



**SASolima**

**Wake Forest University, September 19, 2025**

---

---

# What was SASolina?

Goal: To promote collaboration and sharing among affective scientists and SAS in a more accessible regional setting (i.e., the North Carolina area).

# Decisions we made

- Selected theme: “Emotions as Utility: exploring the purpose, goals and overall functional utility of affect”
- Length: One day event
- What states to include (we had to define what ‘regional’ meant)
- Focused on bringing together people who already identify as affective scientists, less focus on branching out to others who do affective science but don’t identify as such.
- Participation should be inexpensive (\$60 Faculty, \$35 Students)

# Our meeting style

Four sub-themed sessions comprising:

- Four 3-5 minute flash talks in a row.
- Panel discussion
  - Question and answer session with speakers and invited panelists
- Roundtable discussion

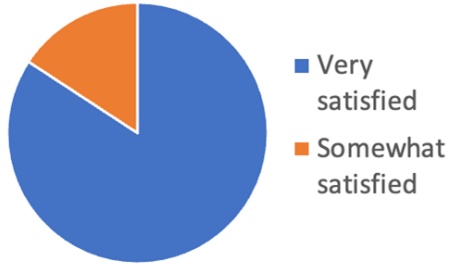
Capstone discussion:

- At the end, each table synthesized what the public should know about the utility of affect.
- Presentations and discussion to the entire group!

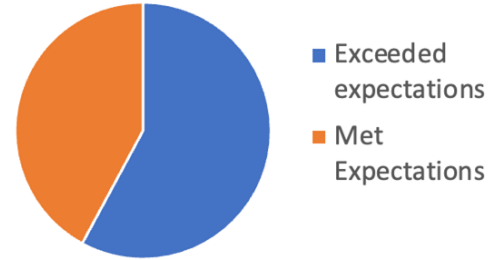


# Feedback we received

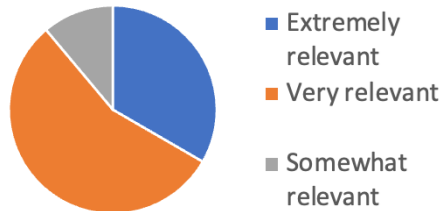
Overall, how satisfied were you with SASolina?



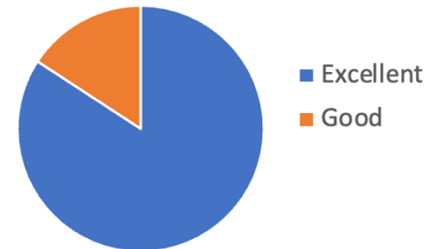
Did SASolina meet your expectations?



How relevant was the conference theme and session topics to your professional interests?



How would you rate the quality and expertise of the speakers overall?



# Reflections

## What went well

- Well-attended - hit our goal
- Session style: lots of small group discussion and interaction
- Lots of opportunities for networking
- Diverse array of attendees (About 33% of attendees were from underrepresented backgrounds)

## What could be improved

- Start planning earlier - especially to acquire funding
- Taking more pictures!
- Add breaks between sessions (suggestion from attendees)

Thanks go to:



———— SOCIETY FOR ————  
AFFECTIVE SCIENCE



WAKE FOREST  
UNIVERSITY

And our wonderful graduate assistants: Lilly McClendon, M.S., Anaelle Gackiere

*If you want to learn about how to do your own regional event, contact  
Christian Waugh, [waughce@wfu.edu](mailto:waughce@wfu.edu) Sara Levens, [slevens@charlotte.edu](mailto:slevens@charlotte.edu)*