGEMENT OF LEARNING AN EMOTION?

Brian Miller ¹
¹ *Towson University*

P3.D.254 VIRTUAL REALITY STRENGTHENS AFFECTIVE AND SELF-REFLECTIVE QUALITIES OF MENTAL TIME TRAVEL

Simran Pillarisetty ¹, Hsiao-Wen Liao ¹
¹ *Georgia Institute of Technology*

P3.D.255 INTEGRATED STIMULUS-FEELING MODEL: A NEW MODEL PROPOSED FOR THE MECHANISMS UNDERLYING AFFECTIVE WORKING MEMORY

Lilly McClendon ¹, Christian Waugh ¹
¹ *Wake Forest University*

P3.D.256 A VALUE-UPDATING PERSPECTIVE ON EMOTIONS

Thalia Vrantsidis ¹
¹ *Mississippi State University*

F Culture

P3.F.257 MIND, BODY, AND LAND: AN INDIGENOUS VIEW OF EMOTIONS

Jordan Johnson ¹, Eve De Rosa ¹, Adam Anderson ¹
¹ *Cornell University*

P3.F.258 CULTURE-SPECIFIC PSYCHOLOGICAL BENEFITS OF EMOTION REGULATION FLEXIBILITY

Jihyun Hur ¹, Tyrone D. Cannon ¹, Jutta Joormann ¹, Mark Chen ¹
¹ *Yale University*

P3.F.259 REPETITIVE NEGATIVE THINKING AND DAILY DISTRESS: ANXIETY AND DEPRESSION AS KEY MODERATORS ACROSS TWO CULTURES

Kaitlyn San Martin ¹, Mark Chen ¹
¹ *Yale University*

P3.F.260 INVESTIGATING THE ROLE OF CULTURAL VALUES IN EXPRESSIVE SUPPRESSION MOTIVES AMONG ASIAN AMERICANS



IN THE FAMILY CONTEXT

Michelle Cai ¹, Chihchia Jocelyn Lai ¹, Tammy English ¹
¹ *Washington University in St. Louis*

G Developmental

P3.G.261 TRACKING ESSENTIALIST BELIEFS ABOUT EMOTIONS, COGNITIONS, AND BODILY STATES FROM CHILDHOOD TO YOUNG ADULTHOOD

Chantal Valdivia-Moreno ¹, Milka Waniak ², Emma Burd ³, Aysu Türkay ¹, Abbygail Michel ⁴, Alireza Zareian Jahromi ⁵, Erik Nook ¹
¹ *Princeton University*, ² *Stanford University*, ³ *Amherst College*,
⁴ *Sacred Heart University*, ⁵ *Fordham University*

P3.G.262 MOMENTARY AFFECT DURING DIGITAL MEDIA USE AND VIRTUAL SOCIAL ENGAGEMENT AMONG ADOLESCENTS AT FAMILIAL HIGH-RISK FOR PSYCHOSIS

Jennifer Yu ¹, Julianne Griffith ¹, Leslie Horton ¹
¹ *University of Pittsburgh*

P3.G.263 HOSTILITY BIAS IN YOUTH AT CLINICAL HIGH RISK FOR PSYCHOSIS: THE ROLE OF SOCIAL ENVIRONMENT.

Megan Deam ¹, Julianne Griffith ¹, Charise Peters ¹, Leslie Horton ¹
¹ *University of Pittsburgh*

P3.G.264 DO I HAVE YOUR ATTENTION NOW? INVESTIGATING TEEN GAZE BEHAVIOUR TOWARDS PARENTS AND FRIENDS AND ITS ASSOCIATION WITH RELATIVE CLOSENESS

Riley Bonar ¹, Michele Morningstar ¹
¹ *Queen's University*

P3.G.265 FINDING BALANCE: EXAMINING A HEALTHY RATIO BETWEEN EUDAIMONIC AND HEDONIC ACTIVITIES WITHIN ADOLESCENTS AND PARENTS.

Max Ginsberg ¹, Amy Gentzler ¹
¹ *West Virginia University*

P3.G.267 PARENTAL SOCIOECONOMIC STATUS PREDICTS PARENTS' EMOTION WORD ACCESSIBILITY WHICH PREDICTS ADOLESCENTS' EMOTIONAL BELIEFS

Michelle Shipkova ¹, Adrienne Bonar ², Eva Telzer ¹, Kristen Lindquist ²
¹ *University of North Carolina at Chapel Hill*, ² *Ohio State University*

P3.G.268 THE ROLE OF OLDER ADULTS' SOCIOEMOTIONAL STRENGTHS IN MIXED-AGE CROSS-PARTISAN CONVERSATIONS

Mary Rose Bell ¹, Anna Pot ¹, Laura Carstensen ¹
¹ *Stanford University*

P3.G.269 EFFECTS OF VALENCE AND ADULT AGING ON NEURAL OSCILLATIONS DURING MOTOR INHIBITION

Stephanie Hartling ¹, Jill Waring ¹
¹ *Saint Louis University*

P3.G.270 EVALUATING THE CONSTRUCT VALIDITY OF A CAREGIVER ASSESSMENT OF EMOTION REGULATION USING AFFECT CHANGE DURING DYADIC INTERACTION

Matthew Kiely ¹, Enna Chen ², Marcela Otero ³, Casey Brown ¹, Robert W. Levenson ⁴
¹ *Georgetown University*, ² *Stanford University*,
³ *Max Planck Institute for Social Law & Social Policy*,





P3.G.271 PRENATAL PHYSIOLOGICAL STRESS, BUT NOT FAMILY SOCIOECONOMIC STATUS, PREDICTS BLUNTED NEURAL RESPONSES TO EMOTIONAL FACES IN TODDLERS

Aislinn Sandre ¹, Melina Amarante ², Sonya Troller-Renfree ³, Amanda Dettmer ⁴, Jerrold Meyer ⁵, Kimberly Noble ³

¹Western University, ²Fordham University, ³Columbia University,

⁴Yale Child Study Center, ⁵University of Massachusetts

P3.G.272 FRIENDLY AND DOING FINE: DO TEMPERAMENTAL SHYNESS AND AFFILIATION RELATE TO SOCIOEMOTIONAL COMPETENCIES AND PEER ACCEPTANCE AT SUMMER CAMP?

Jessica Grady ¹, Makayla Brunnabend ¹

¹Millersville University of Pennsylvania

P3.G.273 SUPPORTED AND FORCED CHILDHOOD AUTONOMY AS PREDICTORS OF ADULT EMOTIONAL REACTIVITY: A LONGITUDINAL REGRESSION ANALYSIS USING THE NATIONAL COMORBIDITY SURVEY

Samantha Huang ¹

¹Columbia university

H Emotion knowledge/awareness

P3.H.274 THE IMPORTANCE OF META-EMOTIONAL BELIEFS: SECONDARY EMOTIONS MEDIATE LINKS BETWEEN EMOTION USEFULNESS BELIEFS AND TRANSDIAGNOSTIC PSYCHOPATHOLOGY

Laura Renshaw-Vuillier ¹, Rachel Moseley ¹

¹Bournemouth University

P3.H.275 ANALYZING SPEECH IN ALEXITHYMIA: LINKS BETWEEN INTEROCEPTIVE BELIEFS AND ABSTRACTION ABILITY

Naho Suzuki ¹, Satoshi Umeda ¹, Yuri Terasawa ¹

¹Keio University

P3.H.276 LEARNING FROM FEELINGS: HOW EMOTIONAL EXPERIENCE SHAPES FUTURE AFFECTIVE PREDICTIONS

Kristen Petagna ¹, Jolie Wormwood ¹

¹University of New Hampshire

P3.H.278 EXAMINING EMOTION MALLEABILITY BELIEFS AS A MODERATOR ON ASSOCIATIONS BETWEEN EARLY LIFE MALTREATMENT AND POOR SLEEP

Keegan Whitacre ¹, Mallory Feldman ¹, Adrienne Bonar ¹, Ruofan Ma ², Kristen Lindquist ¹

¹Ohio State University, ²University of North Carolina at Chapel Hill

P3.H.280 DISCONFIRMATION BIAS: DO PEOPLE EVER SEEK OUT DISAGREEMENT?

Qi Guo ¹, Jeff Larsen ¹

¹University of Tennessee, Knoxville

P3.H.281 DISENTANGLING INFLUENCES ON HEARTBEAT PERCEPTION AND ITS RELATION TO ALEXITHYMIA

Nayomi Camarena-Rios ¹, David Weissman ¹, Genesis Erazo ¹,

J Emotion recognition/perception

P3.J.282 AGE DIFFERENCES IN THE RELATIONSHIP BETWEEN RESTING HEART RATE VARIABILITY AND EMOTION PERCEPTION

Sienna Bland-Abramson ¹, Gold Okafor ¹, Odessa Goldberg ¹, Wendy Berry Mendes ¹

¹Yale University

P3.J.283 TRACKING SHIFTS IN PARENT-CHILD EMOTION LABELING ACROSS EARLY CHILDHOOD: A PLANNED LATENT TRANSITION ANALYSIS

Peter Reschke ¹, Ashton Allen ¹, Ashtyn Rose ¹, Anna Smith ¹

¹Brigham Young University

P3.J.284 DEVISING A TOOL TO CODE EXPRESSIONS OF DISSATISFACTION IN NATURALISTIC SETTINGS

Anna Kilgariff ¹, Hallel Abrams Gerber ², Joseph Pecchia ¹, Anais Sayedi ¹, Paulina Thompson ¹, Maia Pujara ¹

¹Sarah Lawrence College, ²Brown University

P3.J.285 BIAS IN PERCEIVING EMOTIONAL INTENSITY: EVIDENCE FOR SYSTEMATIC OVERESTIMATION IN NEUROTYPICAL AND CLINICAL POPULATIONS

Shir Genzer ¹, Matan Rubin ¹, Haran Sened ², Eshkol Rafaeli ³, Kevin N. Ochsner ⁴, Noga Cohen ², Anat Perry ¹

¹Hebrew University of Jerusalem, ²University of Haifa,

³Bar-Ilan University, ⁴Columbia University

P3.J.286 REVISITING THE POSITIVITY BIAS: NONLINEAR AGE EFFECTS ON VALENCE PERCEPTION ACROSS ADULTHOOD

Xuan Yang ¹, Deepa Tilwani ¹, Christian O'reilly ¹,

Svetlana Shinkareva ¹

¹University of South Carolina

P3.J.287 INTERACTION-BASED LEARNERS' AFFECTIVE STATE DETECTION WITH TEMPORAL AND SEMANTIC MODELING

Atieh Kashani ¹, Zhiyu Lin ¹, Magy Seif El-Nasr ¹

¹University of California, Santa Cruz

P3.J.289 SITUATED CONCEPTUALIZATIONS OF EMOTIONS

Yi Voon Lim ¹, Mujtaba Chughtai ¹, Maria Gendron ¹

¹Yale University

P3.J.290 FROM EXTERNAL TO INTERNAL CUES: HOW CONGRUENCY SHIFTS FEAR RECOGNITION

Inbal Ravreby ¹, James Rounds ¹, Faiza Ahmad ², Alizé Hill ³, Christina Chick ⁴, Adam Anderson ¹

¹Cornell University, ²University of Texas, ³University of Chicago,

⁴Stanford University

P3.J.291 WHEN DOES IDEAL AFFECT GUIDE GIVING?: THE ROLE OF SITUATIONAL AFFECTIVE CUES

Verity Lua ¹, Phoebe Chen ¹, Nai-Shing Yen ², Tiffany Hsu ¹, Jeanne Tsai ¹

¹Stanford University, ²National Chengchi University

P3.J.292 ANTICIPATORY CARDIAC DECELERATION PREDICTS CAUTIOUS DECISION-MAKING UNDER THREAT

Leeann Runkle¹, Nina Lauharatanahirun¹, Harold Lee¹,
Sonia Cavigelli¹, Derek Spangler¹

¹ Pennsylvania State University

K Emotion regulation

P3.K.293 LEADING THE WAY: INTERPERSONAL EMOTION REGULATION STRATEGIES FOR IMPROVING EMPLOYEE ENGAGEMENT

Tyauna Potenza¹

¹ University of Hartford

P3.K.294 LINKING INTERPERSONAL AND INTRAPERSONAL EMOTION REGULATION IN PARENT-ADOLESCENT DYADS: EVIDENCE FROM A DAILY DIARY STUDY

Everett Mahaffy¹, Reuma Gadassi Polack², Xiaoqi Ma¹,
Jutta Joormann³, Nicole Giuliani¹

¹ University of Oregon, ² Bar-Ilan University, ³ Yale University

P3.K.295 PERSONALITY PREDICTS HOW PEOPLE REGULATE THEIR LOVED ONE'S EMOTIONS

Sehyun Jeong¹, Yitong Zhao¹, Emily Impett¹, Natalie Rosen²,
Brett Ford¹

¹ University of Toronto, ² Dalhousie University

P3.K.296 DID THAT HELP? EXAMINING INTERPERSONAL EMOTION REGULATION PROVISION AND RESPONSE IN ROMANTIC DYADS

Wesley Tucker¹, Jocelyn Lai¹, Tammy English¹

¹ Washington University in St. Louis

P3.K.297 INTENTIONAL ACCEPTANCE: EVALUATING ACCEPTANCE WITHIN THE EMOTION REGULATION CHOICE TASK

Tristan Nyte¹, Meghan Quinn¹

¹ College of William & Mary

P3.K.298 PRESENCE OF MIND ENHANCES MOMENTARY EMOTIONAL WELL-BEING: OBSERVATIONAL AND EXPERIMENTAL EVIDENCE

Polina Beloborodova¹, Nabila Jahan², Gefa Djajokusuma³,
Melina Johnson², Janine Dutcher⁴, David Creswell⁴,
Kirk Warren Brown⁴

¹ University of Wisconsin, Madison,

² Virginia Commonwealth University, ³ Westat,

⁴ Carnegie Mellon University

P3.K.300 REAPPRAISAL OR SUPPRESSION? EMOTION REGULATION PATTERNS FOLLOWING ADVERSE CHILDHOOD EXPERIENCES

Nicole Holland¹, Erika Blair¹, Wyatt Brown¹

¹ Virginia Commonwealth University



P3.K.301 WHAT EMOTION REGULATION STRATEGIES ARE YOU ASSESSING? MONTE CARLO SIMULATIONS REVEAL HOW STRATEGY NUMBER AND EFFECTIVENESS INFLUENCE THE EFFECT OF EMOTION REGULATION DIVERSITY AND VARIABILITY

Yifan Liu¹, Yutong Zhu², Mark Chen²

¹ Columbia University, ² Yale University

P3.K.302 NEGATIVE AFFECT IN WORKING STUDENTS AFTER A

WORKPLACE CONFLICT: THE MODERATING ROLE OF MOMENTARY EMOTION REGULATION STRATEGIES

Thinh Nguyen¹, Tabea Springstein¹, Macey Grisso¹

¹ University of California, Riverside

P3.K.303 EMOTION REGULATION STRATEGY USE IN RESPONSE TO DAILY STRESSORS AMONG COLLEGE STUDENTS: AN EXPERIENCE SAMPLING STUDY

Richard Lopez¹, Pooja Kulkarni², Pauline Goodson³,
Ariana Orvell⁴, Dorota Reis², Malte Friese², Bryan Denny³

¹ Worcester Polytechnic Institute, ² Saarland University,

³ Rice University, ⁴ Bryn Mawr College

P3.K.304 THE ROLE OF EMOTION SOURCE SPECIFICITY IN EMOTION REGULATION

Milka Waniak¹, James Gross¹

¹ Stanford University

P3.K.305 EXPLORING THE SEQUENTIAL EFFECTS OF MINDFULNESS AND REAPPRAISAL ON ACUTE STRESS RESPONSE

Gabriela Rivera¹, Lira Yoon¹

¹ University of Maryland, Baltimore County



P3.K.306 SOCIOECONOMIC STATUS AND EMOTION REGULATION: DIVERGENT PATTERNS ACROSS TRAIT AND STATE LEVELS

Hannah Yu Hao^{1,2}, Yuhui Chen³

¹ Ningbo University, ² Icahn School of Medicine at Mount Sinai,

³ University of Manchester

N Intergroup Processes

P3.N.306 SNOWFLAKES & DEPLORABLES: THE EFFECT OF POLITICAL TRIBALISM ON SOCIAL JUDGEMENTS

Madison Schulte¹, Rose Haley², Julia Kennedy¹,
Tysyn Minnis¹, Chase Kovalcheck¹, Hannah Chesterton¹,
Kathryn Degnan¹, Elise Cardinale¹

¹ Catholic University of America, ² National Children's Hospital



P3.N.307 COMPARING THE INFLUENCE OF FAMILIARITY AND SAME-RACE BIAS ON ATTRACTION

Sifon Ukpe¹, Hannah Wolfe¹

¹ Stockton University

P Interoception

P3.P.308 WITHIN-PERSON VARIABILITY AND CROSS-DOMAIN RELATIONSHIPS IN INTEROCEPTIVE TASKS: THE ROLE OF CONTROL TASK PERFORMANCE

Ren Palmer¹, Rosie Donaghy¹, Rebecca Brewer²,
Jennifer Murphy¹

¹ University of Surrey, ² Royal Holloway University of London

P3.P.309 AFFECTIVE INSTABILITY AND INTEROCEPTIVE ACCURACY IN DAILY LIFE: A MULTIMODAL AMBULATORY ASSESSMENT STUDY IN YOUNG ADULTS

Margarida Carreira¹, Benjamin Swerdlow¹

¹ Lake Forest College



P3.P.310 INTEROCEPTION AND AUTONOMIC ACTIVITY

IN RELATION TO PREMENSTRUAL DYSPHORIC DISORDER TENDENCIES

Yuri Terasawa¹, Satoshi Umeda¹
¹Keio University

P3.P.311 DOES INTEROCEPTIVE SENSITIVITY MODERATE THE RELATIONSHIP BETWEEN THE STATE OF THE BODY AND FEELINGS OF AFFECT?

Maya Barton-Zuckerman¹, Lily Marino¹, Lisa Barrett¹, Jolie B. Wormwood², Karen Quigley¹
¹Northeastern University, ²University of New Hampshire

Q Language

P3.Q.311 CONCEPT TRAINING PREDICTS SEMANTIC BUT NOT PERCEPTUAL CONVERGENCE IN IDENTIFICATION OF EMOTION EVENTS

Zhimeng Li¹, Maria Gendron¹, Jolie Wormwood²
¹Yale University, ²University of New Hampshire

P3.Q.312 NEW CODING SCHEME TO QUANTIFY THE FUNCTION OF PARENTAL LANGUAGE IN SHAPING CHILD BEHAVIOR

Maria Iakovidis-Oshima¹, Nicole Giuliani¹
¹University of Oregon

S Motivation/reward

P3.S.313 REWARD LEARNING EXERTS BROAD POSITIVITY IN IMPRESSIONS AND SOCIAL CHOICE

Kira Harris¹, Andrew Luttrell², Peter Mende-Siedlecki³, Leor Hackel¹
¹University of Southern California, ²Ball State University, ³University of Delaware

P3.S.314 THE INFLUENCE OF GOAL COMPLETION ON EMOTION PROCESSING

Shannan Chen¹, Ian Ballard¹
¹UC Riverside

P3.S.315 COMPARING ROMANTIC LOVE AND CHOCOLATE CRAVING

Sandra Langeslag¹, Emily Marler¹
¹University of Missouri – St. Louis

P3.S.316 INTEGRATING REINFORCEMENT LEARNING AND DRIFT DIFFUSION MODELS TO INVESTIGATE REWARD AND LOSS-RELATED

DECISION MAKING IN ANXIETY AND DEPRESSION

Xiaohe Cao¹, Xin-Yu Tan¹, Shannon Glasgow¹, Sekine Ozturk¹, Jingwen Jin², Aprajita Mohanty¹
¹Stony Brook University, ²University of Hong Kong

U Relationships/Social Connection

P3.U.222 ADOLESCENTS WITH SUICIDAL IDEATION EXHIBIT INTERPRETATION BIASES OF THEIR PARENTS' AFFECT DURING CONFLICTUAL INTERACTIONS

Amber Pereira¹, Cecile Ladouceur¹, Jennifer Silk¹, Kiera James¹
¹University of Pittsburgh

P3.U.317 THE BRIGHT SIDE OF THE EVERYDAY: CODING POSITIVE EMOTION IN "NEUTRAL" CONVERSATIONS

Connor Caserio¹, Claudia Haase¹, Lucia Noriega Blondet¹
¹Northwestern University

P3.U.318 EXAMINING DIGITAL SOCIAL CONNECTION THROUGH REPEATED FACE EXPOSURE: IMPLICATIONS FOR SUICIDAL IDEATION

Connor O'Brien¹, Wenpei Shao¹, Ross Jacobucci¹, Brooke Ammerman¹
¹University of Wisconsin, Madison

P3.U.319 WHEN SHARED EXPERIENCES BECOME TRANSFORMATIVE: EMOTIONAL SYNCHRONY AND POSITIVITY RESONANCE IN ROMANTIC COUPLES

Ziyu Song¹, Jieni Zhou¹, Wendy Berry Mendes¹
¹Yale University



P3.U.320 PSYCHOSOCIAL CORRELATES OF SELF-TRUST, OTHER-TRUST, AND DISTRUST: EVIDENCE FOR A NON-UNIDIRECTIONAL STRUCTURE OF TRUST

Daisuke Ueno¹, Yuka Kato², Teruyuki Matsuoka², Jin Narumoto²
¹Kyoto Women's University, ²Kyoto Prefectural University of Medicine

P3.U.321 EXAMINING THE UNIQUE EFFECTS OF MOTHER-CHILD VS. FATHER-CHILD RELATIONSHIP QUALITY ON EARLY ADOLESCENT INTERNALIZING SYMPTOMS

Elise Gurney¹, Robert Nix¹
¹University of Wisconsin, Madison



P3.U.322 GREATER NEIGHBORHOOD CONNECTEDNESS AND ATTACHMENT COINCIDES WITH REDUCED NEURAL RESPONSE TO SOCIAL INCLUSION

Xinyi Deng¹, Sara Carrillo¹, Marlen Gonzalez¹
¹Cornell University

P3.U.323 EMOTION EXPRESSIVITY AND REGULATORY STYLE PERCEPTION IN CONVERSATION

Eisha Haque¹, Dhaval Bhatt¹, Meghan Meyer¹, Kevin Ochsner¹
¹Columbia University

P3.U.324 WHAT MOTIVATES US TO MAKE OTHERS FEEL BETTER? CLOSENESS AND PERCEIVED DISTRESS

Shir Ginosar Yaari ¹, Antje Rauters ², Michaela Riediger ²,
Julia Freitag ², Maya Tamir ¹

¹ Hebrew University of Jerusalem,

² Friedrich Schiller University Jena

V Social Media

P3.V.325 UNPACKING THE CRUCIAL ROLE OF WELL-BEING MINDSETS

Emily Huang ¹, Chunchen Xu ²

¹ Princeton University, ² Stanford University

P3.V.326 BODY VS. FACE SATISFACTION AND APPEARANCE-RELATED SOCIAL MEDIA CONSCIOUSNESS

Laura Walker ¹, Anne Maheux ¹

¹ University of North Carolina at Chapel Hill

P3.V.327 INVESTIGATING THE IMPACT OF SOCIAL MEDIA AND PARENTAL LIMITS ON TEEN SEXUAL HEALTH BEHAVIORS

Gabriella Gómez Saxon ¹, Angelica Carranza ¹, Kristen Lindquist ²,

Mitchell J. Prinstein ¹, Eva Telzer ¹

¹ University of North Carolina at Chapel Hill, ² Ohio State University

P3.Y.328 USING SOCIAL NORMS COMMUNICATING INFORMATION VALUE TO CHANGE CURIOSITY

Xinyi Wang ¹, Emily Falk ¹, Andy Tan ¹, David Lydon-Staley ¹

¹ University of Pennsylvania

Y Specific emotion(s)

P3.Y.329 WHEN THE SKIN TURNS GREEN: DECODING THE PSYCHOPHYSIOLOGY OF ENVY

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